

# Trauma-Informed Educator Certification (4 PDUs)

#### **OTAC Members Only | Free of Charge (\$200 value)**

**On-Demand |** This course is a prerequisite to **Transform Lives Through Trauma-Informed Education: Become a Certified Trauma-Informed Specialist** (11 PDUs) on May 23 and May 24, 2025. OTAC Members Only | Free of Charge (\$500 value)

**About Registration.** Once you <u>register</u>, your information will be sent to the presenter who will send you the information needed to take the course.

**Length of Time to Complete**. The course will take approximately 4 hours and does not need to be completed in one seating.

### **About This Course**

The **Trauma-Informed Educator Certification** training offers a comprehensive and immersive journey into understanding and addressing trauma within educational and therapeutic contexts. This training is structured around three core sessions designed to deepen your knowledge and enhance your practical skills.

#### **3 Core Sessions**

- 1. The Science of Trauma-Informed
- 2. Trauma's Impact on Behavior
- 3. Addressing Trauma

### **3 Learning Objectives**

- 1. Gain a comprehensive understanding of the brain's predictive nature and how it responds to threats, enabling them to recognize and explain the connection between trauma and behavior.
- 2. Learn to identify behaviors that stem from trauma and analyze the underlying biological responses, enhancing their ability to interpret and respond to these behaviors with empathy and accuracy in educational or therapeutic settings.
- 3. Be able to create and apply personalized, flexible intervention techniques tailored to the unique needs of individuals impacted by trauma, using tools like the CRI ROLES strategy to promote positive outcomes across various contexts.

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## **3 Core Sections**

- 1. The Science of Trauma-Informed. In this foundational session, you will delve into the intricate workings of the human brain, with a focus on its predictive nature. By understanding how the brain anticipates threats and seeks resources, you'll gain valuable insights into human behavior, particularly in the context of trauma. This session explores key concepts such as the fight, flight, or freeze responses, and the brain's wiring to seek rewards and resources. By grasping the neurosciences behind these processes, you'll better comprehend why certain behaviors emerge after traumatic experiences, all rooted in our fundamental need to protect and sustain ourselves.
- 2. **Trauma's Impact on Behavior.** Building on the knowledge gained in the first session, "Trauma's Impact on Behavior" bridges the gap between the brain's biological responses to trauma and the behaviors we observe in individuals. This segment highlights how the instinctual drive to avoid threats and seek resources can manifest in behaviors that are often misunderstood or misinterpreted, especially in educational or therapeutic settings. Through an exploration of the science behind these behaviors, you will develop a deeper empathy and understanding for those you work with, enabling you to respond more effectively to their needs.
- 3. Addressing Trauma. The final session, "Addressing Trauma," empowers you to develop adaptable and effective intervention techniques that are tailored to the diverse range of human behavior. This segment goes beyond teaching a limited set of strategies; instead, it focuses on equipping you with the knowledge to create a personalized approach based on the underlying principles and neuroscience of behavior. By mastering these flexible intervention strategies, you will be able to respond to the unique needs and experiences of each individual. The training includes comprehensive assessment tools and practical strategies, including the CRI ROLES strategy, which provides a multifaceted approach to effectively support individuals impacted by trauma. This ensures that your interventions are not only impactful but also adaptable to a wide array of contexts and situations.

Upon completing this certification, you will be equipped with the skills and understanding necessary to foster positive outcomes for individuals who have experienced trauma, making you a more effective and compassionate educator or practitioner.

## **About Our Presenter**



**Rick Griffin, MA.Ed**, is the founder and CEO of Neuro Leadership Academy, an innovative enterprise dedicated to leveraging neuroscience for personal and professional development. With a master's in education, Griffin is known for creating engaging content and delivering impactful presentations to audiences nationwide. His expertise in trauma-informed and resilience-based practices is widely recognized, drawing from his experience as the former executive director of a therapeutic residential program for teens. As a Master Trainer for the Community Resilience Initiative, Griffin has developed numerous programs, including the Certified Trauma-Informed Specialist (CTIS) credential for mental health

professionals. He is also an accomplished author, with works such as Keeping PACE with the Brain, which explores how social domains influence brain responses.



### **About This Program**

This micro-credential training program was developed by a panel of 34 trauma experts from across the country via a peer-review process.

On behalf of its members, OTAC expresses its deepest appreciation to the U.S. Department of Education for a grant that funds this training, USC Mrs. T.H. Chan Division of Occupational Science & Occupational Therapy for assisting in the coordination of this event and providing complimentary education space, and to our presenter, Rick Griffin, MA.Ed, for sharing his vast knowledge, expertise, and passion for the subject matter.

Registration Questions? Email us at info@otaconline.org.

