



8th Annual OT in Oncology Symposium – Virtual (5.5 PDU's)

Presented by OTAC and City of Hope



DATE, TIME, AND LOCATION

February 8, 2025
8:30AM to 2:30PM

VIRTUAL

QUESTIONS?

Email OTAC staff at staff@otaconline.org or chat live M-F, 9AM to 4PM

*Early Bird Registration ends January 10, 2025

**Advance Registration between January 11, 2025 through February 6, 2025

Last Day to Register February 6, 2025

Register Online <https://otac.site-ym.com/events/EventDetails.aspx?id=1901797&group=>



VIRTUAL Symposium Schedule (5.5 PDU's)

- 8:30am-8:45am Welcome
- 8:45am-9:45am Addressing Urinary Incontinence Across the Cancer Care Continuum
- 9:45am-10:45am: Stronger Together: Supporting Patients and Their Partners as They Navigate Cancer as a Team
- 10:45am-11:00am: Break
- 11:00am-12:00pm: Occupational Therapy Practice Guidelines for Adults Living with and Beyond Cancer
- 12:00pm-1:00pm: Integrating Therapeutic Yoga in Oncology: A Holistic Approach to Enhancing Patient's Quality of Life
- 1:00pm-1:15pm: Break
- 1:15pm-2:15pm: Nurturing Growth: Supporting Quality of Life and Development for Children Affected by Cancer
- 2:15pm-2:30pm: Wrap up, Q&A

REGISTRATION FORM: One form per person. Please type or print clearly. Check appropriate boxes.

	MEMBERS	NONMEMBERS	MEMBER STUDENTS	NONMEMBER STUDENTS
EARLY BIRD*	<input type="checkbox"/> \$89	<input type="checkbox"/> \$109	<input type="checkbox"/> \$59	<input type="checkbox"/> \$79
ADVANCE**	<input type="checkbox"/> \$109	<input type="checkbox"/> \$129	<input type="checkbox"/> \$79	<input type="checkbox"/> \$99

TOTAL DUE: \$_____ Please review the cancellation/refund policy.

Name _____

Employer _____

Home Address _____

City _____ State _____ Zip _____

Email _____

Mobile _____

PAYMENT OPTIONS: CHECK ONE

Check (payable to OTAC) # _____ MasterCard Visa AMEX Discover

Credit Card Number _____

Exp Date _____ VCode _____

Cardholder Name _____

Cardholder Signature _____ Date _____

SUBMIT PAYMENT:

Fax to: 916/294-0415, or Mail to: OTAC, 3620 American River Dr., Ste. 230, Sacramento, CA 95864, or

REGISTER ONLINE - [CLICK HERE](#)

Cancellation/Refund Policy. \$35 is retained to cover cancellation/refund processing costs. Written notice must be received in the OTAC office by February 6, 2025, to be eligible for refunds. No refunds after this date.

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8th Annual OT in Oncology Symposium (5.5 PDU's) Symposium Schedule and Session Descriptions

8:30am – 8:45am

Welcome

Sherry M. Hite, MOT, OTR/L, Co-Chair, OTAC Professional Development and Leadership Committee, and Symposium Coordinator

8:45am – 9:45am

Addressing Urinary Incontinence Across the Cancer Care Continuum

Kimberly Perring Lenington, OTD, OTR/L
This session will examine the impact of urinary incontinence on individuals diagnosed with cancer and the role of occupational therapy in managing this condition. A review of essential skills for assessment, intervention, and billing across the continuum of care will be provided, while also exploring the latest updates in continence care practices.

9:45am – 10:45am

Stronger Together: Supporting Patients and Their Partners as They Navigate Cancer as a Team

Nicole Peeke, LCSW, ACHP-SW, OSW-C;
Lynne Thomas, LCSW
This presentation will explore a multidisciplinary approach to support couples as they navigate the challenges of cancer as well as tools and strategies to enhance occupational therapy practice. Additionally, we will explore the unique perspectives of working with monolingual Spanish-speaking patients and their partners, addressing the cultural considerations relevant to this population. Attendees will have the opportunity to ask questions, share insights on working with couples, and access valuable community resources.

10:45am – 11:00am

Break

11:00am – 12:00pm

Occupational Therapy Practice Guidelines for Adults Living with and Beyond Cancer

Anne Fleischer, PhD, MPH, OTR/L, CLT-LANA
This session will provide an overview of the 2024 AOTA Occupational Therapy Practice Guidelines for Adults Living with and Beyond Cancer across the cancer continuum of care, including current gaps in care. Topics will include psychosocial function, fatigue, cognition, pain, sleep and physical activities. Strategies and case examples will be provided along with discussion.

12:00pm – 1:00pm

Integrating Therapeutic Yoga in Oncology: A Holistic Approach to Enhancing Patient's Quality of Life

Janet Liu, MA, C-IAYT

This session will introduce you to therapeutic yoga in oncology through a yoga therapy lens. We will examine the benefits, current research, and recommendations of yoga in cancer care and discuss how to safely integrate adaptive yoga into your occupational therapy practice. This presentation will include an experiential portion to explore yogic practices relevant to the oncology population.

1:00pm – 1:15pm

Break

1:15pm – 2:15pm

Nurturing Growth: Supporting Quality of Life and Development for Children Affected by Cancer

Marisol Trujillo, MS, CCLS

This presentation will focus on the comprehensive support systems that enhance the quality of life and foster a sense of normalcy for children living with cancer, as well as those whose parents are undergoing cancer treatment. It will cover the common challenges these children face, and interventions that can help maintain their well-being and growth. The presentation will highlight how child life specialists work closely with occupational therapy practitioners, and family members to support children during and beyond their cancer journey.

2:15pm – 2:30pm

Wrap-Up; Q&A

Moderator Sherry M. Hite, MOT, OTR/L

About Our Presenters



Anne Fleischer, PhD, MPH, OTR/L, CLT-LANA, has been an occupational therapy practitioner for 37 years. Clinically, she worked at Wake Forest Baptist Health for 24 years as an occupational therapy practitioner within acute care and outpatient settings where she gained her clinical skills in oncology. After receiving a PhD in 2015, she accepted a position at Eastern Kentucky University where she taught occupational science and occupational therapy for 6 ½ years and began her line of research in cancer survivorship. In January 2022, Fleischer accepted a position at the University of Cincinnati where she conducts cancer survivorship research and teaches within the occupational therapy program.



Sherry M. Hite, MOT, OTR/L, is the director of rehabilitation at City of Hope National Medical Center where she has served since 2005. Her practice is focused exclusively on the oncology setting; she runs one of the country's largest breast cancer recovery programs. Hite serves on the Cognitive Rehabilitation Task Force for the

American Congress of Rehabilitation Medicine and has presented at the state and national level on topics including cancer-related cognitive impairments, comprehensive breast cancer rehabilitation, and addressing sexuality in oncology. Her current clinical and research interests include pre-habilitation in surgical oncology, improving multidisciplinary geriatric oncology care, and the use of telemedicine in survivorship care. Hite serves as co-chair of the OTAC Professional Development and Leadership Committee, overseeing the OTAC Annual Conference as well as the various symposia. In 2019 she received the OTAC Janice Matsutsuyu Outstanding Service Award; in 2024 Hite presented the OTAC Annual Conference Sunday Keynote.



Kimberly Perring Lenington, OTD, OTR/L, is the supervisor for occupational therapy in physical medicine and rehabilitation at the VA Long Beach. She previously worked as associate clinical faculty and manager of clinical occupational therapy at Keck Medical Center of USC and has 12 years of occupational therapy practice mainly in acute care and outpatient pelvic health. Lenington's doctoral work focused on implementing a urinary incontinence program in the acute care setting.



Janet Liu, MA, CIAYT, is a yoga therapist at the City of Hope Irvine and Duarte campuses. She currently provides Chair Yoga Therapy and Yoga Therapy for Wellness classes for patients and caregivers. Liu has been teaching therapeutic yoga and working with private yoga therapy clients since 2020. Prior to becoming a yoga therapist, she taught children in grades K-12 for over 20 years in both formal and informal educational settings. Her experience as an art, music, and special needs educator informs her approach as a yoga therapist. Liu integrates monthly educational themes based in Western science, Eastern philosophy and practices, as well as oncology-specific issues into group classes.

About Our Presenters, Cont.



Nicole Peeke, LCSW, ACHP-SW, OSW-C, is a psychosocial couple's counselor with the Couples Coping Together Against Brain Cancer program. She has contributed to building the program from the ground up, from developing the clinical processes to creating

opportunities for couples to best support each other. Peeke works with couples on the impact of cancer on relationships, how to best support each other, ways to communicate openly and thrive in the relationship. With more than 15 years of experience as a licensed clinical social worker, she has a vested and genuine interest in the well-being of her patients and their loved ones. She received a master's degree in social work with an emphasis in community mental health and holds advanced certifications in both oncology and palliative care.



Lynne Thomas, LCSW, is a clinical social worker within the Department of Supportive Care Medicine at City of Hope, and helps lead the Couples Coping Together Against Cancer- an innovative program that provides strength-based education and

counseling to cancer survivors and their partners. In addition, Thomas is the lead clinical social worker in the clinic dedicated to caring for our older cancer patients and their families. She is also appointed to City of Hope's Institutional Review Board to ensure that principal investigators conducting research activities involving patients are complying with City of Hope policies and procedures governing human subject research.



Marisol Trujillo, MS, CCLS, is a certified child life specialist (CCLS) at City of Hope where she has served for the past 15 years, working with both pediatric patients and children of adult patients. She is certified in death and grief studies through The Center for Loss and Life

Transitions. Trujillo received an undergraduate degree in psychology from California State University, Long Beach and a master's degree in child life from the University of La Verne.

About This Virtual Symposium

This Symposium Will Be Recorded

Participate virtually on February 8, 2025, and then re-watch at your convenience for the life of the recording on OTAC's platform. Recordings are generally available 10 days following the conclusion of the event.

System Requirements. OTAC webinars are broadcast through Zoom. A broadband internet connection is required. For minimum system requirements, visit the following page:

Zoom - <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-Mac-and-Linux>



Professional Development Units (PDUs) | MyOTLicense

PDUs will be entered into your MyOTLicense cloud-based PDU tracking 'filing cabinet.' (Must be an OTAC member or MyOTLicense subscriber. This service is available only to OT/OTA licensees.)

To earn PDUs, registrants must complete the post event survey that is emailed out within one week following the event.



About MyOTLicense. MyOTLicense is a secure, cloud-based, easy-to-use virtual information and management tracking tool to help occupational therapy practitioners manage their professional information: licenses, certificates, memberships, professional development.

You can think of MyOTLicense as your professional virtual electronic filing cabinet. **This program is complimentary for OTAC members. Nonmembers can subscribe to the service.**

Symposium Disclaimer

This Symposium is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

[Click here for OTAC’s complete disclaimer/terms. You must agree to these disclaimers/terms. Please don’t register if you do not.](#)

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Why OTAC Symposia? To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners and its mission to support the profession.

About OTAC. OTAC is a nonprofit, 501c6. This means that end-of-year net revenue is retained for operations and benefit of the members and is not distributed to private owners. It is governed by an elected, noncompensated Board of Directors and hires a professional association management team.

OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy.

UPCOMING VIRTUAL PROFESSIONAL DEVELOPMENT SYMPOSIA

OTAC 2025 **4TH** Annual ACUTE CARE SYMPOSIUM VIRTUAL •APRIL 26•

OTAC 2025 **7TH** Annual MENTAL HEALTH SYMPOSIUM VIRTUAL •MAY 31•