

VIRTUAL

DATE AND TIME Tue., March 18, 2025 6:00pm – 7:30pm This session will be recorded.

REGISTER BY MONDAY, MARCH 17, 2025

Register Online https://otac.siteym.com/events/EventDetails. aspx?id=1925506&group=

> **Register by Fax** 916/294-0415

Register by Mail Send form with payment to: OTAC, 3620 American River Dr., Suite 230 Sacramento, CA 95864 Registration must be received by March 17, 2025

QUESTIONS? Contact OTAC staff: Email <u>staff@otaconline.org</u> Call toll-free (888) 686-3225



# Special Topic Forum – VIRTUAL

# NO COST | FOR MEMBERS ONLY

# What Comes Next: A Professional Development Plan Workshop (1.5 PDUs)

#### Tuesday, March 18, 2025 | 6:00pm - 7:30pm | Virtual

#### Presenter: Becky Crouch, OTD, OTR/L

Professional development never stops. Do you know what you want next in your career? Do you have professional goals? This workshop will help you determine where you are now and what's next.

Using strategies based on the Kawa and Person-Environment-Occupation-Performance (PEOP) models, attendees will:

- Utilize self-reflection techniques and tools to identify their strengths, values, and skills.
- Understand how to utilize their strengths, values, and skills to their advantage within their careers and during times of transition.
- Identify at least three short-term goals.
- Identify at least three long-term goals.
- Understand the importance of accountability and mentorship in helping them achieve their goals.

**Who Should Attend:** While designed for students and recent graduates, this workshop offers valuable insights for practitioners at any stage. Topics include navigating fieldwork, job transitions, resume development, interview preparation, and establishing mentor relationships.

 $\label{eq:Registration} Registration \ Form \ One \ form \ per \ person. \ Please \ type \ or \ print \ clearly.$ 

OTAC MEMBERS ONLY - NO COST

Name		
Employer		
Home Address		
City	State	Zip
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<ul> <li>□ Fax to: 916/294.0415, or</li> <li>□ Mail to: OTAC, 3620 American River Dr., #230, Sacramento, CA 95864, or</li> <li>REGISTER ONLINE - <u>https://otac.site-ym.com/events/EventDetails.aspx?id=1925506&amp;group=</u></li> </ul>		

Occupational Therapy Association of California

3620 American River Drive, Suite 230, Sacramento, CA 95864 • (916) 567-7000 • Fax (916) 294-0415

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# What Comes Next: A Professional Development Plan Workshop (1.5 PDUs) About Our Presenter

#### **ABOUT OUR PRESENTER**



Becky Crouch, OTD, OTR/L, is an occupational therapy practitioner with over 20 years of clinical experience. She has spent all that time in pediatrics including outpatient and school-based settings. Crouch was responsible

for the student placement program in her workplace for several years, working with practitioners and OT/OTA programs to facilitate level I and II fieldwork students. She has a passion for the occupational therapy profession and believes that fieldwork education is a valuable experience for the practitioner as well as the student. Crouch currently works in a school-based setting and is an adjunct instructor in the occupational therapy assistant program at Clovis Community College. She previously served in on the OTAC the Board of Directors as the Region 4 Director and is a recipient of the OTAC Fieldwork Educator Award.

## ABOUT SPECIAL TOPIC FORUMS

**Why OTAC Special Topic Forums?** To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners.

**To earn PDUs.** Registrants must complete the post event survey that is emailed out within one week following the event.

#### Event Disclaimer.

This event is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition, or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

<u>Click here for OTAC's complete disclaimer/terms.</u> You must agree to these disclaimers/terms. Please don't register if you do not.

**About OTAC.** OTAC is a nonprofit, 501c6. This means that end-of-year net revenue is retained for operations and benefit of the members and is not distributed to private owners. It is governed by an elected, noncompensated Board of Directors and hires a professional association management team.

**OTAC Mission Statement.** OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy and its practitioners.

#### FIND OTHER SPECIAL TOPIC FORUMS and SYMPOSIA <u>HERE</u> THROUGH OUR ONLINE MASTER CALENDAR