



1st Annual OT and Older Adults Symposium (6 PDUs) **IN-PERSON**



DATE, TIME, AND LOCATION

**Saturday
May 10, 2025
8:45AM to 3:45PM**

**SAN JOSE STATE
UNIVERSITY
San Jose, CA**



QUESTIONS?

Email OTAC staff at staff@otaconline.org or chat live M-F, 9AM to 4PM

***Early Bird Registration ends April 28, 2025**

****Advance Registration between April 29, 2025 through May 6, 2025**

Last Day to Register May 6, 2025

Register Online <https://otac.site-ym.com/events/EventDetails.aspx?id=1948342&group=>



Focus on Vision and Feeding/Swallowing (6 PDUs)

- 8:45am-9:00am** Welcome and Introductions
- 9:00am-12:00pm** Promoting Occupational Performance for Older Adults with Visual Limitations
- 12:00pm-12:30pm** Lunch on Your Own
- 12:30pm-3:30pm** Occupational Therapy Feeding and Swallowing in Older Adults
- 3:30pm-3:45pm** Q&A; Wrap-Up

REGISTRATION FORM: *One form per person. Please type or print clearly. Check appropriate boxes.*

	MEMBERS	NONMEMBERS	MEMBER STUDENTS	NONMEMBER STUDENTS
EARLY BIRD*	<input type="checkbox"/> \$89	<input type="checkbox"/> \$119	<input type="checkbox"/> \$59	<input type="checkbox"/> \$79
ADVANCE**	<input type="checkbox"/> \$109	<input type="checkbox"/> \$139	<input type="checkbox"/> \$79	<input type="checkbox"/> \$99

TOTAL DUE: \$_____ Please review the cancellation/refund policy.

Name _____

Employer _____

Home Address _____

City _____ State _____ Zip _____

Email _____

Mobile _____

PAYMENT OPTIONS: CHECK ONE

Check (payable to OTAC) # _____ MasterCard Visa AMEX Discover

Credit Card Number _____

Exp Date _____ VCode _____

Cardholder Name _____

Cardholder Signature _____ Date _____

SUBMIT PAYMENT:

Fax to: 916/294-0415, or Mail to: OTAC, 3620 American River Dr., Ste. 230, Sacramento, CA 95864, or

REGISTER ONLINE - [CLICK HERE](#)

Cancellation/Refund Policy. \$35 is retained to cover cancellation/refund processing costs. Written notice must be received in the OTAC office by May 6, 2025, to be eligible for refunds. No refunds after this date.

Disclaimer: OTAC reserves the right to make changes to the program. No refunds will be made based on these changes.

SCHEDULE

8:45am – 9:00am

Welcome and Introductions

9:00am – 12:00pm (noon)

Promoting Occupational Performance for Older Adults with Visual Limitations

*Graham Teaford, OTD, OTR/L, and
Cesar Arada, OTD, OTR/L*

This course will address common conditions associated with age-related visual impairments. Assessment, intervention, and collaborative strategies for different practice settings will be discussed.

Participants will learn how to:

- Identify common age-related changes and common diagnoses responsible for age-related visual impairments.
- Identify the components of an occupational therapy low vision evaluation, intervention, and team collaboration.
- Apply low vision assessment, intervention, and collaboration to current practice settings through case study discussions.

12:00pm – 12:30pm

Lunch On Your Own

12:30pm – 3:30pm

Occupational Therapy Feeding and Swallowing in Older Adults

*Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA;
Cesar Arada, OTD, OTR/L*

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

Participants will learn how to:

- Identify common feeding and swallowing issues with older adults.
- 2) Identify the components of occupational therapy feeding and swallowing evaluations, interventions, and team collaboration
- 3) Apply feeding and swallowing assessment, intervention, and collaboration to current practice older adult settings through case study discussions.

OT and Older Adults Symposium Committee

*Cesar Arada, OTD, OTR/L
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA
Graham Teaford, OTD, OTR/L*

About Our Presenters



Cesar Arada, OTD, OTR/L, is a San Jose State University academic fieldwork coordinator and lecturer. He earned a post-professional clinical doctorate in occupational therapy from the University of Alabama Birmingham with a graduate certification in

low vision, an MHS in health care services from Washington University in St. Louis, Missouri, and a Bachelor of Science in occupational therapy from the University of the Philippines. Arada is licensed as an occupational therapist in California with certifications in physical agent modalities and swallowing. He has over 32 years of clinical experience working with the geriatric population, holding senior management positions. Arada currently serves on the OTAC Board of Directors as the Region 3 Director.



Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA, has been an occupational therapy practitioner for 40 years. She received a bachelor's and post-professional master's in occupational therapy from San Jose State University

and earned a PhD in health sciences from Touro University International. Smith is an associate professor and chair of the Occupational Therapy Department at San Jose State University where she also acts as a faculty advisor for student research projects. She is also the graduate admissions coordinator and advisor for the Occupational Therapy Program. Smith sits on multiple committees at the university, college, and departmental levels. She has written several chapters in well-respected occupational therapy textbooks, and has lectured locally, nationally, and

internationally on various topics, but most extensively on occupational therapy's role in dysphagia intervention. Her clinical experience includes working with adults with neurological disorders in a variety of practice settings and with children 0-3 years old in early intervention home care. Smith has been an active member of both AOTA and OTAC since the time she was a student, serving on many different committees and in various leadership roles. She currently serves as co-chair of the OTAC Practice, Ethics, and Reimbursement Committee. In 2021, Smith received the OTAC Lifetime Achievement Award.



Graham Teaford, OTD, OTR/L, is an assistant professor of occupational therapy at San Jose State University (SJSU). He is an occupational therapy practitioner with clinical experience working with older adults in community settings. Teaford

completed the Low Vision Rehabilitation Graduate Certificate Program at the University of Alabama Birmingham (UAB) in 2018 and doctorate in occupational therapy from UAB in 2022. He completed an executive certificate in home modification program from USC in 2016, and in the AOTA specialty certification in low vision (SCLV) in 2020. He has been a faculty member at SJSU since 2008, and has taught courses in neuro-rehabilitation, occupational therapy with older adults, clinical practice in occupational therapy, fieldwork practicum and seminar, and infusing occupation in clinical practice. Teaford's research interests include neurological assessment and intervention, fall prevention for older adults, community aging, home modification, low vision rehabilitation, ethics, and community based occupational therapy programs.

About This Symposium

Symposium Disclaimer

This Symposium is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition, or professional development issues being discussed but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

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Why OTAC Symposia? To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners and its mission to support the profession.

OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy.

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OTAC 2025 **7TH Annual SCHOOL-BASED SYMPOSIUM VIRTUAL** · SEPTEMBER 13 ·

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