



OTAC 2022 ANNUAL CONFERENCE & INNOVATION EXPO

OCTOBER 27-30, 2022 | SANTA CLARA

— WE ARE TOGETHER, AGAIN! —

CONFERENCE PROGRAM

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#OTACCONF2022 | #beingbecomingbelonging



Bryant Edwards



Shirley Wells



Christy Billock



Winifred Schultz-Krohn

OTAC 2022 **ANNUAL CONFERENCE & EXPO** CONTINUING EDUCATION **SANTA CLARA**

OCTOBER 27-30



AOTA The American Occupational Therapy Association, Inc.
State Affiliate





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A web-based, easy-to-use, 'electronic filing cabinet' and professional management tool to help OT practitioners track professional information.

Never miss an important deadline or opportunity!

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OTAC ANNUAL CONFERENCE A Premier Professional Development Conference— Earn Professional Development Units

OTAC’s Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDU’s for your California license renewal at this one Conference. You won’t find an easier, quicker, or more cost-effective way to earn PDU’s required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.



Conference PDU’s for OT/OTA practitioners will be entered into your OTAC myotlicense records by December 31, 2022.

IMPORTANT NOTES

CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all three days (October 28-30) for only \$319! Must register by August 31, 2022 for this rate.
- Get great rates on the October 27 Pre-Conference Institute Sessions.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

2022 DEADLINES TO REMEMBER

- August 31 Discounted Early Bird Registration Special deadline (BEST VALUE \$319!)
- September 1- Registration rates increase by \$60
October 4 (\$319 + \$60 = \$379).
- September 16 Complete Online Volunteer form.
- October 5 Cut-off date for hotel reservations. Room block may sell out before this date; make your reservation today.
- October 14 Advanced Conference registration closes at 8:59pm. After this date/time you must register at the event. On-site fees at the Conference increase by \$90 (\$319 + \$90 = \$409).
Special meal and needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you.
Cut-off date for Workplace Colleague discount.

IMPORTANT NOTES

2022 Certificate Policy and PDU Credits

- **Individual Session Tickets.** When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance.
- **Certificate of Completion.** When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don’t depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDU’s for OTAC members and subscribers will be entered into your myotlicense record by December 31, 2022.
- **CBOT.** Select PDU’s may be used for Advance Practice Approval as indicated. Check with the California Board of Occupational Therapy (CBOT) for details.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification in Occupational Therapy (NBCOT) for details.

CONFERENCE OVERVIEW

THURSDAY, OCTOBER 27

8:00am–6:30pm

Registration Material Pick-up

If you registered in advance, this is a convenient opportunity to pick up your registration materials.

9:00am–5:15pm

Pre-Conference Institute (earn PDUs)

Separate registration fees.

6:00pm–7:30pm

Movie Night: Lead Me Home (.5 PDUs)

In *Lead Me Home*, tents become bedrooms; trucks become washrooms; parks become kitchens. Love occurs, as does strife and violence. People make homes for themselves wherever they end up. When directors Pedro Kos and Jon Shenk set out to tackle the subject of homelessness, they had one goal: to humanize the experience, in whatever form that might take. The pair set out to depict the stories of people living on the street who, were it not for a vast set of unfortunate circumstances (addiction, mental illness, sexual abuse, homophobia, healthcare costs, disability), would be living no differently from those sleeping comfortably mere blocks or even just floors away. In the shadow of boundless real estate development proliferating in Los Angeles, San Francisco, and Seattle, Kos and Shenk filmed the daily lives of more than two dozen subjects over three years to provide a slice-of-life portrayal of what it's like to experience homelessness in America today. This film opens a window into a parallel world hiding in plain sight and challenges the audience to feel the scale, scope, and diversity of unsheltered America.

Directly following this 40-minute film, join facilitator Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA, in guided dialogue about the film. She brings a unique perspective of occupational therapy practitioners treating the homeless and underserved populations.

Hosted popcorn and giveaways.

SATURDAY, OCTOBER 29

7:15am–7:45am

Mind-Body Activity: Easy Yoga

7:15am–7:45am

OTAC Leadership Institute: What's It All About?

8:00am–11:30am

Concurrent Sessions (earn PDUs)

11:30am–2:15pm

Expo Activities including Poster

Presentations (earn PDUs)

Purchase lunch in advance (\$20) to be eligible for prizes.

2:30pm–5:45pm

Concurrent Sessions (earn PDUs)

6:00pm–7:30pm

President's Reception, OT Olympics, and Dance Party

Join us at the annual President's Reception to celebrate OT. DJ, dance floor, selfie station, food, and more will add to the festivities. Come play OTAC's own OT Olympics. Let's rock this party! No-host bar.

FRIDAY, OCTOBER 28

7:15am–7:45am

Mind-Body Activity: Easy Yoga

8:15am–11:30am

Concurrent Sessions (earn PDUs)

11:30am–1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU)

\$85; \$10 Students-Only Gallery Seating (no lunch)

1:00pm–3:00pm

Concurrent Sessions (earn PDUs)

3:15pm–5:15pm

Awards Ceremony and Keynote Address (.5 PDUs)

Featuring Shirley A. Wells, DrPH, OTR, FAOTA

5:15pm–7:15pm

Expo Grand Opening Reception

7:30pm–9:00pm

Alumni and Student Receptions

SUNDAY, OCTOBER 30

7:30am–9:15am

OTAC Annual Meeting, Keynote, and Breakfast (.5 PDUs)

Keynote: Occupational Justice for Underserved Population

9:30am–12:30pm

Concurrent Sessions (earn PDUs)

12:30pm–1:15pm

OTAC Practice Café/Lunch \$20

Purchase lunch in advance to be eligible for prizes.

1:30pm–4:30pm

Concurrent Sessions (earn PDUs)

EXHIBIT, SPONSOR, OR ADVERTISE
AT THE 2022 ANNUAL CONFERENCE,
OCTOBER 27-30 | SANTA CLARA HYATT
EMAIL SHANNON@OTACONLINE.ORG

CALL FOR CONFERENCE VOLUNTEERS

*Are you interested in
volunteering at Conference?*

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun.

There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast's largest occupational therapy professional development conference. You can access the volunteer form at

<https://otacofca.wufoo.com/forms/zxcff9r1dea5zw/>

Deadline to respond:
September 30.



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- Follow us on Twitter @OTACnews
- Post on Instagram @otacofca
- Friend us on Facebook @OTACnews
- Start a conversation using #OTACconf2022
- Talk about #beingbecomingbelonging
- Show your #OTACmemberpride

CONFERENCE INFORMATION

CONFERENCE HOTEL

Hyatt Regency Santa Clara
5101 Great America Parkway
Santa Clara, CA, 95054
(408) 200-1234

OTAC reserved a block of sleeping rooms at our Conference site/hotel, Hyatt Regency Santa Clara. Room rates of \$189 are available for Wednesday, October 26 through Sunday, October 30, 2022. When booking your room, please indicate you are attending the OTAC 2022 Annual Conference. The deadline to receive the OTAC special rate is Wednesday, October 5, 2022. (Rates and space upon availability. First come, first serve.)

Hotel reservations are now open. https://www.hyatt.com/en-US/hotel/california/hyatt-regency-santa-clara/clara?src=corp_lclb_gmb_seo_clara

Connected to the Santa Clara Convention Center and steps to Levi's Stadium, Hyatt Regency Santa Clara places you moments from Silicon Valley's best. Stay within walking distance of California's Great America Theme Park and the Intel Museum in contemporary rooms with sweeping valley and stadium views at this upscale hotel in Santa Clara. Free internet access. 24-hour StayFit™ Gym. Outdoor pool with cabanas, whirlpool, and fire pit. Hyatt Grand Beds™. Minifridges. Dining options include Evolution Restaurant & Bar, Truya Sushi, and The Market.

We encourage you to stay at the Hyatt Regency Santa Clara to ensure that OTAC meets its contracted obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all our reserved sleeping rooms are not utilized.

CONFERENCE GUEST REGISTRATION

Conference registrants may use Section 4 of the Registration Form on page 39 to pre-register a guest (\$80 per guest). A Guest Registration includes the Movie Night/Thursday, Easy Yoga/Friday and Saturday, Innovation Expo Grand Opening Reception/Friday, Expo/Saturday, and President's Reception/Saturday. The Guest Registration is for those attending in a social capacity only. Guests may not be members of OTAC or an OT/OTA practitioner/student/professional. *Note: 2022 Conference Award Honorees should contact the OTAC office, execdir@otaonline.org, about their guests for the Awards ceremony.*

PARKING

Note: OTAC does not validate parking

Park in the hotel overflow/convention center parking garage. OTAC Conference attendees receive a 25% rebate on the self-parking rate. Self-parking rate for 10-24 hours is regularly \$25; our discounted rate is \$18.75. Rates are subject to change.

TRANSPORTATION

■ AIRPORTS

Mineta San Jose International Airport (SJC)
www.sjc.org
Drive time to hotel – 9 minutes
Taxi – 9 minutes - \$25-\$30
Line 59 bus – 53 min. - \$2-\$8

CONFERENCE TIPS

1. Make your Conference session selections carefully. Many of our sessions fill up in advance of on-site Conference proceedings.
2. Register early as session selections may fill up due to reduced capacity for social distancing purposes.
3. Requesting changes to your session selections on site may lead to long waits in line at the Registration counter.

■ San Francisco International Airport (SFO)

www.flysfo.com
Drive time to hotel – 32 minutes
Taxi – 32 minutes - \$170-\$210
Tram – 1 hr. 58 min. - \$9-\$20
Line 55 bus – 2 hrs. 42 mins. - \$5-\$16

■ Oakland Airport (OAK)

www.oaklandairport.com
Drive time to hotel – 37 minutes
Taxi – 37 minutes - \$190-\$230
Train – 1 hr. 18 min. - \$25-\$3
Tram Bart – 1 hr. 23 min. - \$13-\$16

■ SHUTTLE SERVICE

Super Shuttle (650/246-8942, www.supershuttle.com) Super Shuttle blue and yellow vans take you from the airport to your hotel and bring you back. To keep prices low, you can share the ride with a few other passengers. To arrange a pickup from your home, office, or hotel to or from any of the airports served by Super Shuttle, simply visit the reservations page at www.supershuttle.com or call 800 BLUE-VAN (258-3826). NOTE: No reservations needed for service from SFO; Service from SJC is by reservation only.

Jayride.com is a transfer comparison site where you can compare thousands of transfer companies and book the best deal for where you need to go. It's easy. Search where you are going from and to, then compare available transfer companies to find and book directly on jayride.com. From shared shuttles to luxury private cars and everything in between, you can see their star ratings and real passenger reviews.

■ PUBLIC TRANSPORTATION

Caltrain - Caltrain is a commuter train along the peninsula from San Francisco to San Jose. It has stops at every city along the way. Caltrain is currently operating seven days a week (800/660-4287, www.caltrain.com). You can take Caltrain from San Francisco to Santa Clara. From San Francisco, take Caltrain south to the Santa Clara station. The Santa Clara station is located directly across from Santa Clara University. To go to the Hyatt Regency Santa Clara, you will have to transfer at Caltrain's Mountain View station. At Caltrain's Mountain View station, take the Valley Transportation Authority (VTA) Light Rail to Santa Clara's Great America station.

■ VALLEY TRANSPORTATION AUTHORITY (VTA)

Bus service and light rail serving Santa Clara and the rest of Silicon Valley. For information and fares, call 408/321-2300 or visit www.vta.org. Light rail service is available from Mineta San Jose International Airport to the Hyatt Regency Santa Clara. Light rail is a medium-capacity electric powered transit system that runs in the cities of Santa Clara and San Jose. The light rail stops in front of the Hyatt Regency Santa Clara.

For assistance with ground transportation, look for the information booths inside each airport.

PRESIDENT'S MESSAGE

DEAR OCCUPATIONAL THERAPY PROFESSIONALS,

I am excited to welcome you to the Occupational Therapy Association of California Annual Conference & Innovation Expo in Santa Clara, California. We look forward to safely seeing everyone in person, supporting one another, learning from one another, and connecting. This year's theme – *Being, Becoming, Belonging* – is inspired by multiple factors, including aspects from our profession's history to the more contemporary themes and foci of our Association and profession's work.

Our community's response to the ongoing challenges of the past several years laid the foundation for last year's Annual Conference theme: Resilient, Renewed, Rising. The theme resounded with our commitment to continual improvement. As we approach this year's Annual Conference, returning to connecting in person and with the same commitment to improving the work of the Association and the profession as a whole, we reflect on the seminal work of Ann Wilcock.

This year's theme sets the table for our Annual Conference and our work for the year. We encourage you all to join us in "doing" – learning together, networking, advocating for the profession, and connecting on professional and personal levels. We hope our collective being will create environments where "being" our authentic selves is appreciated and celebrated – helping us reach our capacities. We invite you to attend as many Conference sessions as your schedule permits to elevate your self-actualization and potential to develop your professional vision for the future. As we connect as a community through our collective being and becoming, we hope to foster a greater sense of "belonging" within the profession and the Association. We have all chosen occupational therapy for a reason; we have shared values and a belief in the profession's promise. With this in mind, OTAC will continue its efforts to support diversity and inclusion, advocate for the profession, and provide meaningful educational and networking opportunities to enhance belonging.

With *Being, Becoming, Belonging* as our thematic backdrop, I am so pleased to welcome our keynote speaker, Shirley A. Wells, DrPH, OTR, FAOTA, who has a long-standing history of advocacy for diversity and inclusion. Dr. Wells' talk, entitled "Who Are You? Who Will You Become? Where Do You Belong?" will challenge us as individuals and as a community to enhance our clinical and collegial interactions. We are also so honored to have Dr. Wells join us as part of the Conference program, where she will present her session "Addressing Population and Cultural Health Through Occupation."

This year's program is, once again, packed with exceptional professional development opportunities and the opportunity to see one another in person again to connect, laugh, support, brainstorm, and collaborate. This Conference is also a time to celebrate the accomplishments of our colleagues through our Annual Awards Celebration.

I am looking forward to safely seeing one another again, and I am also very encouraged and inspired by our theme and the work to which OTAC is committed. Please join us at this year's Annual Conference & Innovation Expo, and in our commitment to the profession. See you there!

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH
President, Occupational Therapy Association of California

#OTACConf2022 | #beingbecomingbelonging
#OTCommUNITY | #transformingOT | #otacmemberpride

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Bryant Edwards,
OTD, MA, OTR/L,
BCP, MPH



SCHOLARSHIP OPPORTUNITY

FOCUS ON THE FUTURE FUNDS

It is with great honor that OTAC carries on with the 'Focus on the Future' Susan J. Harris Legacy Fund established by Therapy Specialists, a HealthPRO-Heritage Company in collaboration with OTAC. Harris was a long-time active supporter and valued friend and member of OTAC. In 2020, OTAC's Entrepreneur Award was renamed in her honor as the Susan J. Harris Occupational Therapy Entrepreneur Award. She was a previous awardee as well of OTAC's Award of Excellence and Lifetime Achievement Award. Harris had founded Therapy Specialists more than 40 years ago and grew it into a successful practice.



Susan J. Harris
1941-2020

With this 'Focus on the Future' Legacy Fund, OTAC provides support to the profession in three primary areas: entrepreneurialism and innovation, advocacy, and a leadership pathway for practitioners of diverse backgrounds. At the 2022 Annual Conference we are bringing to you 16 sessions under the Advocacy/Leadership/Management/Private Practice Track. In addition, we invite you for coffee on Saturday morning to learn more about the OTAC Leadership Institute that will be launching in January 2023. Please RSVP on the Registration Form (Circle E). The Focus on the Future fund also includes the opportunity for two students of diverse backgrounds (students of color, students with disabilities, students within the LGBTQ+ community) to apply for a scholarship to the Annual Conference to attend the sessions in the Track mentioned above as well as to attend the OTAC Board of Directors and Committee Chairs meeting on the Thursday of Conference. This scholarship is intended to support students in their professional journey through exposure to occupational therapy leadership and professional development. The scholarship includes full Conference registration and up to a \$300 hotel or travel expense reimbursement. Interested students should complete the [application](#) and submit by September 1, 2022.

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CHAIR'S MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

On behalf of the Occupational Therapy Association of California (OTAC) and the 2022 OTAC Annual Conference & Innovation Expo Committee, we are excited to invite you to join us for the 46th Annual Conference! The Conference theme of *Being, Becoming, Belonging* reflects the continuum of professional development. As depicted, these three words create an ongoing process. *Being* an occupational therapy practitioner or student, *Becoming* aware of the profession's new needs and approaches to benefit those who receive our services, and a sense of *Belonging* to a community committed to occupational engagement for everyone. We are excited to offer the Conference in person at the Hyatt Regency Santa Clara! Being together again in person, Becoming enriched by the continuing education and networking opportunities, and Belonging to a dynamic community of occupational therapy practitioners and future practitioners is a wonderful experience.

We are honored that Shirley A. Wells, DrPH, OTR, FAOTA, will offer the Friday Keynote Address and a session during the Conference. Dr. Wells was named one of the 100 most influential occupational therapy practitioners in the first 100 years of the profession! Her work in multicultural healthcare and diversity has significantly contributed to occupational therapy. As noted in the AOTA statement, Dr. Shirley Wells "has been a tireless advocate for cultural inclusion and diversity in occupational therapy." We are honored and delighted to have Dr. Wells join us, in person, for the 2022 OTAC Annual Conference & Innovation Expo!

I would be remiss not to acknowledge that COVID-19 is still present. To help reduce risk, the sessions will be set as best we can for social distancing. Most sessions will offer a 15-minute break between sessions. The hotel will provide hand sanitizing stations, as will OTAC. We will also follow current Santa Clara County guidelines, including respecting any individuals who wish to wear a mask. We are excited to offer the OTAC Annual Conference in person again while being mindful of current conditions.

The OTAC Annual Conference theme of *Being, Becoming, Belonging* is echoed in the amazing sessions offered during the Conference. The high-caliber, peer-reviewed Conference presentations and poster sessions will reinforce your commitment to being an occupational therapy practitioner or student, becoming more informed of innovative approaches to support those we serve, and belonging to an incredible profession! As we move forward, occupational therapy is poised to reaffirm its commitment to occupational engagement for everyone. To do so means finding creative solutions to meet the unique and varied needs of those who need our services. The resolve to increase the diversity and inclusiveness of the occupational therapy profession continues, and the OTAC Annual Conference is one opportunity to pursue that goal.

I look forward to seeing everyone in person, not just as a small square on a computer screen, at the OTAC Annual Conference in Santa Clara ... even if we aren't hugging and shaking hands yet!



Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA



OTAC Annual Conference
October 27-30 | Santa Clara

OUR HOST CITY Santa Clara Inspiring Environs

TOP 10 MUST SEE IN SANTA CLARA!

No. 1 – California's Great America Theme Park

Sixty rides, live entertainment, Planet Snoopy, waterpark – a top destination for families and thrill-seekers.

No. 2 – Levi's Stadium

Home to the 20,000 square-foot 49ers Museum. Presented by Sony and features 11 unique gallery and exhibit spaces.

No. 3 – Intel Museum

Experience high-tech up close. The FREE Intel Museum is open Monday-Saturday.

No. 4 – Mission Santa Clara & Mission Gardens

Eighth of 21 Spanish missions founded in 1777.

No. 5 – Santa Clara University's Pedestrian Mall

Beautiful university walk filled with statues, fountains, palm trees, and picturesque gardens.

No. 6 – Westfield Valley Fair Mall

Largest enclosed mall in northern California – more than 250 top brands, signature dining, and more.

No. 7 – San Tomas Aquino Creek Trail

Enjoy hiking, trail running, and road biking year-round.

No. 8 – Triton Museum of Art

Exhibits of contemporary and historical works. FREE admission.

No. 9 – de Saisset Museum

Temporary exhibitors annually, plus a permanent collection of early California mission artifacts. FREE admission.

No. 10 – Ulistac Natural Area

40 acres of open space and trails showcasing seven distinctive natural habitats.

2022 CONFERENCE COMMITTEE

Chair – *Winifred Schultz-Krohn*

Awards Coordinator – *Erin Schwier*

Call for Papers/Program Coordinators – *Adriana Rusch; Megan Chang*

Exhibits Coordinator – *Mary Kay Gallagher*

Photographers – *Diana Su-Erickson, Vicky Acampo*

Presenter Concierge – *Courtney Boitano*

Proofreader – *Lisa Deshaies*

Volunteer Coordinator – *Joe Juse*

OTAC Professional Development and Leadership Chair – *Sherry Hite*

OTAC Student Leadership Co-Chairs – *Candace Chapman, Rob Russow*

OTAC President – *Bryant Edwards*

OTAC Contributing Staff – *Karen Polastri, Shannon Rutledge, Lindsay Campoy-Jones, Tracy Brown, Tammy Hitchcock*

KEYNOTES

FRIDAY, OCTOBER 28

4:15pm-5:15pm

49 - Who Are You? Who Will You Become? Where Do You Belong? (.5 PDUs)

Shirley A. Wells, DrPH, OTR, FAOTA

Having the right to “being, becoming, and belonging” is key to practicing diversity, equity, and inclusion. It begins with accepting your past, shaping your future, and knowing where you belong. It requires learning, risking, exploring, and growing. Come hear from this highly acclaimed and experienced professional who AOTA named as one of the 100 Influential People in Occupational Therapy 100 Years History (2016).

Also presenting session 57 – Addressing Population and Cultural Health through Occupation (3 PDUs)

SUNDAY, OCTOBER 30

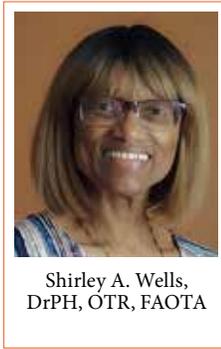
7:30am-9:15am

H - Occupational Justice for Underserved Populations (.5 PDUs)

Moderator: Winifred Schultz-Krohn, PhD, BCP, FAOTA

Panelists: Courtney Boitano, OTD, OTR/L, BCBA-D;
Heather Javaherian, OTD, OTR/L, FAOTA;
Eugene Torres, BA, Program Manager

Come learn how occupational justice can be used as a framework for underserved populations. This panel of occupational therapy practitioners and a program manager, who have deep roots in the unmet occupational needs of the underserved, unhoused, and domestic violence victims, will share their insights about ‘being’ aware of those who need OT but are not typical recipients of OT, the ‘becoming’ of a profession committed to serving all clients, and ‘belonging’ that supports all clients belonging to the community where occupational pursuits should be supported, regardless of payment status.



Shirley A. Wells,
DrPH, OTR, FAOTA

FEATURED SESSIONS

THURSDAY, OCTOBER 27

9:00am-5:30pm

17 - Elevating Our Client Services Through Inter-Professional Collaborations (6.25 PDUs)

Join us for this day of inter-professional collaborations brought to you by the California Association of Education for Young Children, Infant Development Association, and Occupational Therapy Association of California. The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families. Lunch is included in the fee for this session. Separate fee required. | [View the session online](#)



THURSDAY, OCTOBER 27

2:00pm-5:00pm

14 - Mental Health in Everyday Practice: Changing Policy, Informing Systems, Affecting Change (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH; Ingrid Leu, OTD, OTR/L;
Erin McIntyre, OTD, OTR/L; Meghan Pudeler, Manager, State Affairs, AOTA

Mental health is not a siloed practice area. It is woven throughout the fabric of all occupational therapy practitioners’ daily work. Join occupational therapy master clinicians and a public policy expert working and leading in mental health for big picture, high-level informed dialogue about the most current legislative and regulatory issues and successes, barriers and challenges facing OTs in various systems, and where to focus efforts to affect change. Separate fee required.

FRIDAY, OCTOBER 28

11:30am-1:00pm

CFOT Awards Luncheon and Symposium Honored Lecture – Preparing for the Future of Practice: Professional Growth, Self-Care, and Meaning (.5 PDUs)

Christy Billock, PhD, OTR/L, DipACLM

As a thriving profession, occupational therapy holds even greater potential to meet a wide range of needs in our ever changing world. Our work in occupational therapy depends on engaged professionals ready to innovate and adapt in a range of settings. The purpose of this lecture is to explore how we can better understand and support our own professional growth, self-care, and meaning in our work to perpetuate the beloved profession of occupational therapy. Separate fee required.



Christy Billock, PhD,
OTR/L, DipACLM

WHY ATTEND CONFERENCE

Here’s what your colleagues said about their past experiences – why they attended and/or what they liked best.

I had never attended a state conference

Wanted to build new skills

Quality of the sessions was really good

Always appreciate the opportunity to grow and thrive together

Brought my daughter who is a new OT

It is a tradition for me

IN-DEPTH 3 & 4 HOUR SESSIONS

FRIDAY, OCTOBER 28

8:15am-2:00pm

27 - Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)

Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L

Do you struggle with managing aggressive behaviors? Using principles from the Handle With Care Behavioral Management System, this session aims to provide strategies for redirecting and understanding escalating behaviors in all populations. This session has a break between 11:30am to 1:00pm.

SATURDAY, OCTOBER 29

8:00am-11:15am

57 - Addressing Population and Cultural Health Through Occupation (3 PDUs)

Shirley A. Wells, DrPH, OTR, FAOTA

Meeting society's occupational needs requires a practice that maximizes health equity, occupational justice, and social determinants of health. This presentation will expound on the role of occupational therapy in promoting and planning population, community, and cultural health initiatives.

SATURDAY, OCTOBER 29

2:30pm-5:30pm

77 - DEI Workplace Approaches and Strategies for the OT (3 PDUs)

Chana Hiranaka, PhD, OTR/L; Taisha Trotman, MS, COTA/L; Erica Herrera, OTD, MOT, OTR/L, CHT; Seaton Ng, MS, OTR/L

Diversity, equity, and inclusion (DEI) in clinical OT practice is an often difficult issue. Panel presenters will provide strategies to address DEI through self-reflection, reducing microaggressions, inclusion, and cultural sharing in the workplace.

SUNDAY, OCTOBER 30

9:15am-12:15pm

103 - Lifestyle Medicine and Occupational Therapy: Promoting Health and Well-Being in Adolescents

Rachelle Murphy, DHSc, OTR/L, DipACLM; Christy Billock, PhD, OTR/L, DipACLM

This presentation will explore lifestyle medicine solutions that can be integrated into occupational therapy to promote healthy living and improved well-being in our adolescent population. Participants will learn about current evidence supporting lifestyle medicine while engaging in practical activities that can easily be integrated into therapy sessions.

SUNDAY, OCTOBER 30

9:15am-12:15pm

104 - Diversity, Equity, and Inclusion in OT Schools: What Is Current Pedagogy? (3 PDUs)

Sharon Pavlovich, EdD, COTA/L; Ashley O'Toole, OTS; Ismari Altamirano, OTS; Ben Byer, OTS

In light of AOTA's mission to promote diversity, presenters will discuss equity, inclusion, and current pedagogical practices employed by occupational therapy faculty about how they prepare students to deliver services with DEI in mind.

SUNDAY, OCTOBER 30

9:15am-12:15pm

105 - Fostering Community Engagement for TBI and CVA Clients (3 PDUs)

Michelle Tipton-Burton, MS, OTR/L; Bailey Coe, OTS; Client Panelists

Occupational therapy's role during the acute rehabilitation of individuals with a traumatic brain injury (TBI) and Cerebral Vascular Accident (CVA) has been well established. This presentation will describe the challenges faced by TBI and CVA survivors as they re-enter the community and the role of occupational therapy to support inclusive services. Client panelists will share the lived experience of TBI survivors.

SUNDAY, OCTOBER 30

1:30pm-4:30pm

114 - Using Clinical Reasoning to Solve Challenges Encountered in Pediatric Practice (3 PDUs)

Lisa Test, OTR/L, OTD, FAOTA; Erna Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L

Through small group discussion and hands-on problem solving, participants will systematically analyze video presentations, generate hypotheses based on data presented, and plan interventions. Multidimensional pediatric treatment approaches will be explored.

SUNDAY, OCTOBER 30

1:30pm-4:30pm

115 - Evidence-Based Oral and Pharyngeal Dysphagia: Conditions and Intervention (1.5 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn 'Gigi Smith', PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed with evidence describing common problems for both phases of the swallow. Specific interventions will be discussed and applied using case illustrations.

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 41st Anniversary!

CFOT Awards Luncheon and Symposium

FRIDAY, OCTOBER 28

11:30am-1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2022 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, October 28, 11:30am-1:00pm.

Separate Ticket required. \$85 for lunch (\$10 for gallery seating; no lunch; students only).

HONORED LECTURER – CHRISTY BILLOCK, PHD, OTR/L, DIP ACLM

Preparing for the Future of Practice:
Professional Growth, Self-Care, and
Meaning (.5 PDUs)

As a thriving profession, occupational therapy holds even greater potential to meet a wide range of needs in our everchanging world.

Our work in occupational therapy depends on engaged professionals ready to innovate and adapt in a range of settings. The purpose of this lecture is to explore how we can better understand and support our own professional growth, self-care, and meaning in our work to perpetuate the beloved profession of occupational therapy.

Christy Billock, PhD, OTR/L, DipACLM, is a professor and founding program director of the Occupational Therapy Doctorate (OTD) program at Keck Graduate Institute (KGI). Billock holds a PhD in occupational science from the University of Southern California, where her dissertation focused on women's experiences of spirituality in everyday life. Billock's clinical background is in inpatient rehabilitation and she is a board-certified diplomate of the American College of Lifestyle Medicine. She has taught occupational therapy for 24 years in a broad range of subject areas. Billock has spoken at numerous state, regional, national, and international professional conferences. She is passionate about innovation in occupational therapy and growing the profession's role in health promotion.

The CFOT Honored Lecturer Award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession. This presentation gives them an opportunity to share their insights and knowledge with the occupational therapy community.



Christy Billock, PhD,
OTR/L, DipACLM



SUPPORT OUR FUTURE

SUPPORT ENHANCING OCCUPATIONAL THERAPY SERVICES TO THE PUBLIC

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference



2019 CFOT Awardees

& Innovation Expo, again has an online component! We welcome this opportunity to reach a wider audience. "Thank you in advance for continuing to support our mission by donating through the OTAC Conference," commented CFOT President Pat Nagaishi, PhD, OT/Retired."

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.



Pat Nagaishi,
PhD, OT/Retired,
CFOT President

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

YOU ARE INVITED TO DONATE TO CFOT
IN SUPPORT OF OUR MISSION

[DONATE](#)



CFOT MISSION

Enhancing quality and knowledge of occupational therapy services through support of occupational therapy research and educational endeavors.



Honoring Those Who Inspire Professional Excellence

COME HELP CELEBRATE OUR OTAC 2022 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, October 28, 3:15pm–4:15pm.

This event is open to all Conference attendees registered for Friday.

We will also be paying tribute to our 2020 and 2021 Awardees who were honored virtually. We hope that they are able to join us to receive their well-deserved applause in person.

HEALTH AND SAFETY GUIDELINES

OTAC is committed to creating an event experience where we can gather together in a healthy and safe environment. Our goal is to provide the necessary measures to ensure that each participant's well-being is a priority. An inherent risk of exposure to COVID-19 and other transmittable viruses exists in any public place regardless of precautions that may be taken. While the hotel will provide hand sanitizing stations supplemented by OTAC's own efforts, OTAC attendees agree to (1) assume all risks associated with potential exposure to COVID-19; and (2) comply with current health and safety policies as stated by the CDC and local venue.



FOLLOW THE ANNUAL CONFERENCE ON OUR FREE MOBILE APP. COMING SOON!



The mobile app includes:

- Full Conference schedule and a feature to build a customized schedule
- Social sharing on Twitter and Instagram
- Detailed information about presenters, exhibitors, and sponsors
- Notifications of important updates, special offers, and more.

It's easy! Download the 2022 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/customer login. You must create a new account to access the app's full features.

SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

A MOVIE NIGHT: LEAD ME HOME (.5 PDUs)

Thursday, October 27 – 6:30pm-7:30pm

In *Lead Me Home*, tents become bedrooms; trucks become washrooms; parks become kitchens. Love occurs, as do strife and violence. People make homes for themselves wherever they end up. When directors Pedro Kos and Jon Shenk set out to tackle the subject of homelessness, they had one goal: to humanize the experience, in whatever form that might take. The pair set out to depict the stories of people living on the street who, were it not for a vast set of unfortunate circumstances (addiction, mental illness, sexual abuse, homophobia, healthcare costs, disability) would be living no differently from those sleeping comfortably mere blocks or even just floors away. In the shadow of boundless real estate development proliferating in Los Angeles, San Francisco, and Seattle, Kos and Shenk filmed the daily lives of more than two dozen subjects over three years to provide a slice-of-life portrayal of what it's like to experience homelessness in America today. This film opens a window into a parallel world hiding in plain sight and challenges the audience to feel the scale, scope, and diversity of unsheltered America.

Directly following this 40-minute film, join facilitator Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA, in guided dialogue about the film. She brings a unique perspective on occupational therapy practitioners treating the homeless and underserved populations.

SPECIAL INTER-PROFESSIONAL COLLABORATION (.625 PDUs)

3 Associations in 1 Collaborative Day of Development

17 - Elevating Our Client Services Through Inter-Professional Collaborations

Thursday, October 27 – 9:00am-5:30pm

Join us for this day of inter-professional collaborations by the California Association of Education for Young Children, Infant Development Association, and Occupational Therapy Association of California. The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families. **Lunch is included in the registration fees for this session.** [View the session online](#)

11:30am-1:00pm

CFOT AWARDS LUNCHEON AND SYMPOSIUM (.5 PDUs)

\$85; \$10 students-only gallery (no lunch)

Friday, October 28 – 11:30am-1:00pm

Recipients of the 2022 CFOT scholarships, research grants, and awards will be announced. Also featured is the 2022 Honored Lecturer Christy Billock, PhD, OTR/L, DipACLM, speaking about *Preparing for the Future of Practice: Professional Growth, Self-Care, and Meaning* (.5 PDU).

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 38 to purchase tickets. Seating is limited for both categories.

OTAC AWARDS CEREMONY AND KEYNOTE ADDRESS (.5 PDUs)

Friday, October 28 – 3:15pm-5:15pm

- OTAC Awards Ceremony: Come one, come all! You are invited to come to recognize and celebrate our 2022 Award honorees who serve with excellence and inspire professional passion. We will also pay tribute to the Awardees from the 2020 and 2021 virtual Awards Ceremony.
- Friday Keynote Address: Who Are You? Who Will You Become? Where Do You Belong? (.5 PDU)
Shirley A. Wells, DrPH, OTR, FAOTA

The right to "being, becoming, and belonging" is key to practicing diversity, equity, and inclusion. It begins with accepting your past, shaping your future, and knowing where you belong. It requires learning, risking, exploring, and growing. Hear from this highly acclaimed and experienced professional who AOTA named as one of the 100 Influential People in Occupational Therapy 100 Years History (2016).

WIN A \$50 GIFT CARD!
ADVANCE PURCHASE A SATURDAY EXPO LUNCH AND BE ELIGIBLE TO WIN \$50 IN GIFT CARDS.



BUILD YOUR CUSTOMIZED SCHEDULE

See pages 14 and 15 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

SPECIAL CONFERENCE ACTIVITIES

INNOVATION EXPO

Friday, October 28 – 5:15pm-7:15pm | Grand Opening Reception | Bingo for Prizes | Halloween Mask Contest

Saturday, October 29 – 11:30am-2:15pm | Poster Presentations | Bingo for Prizes | Halloween Mask Contest | Grab and Go Lunch

Don't miss Friday's lively Grand Opening Reception sponsored by our exhibitors. This fun and informal atmosphere offers the perfect opportunity to learn about products and services useful to occupational therapy practitioners as well as to connect with representatives who are recruiting for their organizations.

Saturday offers a convenient lunch option for advance purchase only. Meet with any exhibitors you didn't connect with on Friday. If you purchase lunch in advance you are eligible for prize drawings. View poster presentations!

Don't forget that the Expo offers giveaways and prizes. Visit exhibitors to be eligible.

Halloween mask contest on both days. Bring your own from home or decorate one at the Hospitality Table at the Conference (while supplies last).

Stop by the OTAC Membership Booth—it is the central hub of activity: meet with OTAC leaders, learn about OTAC, win prizes while you learn, and more!

MIND-BODY ACTIVITIES

Easy Yoga | Friday, 7:15am-7:45am | Saturday, 7:15am-7:45am

Join us for mindfulness yoga by the pool. Open to all Conference attendees complimentary. Come dressed in your comfortable Conference attire. Go right from yoga to your first session. Towels will be provided poolside.

OTAC LEADERSHIP INSTITUTE: WHAT'S IT ALL ABOUT? (NO PDUs)

Saturday, 7:15am-7:45am

Join OTAC leaders for coffee and learn about the new OTAC Leadership Institute starting January 2023. RSVP for session E using the Registration Form.

ALUMNI AND STUDENT RECEPTIONS

Friday, October 28 and Saturday, October 29 – 7:30pm-9:00pm

Celebrate the end of the day with these networking opportunities.

CONFERENCE PERKS!

Advance Purchase Saturday or Sunday Lunch is required. Anyone advance purchasing lunch for either day (Saturday Expo Lunch or Sunday OT Practice Café) will be eligible for a drawing for up to \$50 in gifts.

WIN A \$50 GIFT CARD! ADVANCE PURCHASE A SATURDAY EXPO LUNCH OR SUNDAY OT PRACTICE CAFÉ LUNCH AND BE ELIGIBLE TO WIN \$50 IN GIFT CARDS.

POSTER PRESENTATIONS (EARN UP TO 2 PDUs ON-SITE)

Saturday, October 29 – 11:30am-12:30pm and 1:00pm-2:00pm

See pages 34 and 35 for a list of posters. New this year are posters that are available for in-person viewing and online. You have the opportunity to view a total of more than 35 posters this year!

HALLOWEEN MASK CONTEST

Prizes will be awarded on both Friday and Saturday of the Innovation Expo by our mystery judges. Stop by the OTAC Hospitality Table on Thursday (2:00pm-6:30pm) and Friday and Saturday during registration hours to decorate a Halloween mask. You are also welcome to bring a mask from home. You just might win a prize!

PRESIDENT'S RECEPTION: OT OLYMPICS | DJ AND DANCE PARTY | SELFIE STATION

Saturday, October 29 – 6:00pm-7:30pm

OTAC president, Bryant Edwards, invites Saturday Conference attendees to come relax, network, and rejuvenate at this event (light hors d'oeuvre and no-host bar). It includes OT Olympics, DJ and dance floor (learn some new cultural dance moves). Bring your Halloween mask for the selfie station. Plus, special invited legislative guest.

OTAC ANNUAL MEETING | KEYNOTE ADDRESS | BREAKFAST (.5 PDUs)

Sunday, October 30 – 7:30am-9:00am

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. If you wish to attend this event, you MUST indicate on your registration form. Please do not register if you do not intend to attend the event in our efforts to not waste resources.

KEYNOTE ADDRESS: OCCUPATIONAL JUSTICE FOR UNDERSERVED POPULATIONS (.5 PDUs)

Moderator: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Panelists: Courtney Boitano, OTD, OTR/L, BCBA-D; Heather Javaherian, OTD, OTR/L, FAOTA; Eugene Torres, BA, Program Manager

Learn how occupational justice can be used as a framework for underserved populations. This panel of occupational therapy practitioners and a program manager, who have deep roots in the unmet occupational needs of the underserved, unhoused, and domestic violence victims, will share their insights about 'being' aware of those who need OT but are not typical recipients of OT, the 'becoming' of a profession committed to serving all clients, and the 'belonging' that supports all clients belonging to the community where occupational pursuits should be supported, regardless of payment status.

OT PRACTICE CAFÉ HOT TOPIC LUNCH - \$20

Sunday, October 30 – 12:30pm-1:30pm

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch required. Be eligible to win \$50 in gift cards and other prizes.

OT SUNDAY SUPER LEARNERS' PRIZE DRAWINGS

Sunday, October 30 – 4:30pm

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. (Yes, we appreciate the super learners who stay to the end of Conference!) Drawings will be made at 4:30pm. Check the board at the registration table between 4:30pm-5:00pm. Must be present to win.

CUSTOMIZE YOUR SCHEDULE

ACADEMIA/EDUCATION

- 53 Occupational Therapy in a University Academic Setting
- 62 An OT-Led Lifestyle Medicine Program for University Students: Implications for Educators and Clinicians
- 69 Building Resilience: A Post-Pandemic Mental Wellness Program for Teachers and Students
- 75 How Productivity and Resilience Training Impacts Undergraduates During COVID-19
- 76 Preparing the Next Generation of Neonatal Occupational Therapy Practitioners
- 83 Sleep Deprivation in College: Evidence-Based Practices for OTs
- 90 Transitioning from Clinician to Academician
- 104 Diversity, Equity, and Inclusion in OT Schools: What Is Current Pedagogy?
- 108 Unlikely Partners? An Innovative Ergonomic Fieldwork with Dentistry
- 112 Holistic Education in OT: Establishing Best Admissions Practices
- 121 Developing Acute Care Competency Through Inter-Professional Simulation-Based Education

ADVOCACY/LEADERSHIP/MANAGEMENT/ PRIVATE PRACTICE

- E OTAC Leadership Institute: What's It All About?
- 20 State Legislative and Regulatory Updates
- 30 Keeping Licensees Informed - What YOU Need to Know
- 42 Watch a Therapist Get Sued: An Inter-Professional Simulation
- 50 Ready to Start Your Own Business?
- 63 Creating a Vision of Meaning
- 71 How Well Can You Talk the Talk?
- 76 Preparing the Next Generation of Neonatal Occupational Therapy Practitioners
- 77 DEI Workplace Approaches and Strategies for the OT
- 81 The Leadership Toolkit for New Managers
- 82 Cognitive Rehabilitation: Occupational and Speech Therapy Considerations
- 88 Positive Workspaces: Steps to Improve Workplace Climate
- 90 Transitioning from Clinician to Academician
- 100 Marketing for Your OT Business: Challenges, Strategies, and Beyond!
- 102 Crucial Ideas that Shaped OT History
- 106 Promoting Niche Occupational Therapy Through Social Media
- 111 Technological Innovations in Rehab: An Introductory Course

BEING/BECOMING/BELONGING

- 49 Who Are You? Who Will You Become? Where Do You Belong?

GENERAL/COMMUNITY

- A Movie Night: Lead Me Home
- H OTAC Annual Meeting Keynote: Occupational Justice for Underserved Populations
- 12 Ethical Application of "Choosing Wisely" to Practice OT
- 13 The Role of OT in Multidisciplinary Chronic Pain Management
- 30 Keeping Licensees Informed - What YOU Need to Know
- 34 The Kawa Model Can Flow into Your Practice
- 36 Occupational Therapy's Role in Dismantling Anti-Fat Biases
- 47 Your National OTR or COTA Credential: What It Means for You
- 51 Too Much Sitting? Alternatives for Incorporating More Movement
- 54 Occupational Rights in the Micro, Meso, and Macro Levels of Practice
- 71 How Well Can You Talk the Talk?

- 85 Collaborative Programs for Unhoused Families: Occupational Therapy's Role
- 90 Transitioning from Clinician to Academician
- 102 Crucial Ideas that Shaped OT History
- 107 OT on the Go: Addressing Travel Needs
- 110 Understanding Seizure Disorders: An Occupational Approach to Treatment
- 120 Wired: Considering Cognitive Performance Needs and Technology Use

HEALTHCARE EQUITY; DIVERSITY/EQUITY/INCLUSION

- H OTAC Annual Meeting Keynote: Occupational Justice for Underserved Populations
- 10 Anti-Asian American Pacific Islander Bias: Micro-Aggressions to Violence
- 11 Next 10 Exits: Reflections on Race in Vallejo
- 46 Mindfulness, Resilience, and Social Justice
- 49 Who Are You? Who Will You Become? Where Do You Belong?
- 57 Addressing Population and Cultural Health Through Occupation
- 72 An Innovative Approach to Wellness Utilizing Helping Occupations
- 77 DEI Workplace Approaches and Strategies for the OT
- 104 Diversity, Equity, and Inclusion in OT Schools: What Is Current Pedagogy?
- 113 Tools of Cultural Competence for Awareness and Sensitivity
- 122 Establishing a Gender-Affirming Surgery Continuum of Care

MENTAL HEALTH/WELLNESS/SELF-CARE

- A Movie Night: Lead Me Home
- B & D Mind-Body Activity: Easy Yoga
- CFOT Awards Luncheon and Symposium Honored Lecture Preparing for the Future of Practice: Professional Growth, Self-Care, and Meaning
- 14 Mental Health in Everyday Practice: Changing Policy, Informing Systems, Affecting Change
- 15 Finding Your Grounding Amidst the Storms: A Mindfulness-Based Approach to Balance, Clarity, Understanding, and Wisdom
- 16 Life(style) on Pause: Trends in Self-Care During COVID-19
- 26 Lifestyle Redesign™ for Weight Management: Supporting Clients and Clinical Applications
- 27 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors



CUSTOMIZE YOUR SCHEDULE

- 36 Occupational Therapy's Role in Dismantling Anti-Fat Biases
- 46 Mindfulness, Resilience, and Social Justice
- 60 Connecting Recovery to the Value of Meaningful Living
- 62 An OT-Led Lifestyle Medicine Program for University Students: Implications for Educators and Clinicians
- 64 Clients in Crisis: Showing Up and Nurturing Resilience
- 66 Facilitating Inter-Professional Collaboration in Pediatric Mental Health
- 69 Building Resilience: A Post-Pandemic Mental Wellness Program for Teachers and Students
- 72 An Innovative Approach to Wellness Utilizing Helping Occupations
- 73 Delirium Prevention and Management: What Is OT's Role?
- 74 Alexithymia: Tell Me How You Feel
- 83 Sleep Deprivation in College: Evidence-Based Practices for OTs
- 84 Integrating Positive Psychology and Mindfulness into Practice
- 85 Collaborative Programs for Unhoused Families: Occupational Therapy's Role
- 101 Self-Esteem: A Protective Mechanism for Adolescent Mental Health – A Mixed Methods Study
- 103 Integrating Lifestyle Medicine Approaches in Pediatric Occupational Therapy

OLDER ADULTS

- 44 Effective Strategies to Reduce Falls in Older Adults
- 82 Cognitive Rehabilitation: Occupational and Speech Therapy Considerations
- 89 Fall Prevention in a High Tech World

PEDIATRICS/SCHOOL-BASED/YOUNG ADULTS

- 22 QUEST: An Integrative Executive and Regulatory Function Program
- 23 Caregiver Engagement in Assessment of 6- to 16-Month-Old Infants
- 32 Oral-Motor Reflexes and Their Role in Eating
- 33 Providing Authentic Family-Centered Services: Early Intervention and Telehealth
- 41 NICU Graduates Play Group: Supporting Occupational Engagement
- 43 Neuroscience-Backed Approaches to Help Manage Challenging Behaviors
- 48 Adapted Parenting in the Neonatal Intensive Care Unit
- 52 Skipping the Lines: When Cognition Dictates School-Based Practice
- 56 Building Self-Regulation and Mindfulness in Children with SPD
- 61 Enhancing Middle Schoolers' Self-Determination Through Inter-Professional Collaboration
- 66 Facilitating Inter-Professional Collaboration in Pediatric Mental Health
- 68 Sensory Processing and Social Participation of Preschoolers
- 69 Building Resilience: A Post-Pandemic Mental Wellness Program for Teachers and Students
- 74 Alexithymia: Tell Me How You Feel
- 85 Collaborative Programs for Unhoused Families: Occupational Therapy's Role
- 86 Picky Eating Explained: Occupational Therapy's Role in Supporting Picky Eating
- 101 Self-Esteem: A Protective Mechanism for Adolescent Mental Health – A Mixed Methods Study
- 104 Diversity, Equity, and Inclusion in OT Schools: What Is Current Pedagogy?
- 114 Using Clinical Reasoning to Solve Challenges Encountered in Pediatric Practice
- 115 Evidence-Based Oral and Pharyngeal Dysphagia: Conditions and Intervention

PHYSICAL DISABILITY/HANDS

- 24 A Study of Functional Cognition Following Immunotherapy Cancer Treatment
- 25 Getting Finger Amputees Back to Work
- 35 Management of Upper Extremity Injuries: Why Lifestyle Factors Matter
- 45 Integrating Occupation-Based Practice into Hand Therapy
- 55 The Role of OT in POTS Self-Management
- 65 Occupation-Based Rehabilitation of Acute Post-Surgical Total Shoulder Arthroplasty
- 67 Application of Complementary Medical Techniques in OT Practice
- 105 Fostering Community Engagement for TBI and CVA Clients
- 110 Understanding Seizure Disorders: An Occupational Approach to Treatment

TECHNOLOGY

- 33 Providing Authentic Family-Centered Services: Early Intervention and Telehealth
- 89 Fall Prevention in a High Tech World
- 111 Technological Innovations in Rehab: An Introductory Course
- 120 Wired: Considering Cognitive Performance Needs and Technology Use



SJSU | DEPARTMENT OF
OCCUPATIONAL THERAPY

San Jose State University is proud to announce that we are the first public university in California to offer the entry-level Occupational Therapy Doctorate degree. We will accept our first cohort of OTD students in Spring 2023. For more information, please visit our website:

www.sjsu.edu/occupationaltherapy/programs/otd

or call (408) 924-3070.



SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Annual Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. **Students receive a discount on Conference registration fees.**

ACTIVITIES OF INTEREST

THURSDAY, OCTOBER 27

- Attend any session at publicized rate
- Movie Night (Free for all Conference attendees)

FRIDAY, OCTOBER 28

- Mind-Body Activity: Easy Yoga
- CFOT Awards Luncheon and Symposium—\$85, or \$10 student-only gallery seating/no lunch
- Student Track (Sessions) 20, 21, 22, 30, 31, 34, 40, 42, 46, 47
- OTAC Awards Ceremony
- Keynote Address: Shirley A. Wells, DrPH, OTR, FAOTA
- Expo Grand Opening Reception—meet recruiting exhibitors and network with practitioners
- Alumni/Student Receptions

SATURDAY, OCTOBER 29

- Mind-Body Activity: Easy Yoga
- Student Track (Sessions) 50, 54, 57, 63, 64, 66, 70, 72, 80, 84, 85, 87,
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$20 and be eligible for a drawing
- President's Reception, OT Olympics, and Dance Party!

SUNDAY, OCTOBER 30

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Breakfast—*included in Sunday registration fee*. Featured presentation: Occupational Justice for Underserved Populations
- OT Practice Café/Lunch—*Come discuss OT practice hot topics*. Purchase lunch in advance required – \$20. Be eligible for a prize drawing.



SPECIAL OTAC STUDENT REGISTRATION DISCOUNT

STUDENTS MAY PAY THE PRACTITIONER RATES TO ATTEND ANY SESSION.



STUDENT TRACK

SUPPORTING OUR FUTURE LEADERS

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.



SCHEDULE: THURSDAY, OCTOBER 27 • PRE-CONFERENCE INSTITUTE

THURSDAY, OCTOBER 27

8:00am-6:30pm

Registration Hours

Registration will be located on the mezzanine level. Anyone registered in advance for any day is welcome to pick up their registration packet. If you are checking into the Hyatt Regency Santa Clara or if you live in the area and are stopping by to pick up your registration packet (you must have registered in advance), be sure to stay for the Thursday Movie Night. Popcorn provided.

9:00am-10:00am

10 Anti-Asian American Pacific Islander Bias: Micro-Aggressions to Violence (1 PDU)

Elizabeth Ching, OTD, MEd, BSOT, OTR/L

This session will provide insights into the brief Anti-Asian American Pacific Islander Bias Survey. This survey depicts micro-aggressions to the violence spectrum of Anti-Asian bias within a convenience sample of occupational therapy practitioners and Asian American women in academia in the U.S.

10:15am-11:15am

11 Next 10 Exits: Reflections on Race in Vallejo (1 PDU)

Elizabeth Ching, OTD, MEd, BSOT, OTR/L

If Vallejo, California, is a microcosm of the U.S. because of its racial diversity, what lessons can we learn about how to affect systemic change? Join this Native Vallejoan on her journey.

11:30am-12:30pm

12 Ethical Application of “Choosing Wisely” to Practice OT (1 PDU)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Graham Teaford, OTD, MS, OTR/L, SCLV

The AOTA Code of Ethics is a principle guide for occupational therapy practice. This document, combined with the “Choosing Wisely” information published in 2019, can support ethical decision-making across practice settings.

11:30am-1:00pm

13 The Role of OT in Multidisciplinary Chronic Pain Management (1.5 PDUs)

Allie Schmiesing, OTD, OTR/L, CLT

This presentation will explore the role of OT within the multidisciplinary chronic pain team. We will discuss the prevalence and physiology of chronic pain, evidence-based interventions, and the next steps for research, education, and professional development.

12:30pm-2:00pm

Lunch Break

After you enjoy a casual lunch in the Hyatt (lunch on your own), stop by the OTAC Hospitality Table to decorate a Halloween mask for the Innovation Expo Hall contest on Friday and Saturday. You just might win a prize!

2:00pm-5:00pm

14 Mental Health in Everyday Practice: Changing Policy, Informing Systems, Affecting Change (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH; Ingrid Leu, OTD, OTR/L; Erin McIntyre, OTD, OTR/L; Meghan Pudeler, Manager, State Affairs, AOTA

Mental health is not a siloed practice area. It is woven throughout the fabric of all occupational therapy practitioners’ daily work. Join occupational therapy master clinicians and a public policy expert working and leading in mental health for a big picture, high-level informed dialogue about the most current legislative and regulatory issues, successes, barriers, and challenges facing OTs in various systems. Join the dialogue about where to focus efforts to affect change.

ALL SESSIONS
ON THURSDAY
ARE OPEN TO
STUDENTS AT
THE PUBLICIZED
RATE.

THURSDAY – FEATURED SESSION

9:00am-5:30pm

17 Elevating Our Client Services Through Inter-Professional Collaborations (6.25 PDUs)

Join us for this day of inter-professional collaborations by the California Association for Education for Young Children, Infant Development Association, and Occupational Therapy Association of California. The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families. Lunch is included in the fees for this session. [View the session online](#)



WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Helps me keep up to date on regulations

Professional camaraderie

I attended before and enjoyed it

SCHEDULE: THURSDAY, OCTOBER 27 • PRE-CONFERENCE INSTITUTE

2:00pm-3:30pm

**15 Finding Your Grounding Amidst the Storms:
A Mindfulness-Based Approach to Balance, Clarity,
Understanding, and Wisdom (1.5 PDUs)**

Rochelle McLaughlin, MS, OTR/L, MBSR, RYT

Occupational therapy practitioners are living in a new reality for ourselves and the world. Throughout this interactive course, participants will be working with the practice of mindfulness, defined as the steady, intentional gathering of non-judgmental awareness into the present moment. We will reflect on the circumstances we find ourselves in to develop and deepen a robust and practical mindfulness meditation practice capable of supporting us in the face of enormous change. Through the cultivation of mindfulness as a practice and a way of being, we can encourage our minds and hearts to function more effectively for our benefit and that of our families, work, communities, and world. Mindfulness will help us focus on real-life approaches to potentially maddening dilemmas, social contradictions, structural injustices, and genuine personal, work, and family challenges.

3:45pm-5:15pm

**16 Life(style) on Pause: Trends in Self-Care During COVID-19
(1.5 PDUs)**

Emma Schiewe, OTD, OTR/L, TTS; Marissa Marchioni, OTD, OTR/L, CEAS

Understanding occupational therapy's role during and after COVID-19 in restoring participation in self-care ADLs and health management routines is critical. We will explore the shift in health and wellness activity participation caused by this global pandemic.

6:00pm-7:30pm

A Movie Night: Lead Me Home (.5 PDUs)

In *Lead Me Home*, tents become bedrooms; trucks become washrooms; parks become kitchens. Love occurs, as do strife and violence. People make homes for themselves wherever they end up. When directors Pedro Kos and Jon Shenk set out to tackle the subject of homelessness, they had one goal: to humanize the experience, in whatever form that might take. The pair set out to depict the stories of people living on the street who, were it not for a vast set of unfortunate circumstances (addiction, mental illness, sexual abuse, homophobia, healthcare costs, disability) would be living no differently from those sleeping comfortably mere blocks or even just floors away. In the shadow of boundless real estate development proliferating in Los Angeles, San Francisco, and Seattle, Kos and Shenk filmed the daily lives of more than two dozen subjects over three years to provide a slice-of-life portrayal of what it's like to experience homelessness in America today. This film opens a window into a parallel world hiding in plain sight and challenges the audience to feel the scale, scope, and diversity of unsheltered America.

Directly following this 40-minute film, join facilitator Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA, in guided dialogue about the film. She brings a unique perspective on occupational therapy practitioners treating the homeless and underserved populations.

THURSDAY – SPECIAL ACTIVITIES

8:00am-6:30pm Registration Hours

Registration will be located on the mezzanine level. Anyone registered in advance for any day is welcome to pick up their registration packet. If you are checking into the Hyatt Regency Santa Clara or if you live in the area and are stopping by to pick up your registration packet (you must have registered in advance), be sure to stay for the Thursday Movie Night. Popcorn provided.

2:00pm-6:30pm Halloween Mask Contest

Stop by the OTAC Hospitality Table to decorate a Halloween mask for the Innovation Expo Hall contest on Friday and Saturday. You just might win a prize!

6:00pm-7:30pm A Movie Night: Lead Me Home (.5 PDUs)

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SCHEDULE: FRIDAY, OCTOBER 28

FRIDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served.

7:15am-7:45am

B Mind-Body Activity: Easy Yoga (No PDUs)

Carlin Reaume, OTD, MA/Ed, OTR/L

Join us for mindfulness yoga by the pool. Towels will be provided poolside.

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU)

Honored Lecturer: Christy Billock, PhD, OTR/L, DipACLM | Preparing for the Future of Practice: Professional Growth, Self-Care, and Meaning

Come help celebrate recipients of the 2022 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards. The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!



Christy Billock, PhD,
OTR/L, DipACLM

3:15pm-5:15pm

49 OTAC Awards Ceremony and Keynote Address (.5 PDU)

OTAC Awards Ceremony: Come one, come all! You are invited to come to recognize and celebrate our 2022 Award honorees who serve with excellence and inspire professional passion. We will also pay tribute to the Awardees from the 2020 and 2021 virtual Awards Ceremony.



Shirley A. Wells,
DrPH, OTR, FAOTA

Friday Keynote Address

Who Are You? Who Will You Become? Where Do You Belong? (.5 PDU)

The right to “being, becoming, and belonging” is key to practicing diversity, equity, and inclusion. It begins with accepting your past, shaping your future, and knowing where you belong. It requires learning, risking, exploring, and growing. Hear from this highly acclaimed and experienced professional who AOTA named as one of the 100 Influential People in Occupational Therapy 100 Years History (2016).

5:15pm-7:15pm

C Innovation Expo Grand Opening Reception | Bingo for Prizes | Halloween Mask Contest

Join us for this reception courtesy of our exhibitors. Please visit the exhibitors to express your appreciation for their support and learn about new products and services that support your practice and clients. Play Exhibitor Bingo for prizes. And if you hadn't noticed, it is Halloween weekend, and we are having a mask contest both days in the Expo. Bring your mask from home or decorate a Halloween mask with us (while supplies last).

7:30pm-9:00pm

Alumni and Student Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school alumni and students. Always a Conference highlight.

FRIDAY, OCTOBER 28

7:15am-5:00pm

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B Mind-Body Activity: Easy Yoga (No PDUs)

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Join us for mindfulness yoga by the pool. Towels will be provided poolside.

8:15am-9:45am

20 State Legislative and Regulatory Updates (1.5 PDUs)

Lauren Lopez, OTD, OTR/L; Carlin Reaume, OTD, MA/Ed, OTR/L; Lindsay Gullahorn, BA, Capitol Advocacy Lobbyist; Meghan Pudeler, State Affairs Manager, AOTA

Join us for a critical briefing on the latest legislative and regulatory changes impacting the occupational therapy profession, including the OT School Credential Initiative, OT Compact, AB 988, and more. Attendees will also learn about OTAC's grassroots advocacy program, GO-TO-OT. **Open to students.**

8:15am-9:45am

21 Like a Boss: Salary Negotiations and Job Searches (no PDUs)

Do you feel confident negotiating your salary? If you answered no, you are not alone! Come and become an empowered professional who is confident to ask for a professional salary. **Student track.**

8:15am-9:45am

22 QUEST: An Integrative Executive and Regulatory Function Program (1.5 PDUs)

Lindy Joffe, MS, OTR/L

This presentation will introduce a new evidence-based pediatric intervention. It teaches practitioners how to think about executive function concerning children with regulatory challenges, and it also overviews assessment and treatment ideas for immediate practical use. **Open to students.**

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Wanted to attend sessions outside of my practice area

So inspiring

Catching up with old friends I hadn't seen in a while

Wanted to expand knowledge in my own field

SCHEDULE: FRIDAY, OCTOBER 28

8:15am-9:45am

23 Caregiver Engagement in Assessment of 6- to 16-Month-Old Infants (1.5 PDU)

Allison Phillips, OTD, OTR/L; Emily Campi, MA, OTR/L

Presenters will share lessons from research studies that captured parent perspectives and coached caregivers to administer assessments to their 6- to 16-month-olds. Attendees will reflect on applying these lessons to promote caregiver-centered clinical practice.

8:15am-9:45am

24 A Study of Functional Cognition Following Immunotherapy Cancer Treatment (1.5 PDU)

Elizabeth Broske, MA, OTR/L; Sherry Hite, MA, OTR/L

Neurotoxicity is a known side effect of immunotherapy cancer treatment, drastically affecting cognitive functioning. Presenters will discuss data from a study that explores changes in cognitive performance and their impact on OT practice.

8:15am-9:45am

25 Getting Finger Amputees Back to Work (1.5 PDU)

Chelsea Welch, MSOP, CO

Finger and partial-hand amputees experience more mental health issues, more pain, and less function than forearm amputees. In this session, attendees will explore potential financial impacts and how to help this population return to work and their lives.

8:15am-9:45am

26 Lifestyle Redesign™ for Weight Management: Supporting Clients and Clinical Applications (1.5 PDU)

Marilyn Thompson, OTD, OTR/L;

Chantelle Rice Collins, OTD, OTR/L, CDCES

This presentation will provide occupational therapy practitioners with an understanding of the fundamental components of the Lifestyle Redesign™ intervention adapted to address weight management as a primary or co-occurring condition.

8:15am-2:00pm

27 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDU)

Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L

Do you struggle with managing aggressive behaviors? Using principles from the Handle With Care Behavioral Management System, this session aims to provide strategies for redirecting and understanding escalating behaviors in all populations. **This session has a break between 11:30am to 1:00pm.**

10:00am-11:30am

30 Keeping Licensees Informed - What YOU Need to Know (1.5 PDU)

Sharon Pavlovich, EdD, COTA/L, CBOT President;

Heather Martin, CBOT Executive Officer

Learn from the California Board of Occupational Therapy (CBOT) about upcoming licensing and regulatory changes affecting OTs and OTAs. Find out what a Practice Reviewer is, why it is needed, and how to become one. Be part of the discussion on the OT Licensure Compact and what it means in California. **Open to students.**

10:00am-11:30am

31 Advancing Occupational Therapists' Role in Addressing Systemic Racism: Student Perspectives (No PDU)

Natalie A. Perkins DrOT, MEd, OTR/L, FIIE;

Rajvinder K. Bains, OTD, MS, OTR/L, CEAS;

Karen Park, OTD, OTR/L, BCP, CLE

Occupational therapy began in 1921 and was founded upon Western culture and ideologies, and emphasizes values such as independence, productivity, and client-centered practice, which may not align with other cultures. It is important to understand best methods for education and training to support intersectionality, cultural differences, and social structures. This research study sought to examine the perceptions and impact after viewing the 2020 Occupational Therapy Association of California (OTAC) Keynote Address on knowledge about systemic racism within the profession, OT practice, the culture within facilities or institutions; and the subsequent effectiveness on actions taken at the practice, policy, and educational levels. **Student Track.**

10:00am-11:30am

32 Oral-Motor Reflexes and Their Role in Eating (1.5 PDU)

Yovana Harris, COTA/L, CLC

Infants are born with an innate skill set to assist in managing real foods when transitioning to solids. This session will discuss oral-motor reflexes and their role in functional and safe feeding practices.

10:00am-11:30am

33 Providing Authentic Family-Centered Services: Early Intervention and Telehealth (1.5 PDU)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;

Gigi Smith, PhD, OTR/L, FAOTA

Family partnerships are derived from relational and participatory practices. This session will present theoretical models as a foundation for understanding how early intervention services provided via telehealth can enhance family routines while building on family strategies and support.

10:00am-11:30am

34 The Kawa Model Can Flow into Your Practice (1.5 PDU)

Heather Javaherian, OTD, OTR/L, FAOTA;

Praveen Injeti, OTD, OTR/L, MFT;

Erica Herrera, OTD, MOT, OTR/L, CHT

The Kawa Model can be used in many settings to elicit patient narratives and client-centered care. The presenters will describe the Kawa in behavioral health, rehabilitation, hand therapy, and community-based settings covering evaluation, intervention, and documentation. **Open to students.**

10:00am-11:30am

35 Management of Upper Extremity Injuries: Why Lifestyle Factors Matter (1.5 PDU)

Lizeth Rivera, MA, OTR/L; Marissa Marchioni, OTD, OTR/L, CEAS;

Trevor San Antonio, OTD, OTR/L

The COVID-19 pandemic led to blurred work-life boundaries affecting employees' emotional, psychological, and physical well-being. This session will address lifestyle factors and occupations that continue growing in importance for occupational therapy practitioners working in hand therapy settings.

10:00am-11:30am

36 Occupational Therapy's Role in Dismantling Anti-Fat Biases (1.5 PDU)

Melina Allahverdian, OTD, OTR/L; Erin Bussell, OTD, OTR/L

In this session, participants will examine the anti-fat bias phenomenon and the impact on clients accessing services within healthcare. These implicit and explicit biases have immediate and pervasive implications on clients' health and well-being.

BUILD YOUR CUSTOMIZED SCHEDULE

SEE PAGES 14 AND 15 FOR A LIST OF SESSIONS BY PRACTICE AREA. BUILD YOUR OWN PRACTICE AREA SCHEDULE OR MIX AND MATCH.

SCHEDULE: FRIDAY, OCTOBER 28

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

Honored Lecturer: *Christy Billock, PhD, OTR/L, DipACLM*
Preparing for the Future of Practice: Professional Growth, Self-Care, and Meaning

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An additional \$85 fee is required to attend this event (including lunch).

A special gallery seating is available to students only for \$10 (lunch not included).

Seating is limited for both categories. Register today.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 39 to purchase your ticket or purchase your online here.

1:00pm-2:00pm

40 NBCOT® National Certification Exam: Information You Need to Know (No PDUs)

Barbara Williams, DrOT, MS, OTR; Shaun Conway, OTR

NBCOT® staff will share valuable information about preparing and applying for the national OTR and COTA certification exams during this session. **Student Track.**

1:00pm-2:00pm

41 NICU Graduates Play Group: Supporting Occupational Engagement (1 PDU)

Allison Smith, PhD, OTR/L, BCP, CNT, IBCLC

This session will explore how an OT-led developmental playgroup for NICU graduates can support families through the transition from NICU to home and help them engage in occupations to support infant development once home.

1:00pm-3:00pm

42 Watch a Therapist Get Sued: An Inter-Professional Simulation (2 PDUs)

Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT, CHSE; Norman Belleza, PT, DPT

This immersive experience demonstrates the inter-professional education values/ethics core competency domain by watching a simulated OT and PT co-treatment, reviewing medical documentation, observing a medicolegal deposition using a double robot and legal representation, and debriefing. **Open to students.**

1:00pm-3:00pm

43 Neuroscience-Backed Approaches to Help Manage Challenging Behaviors (2 PDUs)

Brittney Weinerth, MS, OTR/L; Hannah Koedam, MS, OTR/L; Alexandra Kautz, MS, OTR/L

In this presentation, attendees will learn why neuroscience experts are shifting away from compliance-based strategies to collaborative brain-based approaches and how they can be implemented in daily clinical practice.

1:00pm-3:00pm

44 Effective Strategies to Reduce Falls in Older Adults (2 PDUs)

Beth Sullivan, OTD, OTR/L

The CDC estimates that by 2030, 73 million older adults will fall each year. Single-focus treatment methods are less effective than multi-component interventions. Evidence-based fall prevention interventions for older adults will be discussed.

1:00pm-3:00pm

45 Integrating Occupation-Based Practice into Hand Therapy (2 PDUs)

Lisa Deshaies, OTR/L, CHT

As occupational therapy practitioners, we must incorporate a duality of focus that balances treating the affected tissues and the occupational being. This session is aimed at helping participants reflect on their professional tenets and empowering them to go beyond a medical model of treatment by infusing authentic occupation into care.

1:00pm-3:00pm

46 Mindfulness, Resilience, and Social Justice (2 PDUs)

Rochelle McLaughlin, MS, OTR/L, MBSR, RYT

Mindfulness helps us honor our feelings, find a sense of groundedness amidst the landscapes of inequity, and develop healthy boundaries and meaningful practices of self-care so that we can do the necessary work. **Open to students.**

2:00pm-3:00pm

47 Your National OTR or COTA Credential: What It Means for You (1 PDU)

Barbara Williams, DrOT, MS, OTR; Shaun Conway, OTR

This presentation will update NBCOT® certification programs and services, including initial certification, certification renewal and continuing competency, partnerships with OT State Regulatory entities, and qualifications and compliance review. **Open to students.**

2:00pm-3:00pm

48 Adapted Parenting in the Neonatal Intensive Care Unit (1 PDU)

Shelley Wear, OTD, OTR/L, NTMTC

This session will demonstrate how to help parents cope with the Neonatal Intensive Care Unit (NICU) using evidenced-based neuroprotective 'healing environment' interventions. These interventions have decreased parental stress, increased parent-infant bonds, and improved long-term developmental outcomes for preterm infants.

3:15pm-5:15pm

49 OTAC Awards Ceremony and Keynote Address (.5 PDUs)

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Friday Keynote Address

Shirley A. Wells, DrPH, OTR, FAOTA

Who Are You? Who Will You Become? Where Do You Belong? (.5 PDUs)

The right to "being, becoming, and belonging" is key to practicing diversity, equity, and inclusion. It begins with accepting your past, shaping your future, and knowing where you belong. It requires learning, risking, exploring, and growing. Hear from this highly acclaimed and experienced professional who AOTA named as one of the 100 Influential People in Occupational Therapy 100 Years History (2016).

SCHEDULE: FRIDAY, OCTOBER 28

5:15pm-7:15pm

C Innovation Expo Grand Opening Reception | Bingo for Prizes | Halloween Mask Contest

Join us for this reception courtesy of our exhibitors. Please visit the exhibitors to express your appreciation for their support and learn about new products and services that support your practice and clients. Play Exhibitor Bingo for prizes. And if you hadn't noticed, it is Halloween weekend, and we are having a mask contest both days in the Expo. Bring your mask from home or decorate a Halloween mask with us (while supplies last).

7:30pm-9:00pm

Alumni and Student Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school alumni and students. Always a Conference highlight.



INNOVATIONS EXPO ACTIVITIES

Friday, October 28 • 5:15pm-7:15pm

Saturday, October 29 • 11:30am-2:15pm

Join our Exhibitors and Sponsors at the Innovation Expo to:

- learn about **new products and services**
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception**— Friday (5:15pm-7:15pm)
- **earn PDUs** by viewing posters – Saturday
- grab a quick **lunch** (\$20 advanced purchase to be eligible for prize giveaways) – Saturday
- learn about your **professional association**
- **Halloween mask** contest both days



WIN \$50 IN GIFT CARDS!

Advance registration for the Saturday and/or Sunday lunches required. Be eligible for the gift card giveaways.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Liked the varying time durations of presentations

Posters presentations were great

Greatly informed and energetic presenters



SCHEDULE: SATURDAY, OCTOBER 29

SATURDAY, OCTOBER 29

7:15am-6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-come, first-served.

7:15am-7:45am

D Mind-Body Activity: Easy Yoga (No PDUs)

Carlin Reaume, OTD, MA/Ed, OTR/L

Join us for mindfulness yoga by the pool. Towels will be provided poolside.

7:15am-7:45am

E OTAC Leadership Institute: What's It All About? (no PDUs)

Join OTAC leaders for coffee and learn about the new OTAC Leadership Institute starting October 2023.

8:00am-9:00am

50 Ready to Start Your Own Business? (1 PDU)

Babak Amali, OTR/L

This session is for you if you have always dreamed about starting your own business but do not know where to start. The steps to starting your own company or business will be reviewed by the presenter. Starting right will help you survive the entrepreneur shark tank. **Open to students.**

8:00am-9:00am

51 Too Much Sitting? Alternatives for Incorporating More Movement (1 PDU)

Loree Pham, MS, OTR/L, DipACLM

This session will explore evidence for the harms of excessive sitting related to poor health outcomes and increased risk for chronic conditions. Examples of active resting positions, such as floor sitting, will be discussed.

8:00am-9:00am

52 Skipping the Lines: When Cognition Dictates School-Based Practice (1 PDU)

*Jennifer Andaya-Lambinico, EdM, OTR/L, ATP;
Anne Teves Proctor, OTR/L*

This presentation will describe how students with extensive support needs could benefit from OT school-based practice that uses principles from the Neurofunctional Approach in teaching school-relevant ADLs and basic IADLs.

SATURDAY – SPECIAL ACTIVITIES

7:15am-6:00pm

Saturday Registration Hours

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7:15am-7:45am

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11:30am-2:15pm

F Innovation Expo | Poster Presentations | Grab and Go Lunch | Halloween Mask Contest | Bingo for Prizes

Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only \$15) at the Innovation Expo, visit exhibitors you didn't see on Friday evening, play Exhibitor Bingo for prizes, view the posters for PDUs, and wear your Halloween mask ... you might win a prize. Purchase lunch in advance to be eligible for prizes.

6:00pm-7:30pm

G President's Reception: OT Olympics | DJ and Dance Party | Selfie Station

OTAC president, Bryant Edwards, invites all Conference attendees to come to relax, network, and rejuvenate at this event (light hors d'oeuvre and no-host bar). OT Olympics, DJ and dance floor (learn some new cultural dance moves), and bring your Halloween mask for the selfie station. Plus, special invited legislative guest.

7:30pm-9:00pm

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SCHEDULE: SATURDAY, OCTOBER 29

8:00am-9:00am

53 Occupational Therapy in a University Academic Setting (1 PDU)

Su-Min Yeu, MA, OTR/L; Rashelle Nagata, OTD, OTR/L

This session will review the results of occupational therapy services (weekly academic coaching) for undergraduate students at the University of Southern California Kortschak Center for Learning and Creativity as evaluated by the Canadian Occupational Performance Measure (COPM).

8:00am-9:30am

54 Occupational Rights in the Micro, Meso, and Macro Levels of Practice (1.5 PDUs)

Michelle Arakaki, OTD

This session will offer an opportunity to engage in collaborative activities and discussions to critically reflect on how to integrate additional strategies that support client/community occupational rights in the micro, meso, and macro levels of occupational therapy practice. **Open to students.**

8:00am-9:30am

55 The Role of OT in POTS Self-Management (1.5 PDUs)

Madison Chaffee, OTS; Kaitlin O'Hara, OTD, OTR/L

This session will cover the best practices occupational therapy practitioners can provide to promote optimal engagement in meaningful occupations for individuals with postural orthostatic tachycardia syndrome, including lifestyle modifications, health management, sleep routines, and social participation.

8:00am-9:30am

56 Sensory Strategies for Self-Regulation and Mindfulness

Katie Gordon, MS, OTR/L; Teresa Ricardo, MOT, OTR/L

This session will explore all aspects about identifying sensory principals and working with individuals with different sensory preferences and needs. Training will include, but is not limited to, developmental trauma, replacement behaviors, crisis prevention when related to sensory challenges, and treatment planning.

8:00am-11:15am

57 Addressing Population and Cultural Health Through Occupation (3 PDUs)

Shirley A. Wells, DrPH, OTR, FAOTA

Meeting society's occupational needs requires a practice that maximizes health equity, occupational justice, and social determinants of health. This presentation will expound on the role of occupational therapy in promoting and planning population, community, and cultural health initiatives. **Open to students.**

9:15am-10:15am

60 Connecting Recovery to the Value of Meaningful Living (1 PDU)

Emily Petersen, MA, OTR/L

The session will cover current research on the recovery model for mental health and its connection to occupational engagement. Topics covered will include background and evidence, the recovery model and occupational therapy, and implications for interventions.

9:15am-10:15am

61 Enhancing Middle Schoolers' Self-Determination Through Inter-Professional Collaboration (1 PDU)

Jennifer Andaya-Lambinico, EdM, OTR/L, ATP; Alana Goodman, OTR/L

This session will showcase how inter-professional collaboration and contextual-based interventions have facilitated the development of self-determination in students with extensive support needs at a middle school in San Jose, CA.

9:15am-10:15am

62 An OT-Led Lifestyle Medicine Program for University Students: Implications for Educators and Clinicians (1 PDU)

Dragana Krpalek, PhD, OTR/L, DipACLM

Designed by an OT, a lifestyle medicine, outcomes of the online "5 Minutes to Better You" pilot program will be reviewed. Attendees will discuss applications for the classroom and various clinical settings.

9:15am-11:15am

63 Creating a Vision of Meaning (2 PDUs)

Sturdy McKee, MPT

Company visions have evolved from vision and mission statements to a meaningful picture of why an organization exists, where it is going, and how all actors are expected to behave in bringing the vision about. Come explore and learn about creating a vision of meaning for your company. **Open to students.**

9:45am-11:15am

64 Clients in Crisis: Showing Up and Nurturing Resilience (1.5 PDUs)

Melisa Kaye, EdD, OTR/L; Christine Haworth, MA, OTR/L

Occupational therapy practitioners often encounter clients experiencing adversities such as hopelessness, grief, trauma, and impending death. Implementing approaches authentically to support our clients and care for ourselves is vital to our professional effectiveness and personal well-being. **Open to students.**

9:45am-11:15am

65 Occupation-Based Rehabilitation of Acute Post-Surgical Total Shoulder Arthroplasty (1.5 PDUs)

Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA

This session will focus on the occupation-based management of acute post-surgical total shoulder arthroplasties (TSA). It will briefly review basic shoulder anatomy and biomechanics, common types of TSA surgical procedures, and include occupational therapy approaches to interventions using the biopsychosocial model with a case study presentation.

9:45am-11:15am

66 Facilitating Inter-Professional Collaboration in Pediatric Mental Health (1.5 PDUs)

Jenna Kobara, OTD, OTR/L; Christine Turnbull, OTD, OTR/L

Facilitating inter-professional collaboration as occupational therapy practitioners on interdisciplinary teams will be discussed. Attendees will hear about the lessons learned while working in pediatric mental health. Practitioners can also apply the lessons to address inter-professional collaboration challenges in other clinical practice settings. **Open to students**

10:30am-11:30am

67 Application of Complementary Medical Techniques in OT Practice (1 PDU)

Amy Belk, MS, OTR/L

Occupational therapy practitioners will learn basic knowledge and skills to help overcome barriers to incorporating complementary, integrative health (CIH) modalities in OT practice. **Open to students.**

10:30am-11:30am

68 Sensory Processing and Social Participation of Preschoolers (1 PDU)

Chana Hiranaka, PhD, OTR/L

Sensory and temperament features of preschoolers with developmental delays significantly relate to their social participation. This session will cover the evaluation of sensory features and help attendees consider their temperament to best plan sensory-informed interventions supporting their participation.

SCHEDULE: SATURDAY, OCTOBER 29

10:30am-11:30am

69 Building Resilience: A Post-Pandemic Mental Wellness Program for Teachers and Students (1 PDU)

Samantha Coelho, OTR

Upon returning to on-campus learning post-COVID-19, social-emotional-focused mental health workshops and programs were established through various interventions at a high school in the South Los Angeles community to benefit students and educators. Learn about the successes of this program.

11:30am-2:15pm

F Innovation Expo | Poster Presentations | Grab and Go Lunch | Halloween Mask Contest | Bingo for Prizes

Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only \$15) at the Innovation Expo, visit exhibitors you didn't see on Friday evening, play Exhibitor Bingo for prizes, view the posters for PDUs, and wear your Halloween mask ... you might win a prize. Purchase lunch in advance required. Be eligible for prizes.

2:30pm-3:30pm

70 Supporting Children through Life's Everyday Challenges Using a Sensory Framework (no PDUs)

Brittney Weinerth, MS, OTR/L; Hannah Koedam, MS, OTR/L; Alexandra Kautz, MS, OTR/L

This session will offer a beginner's guide to understanding sensory processing and how to use a sensory framework (A SECRET by Miller, Porter, and Bialer) for understanding a child's strengths/challenges and ways to support them in their daily lives. **Student Track.**

2:30pm-3:30pm

71 How Well Can You Talk the Talk? (1 PDU)

Mary Schmitz, OTD

Employing jargon and key buzzwords in our communication may be common practice. When communicating with other healthcare professionals, it is assumed to be understood. This session will advise on how to avoid the costly consequences of having clients and outside stakeholders misunderstand our communication.

2:30pm-3:30pm

72 An Innovative Approach to Wellness Utilizing Helping Occupations (1 PDU)

Ivory Tifa, OTD, MA, OTR/L

Helping others has been linked to multiple well-being improvements yet is mainly underutilized in occupational therapy. This session will cover how engaging clients in helping occupations can potentially improve client well-being while contributing to a more occupationally-just society. **Open to students.**

2:30pm-3:30pm

73 Delirium Prevention and Management: What Is OT's Role? (1 PDU)

Qianwen Liu, OTD, OTR/L; Elena Donoso Brown, PhD, OTR/L

Occupational therapy practitioners have unique skills to prevent and manage delirium using a person-centered approach. This session will provide an overview of evidence-based delirium prevention strategies and discuss occupational therapy's practice through a multi-component quality improvement project report.

2:30pm-3:30pm

74 Alexithymia: Tell Me How You Feel (1 PDU)

Stephanie Foster, PhD, OTR/L

Difficulty expressing emotion is a common but relatively unknown trait of people on the Autism Spectrum. This session will explore the little-known characteristic of Alexithymia and how sensory strategies can assist people with difficulty expressing emotion.

2:30pm-3:30pm

75 How Productivity and Resilience Training Impacts Undergraduates During COVID-19 (1 PDU)

Amy Belk, MS, OTR/L

Engagement in building resilience through meaningful occupations impacts the health and well-being of college students. When practitioners provide resilience and productivity education and training, college students are better equipped to manage stress and overcome challenges.

2:30pm-4:00pm

76 Preparing the Next Generation of Neonatal Occupational Therapy Practitioners (1.5 PDUs)

Roberta Pineda, PhD, OTR/L; Shawna Townsend, OTD, OTR/L, CNT, IBCLC, NTMTC; Lara Liszka, OTD, OTR/L; Adriana Rusch, OTR/L

The journey into NICU practice is not always easy. Opportunities to support the growth and development of neonatal therapists and activities that can be mutually beneficial to both students and experienced clinicians will be discussed.

2:30pm-5:30pm

77 DEI Workplace Approaches and Strategies for the OT (3 PDUs)

Chana Hiranaka, PhD, OTR/L; Taisha Trotman, MS, COTA/L; Erica Herrera, OTD, MOT, OTR/L, CHT; Seaton Ng, MS, OTR/L; Amy Zhao, OTD, OTR/L

Diversity, equity, and inclusion (DEI) in clinical OT practice is an often difficult issue. Panel presenters will provide strategies to address DEI through self-reflection, reducing microaggressions, inclusion, and cultural sharing in the workplace.

3:45pm-4:45pm

80 Well-Being: Let's Make "ME" a Priority (no PDUs)

Finding and experiencing well-being is a goal for many of us, yet despite all the knowledge readily available, we continue to struggle. Together we will explore barriers and strategies to initiate and maintain our well-being. **Student Track.**

3:45pm-4:45pm

81 The Leadership Toolkit for New Managers (1 PDU)

Kathryn Wise, OTD, MHSc, OTR/L

This interactive session will bring an opportunity to discuss and explore the essential leadership tools needed to assist clinicians in transitioning into formal leadership roles.

3:45pm-4:45pm

82 Cognitive Rehabilitation: Occupational and Speech Therapy Considerations (1 PDU)

Julia Gonzalez, OTR/L; Suzanne Newby, MA, CCC-SLP

OTs and SLPs have a role in cognitive rehabilitation within the adult population. To improve service delivery, join us to compare intervention strategies, examine professional responsibilities, and improve collaboration without duplication of services.

3:45pm-4:45pm

83 Sleep Deprivation in College: Evidence-Based Practices for OTs (1 PDU)

Tracy Jalaba, OTD, OTR/L

Despite impacts on health, well-being, and cognition, most college students get inadequate sleep. This session will demonstrate how occupational therapy practitioners can incorporate evidence-based interventions within lifestyle-based treatment to help college students improve their sleep.

SCHEDULE: SATURDAY, OCTOBER 29

3:45pm-5:45pm

84 Integrating Positive Psychology and Mindfulness into Practice (2 PDUs)

Don Gordon, PhD, OTR/L

Positive psychology and meditation are increasingly recognized for their psychological and cognitive therapeutic potential. This presentation will investigate recent research and include interactive elements, including positive psychology exercises and various forms of meditation. **Open to students.**

3:45pm-5:45pm

85 Collaborative Programs for Unhoused Families: Occupational Therapy's Role (2 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Courtney Boitano, OTD, OTR/L, BCBA-D; Graham Teaford, OTD, MS, OTR/L SCLV; Michelle Kaplan, OTS; Melissa Nuckolls, OTS; Hope Weseloh, OTS

In 2020, approximately one-third of the homeless population in the U.S. were families with children. This panel will describe an ongoing collaboration between an occupational therapy educational program and supportive housing designed for homeless families. **Open to students.**

4:15pm-5:45pm

86 Picky Eating Explained: Occupational Therapy's Role in Supporting Picky Eating (1.5 PDUs)

Judy Hopkins, OTD, OT/L, CLC; Briana Pollard, OTD, OTR/L, CLC

This session will give participants an overview of pediatric feeding disorders, emphasizing picky eating. Through videos and case studies, attendees will identify treatment strategies that support the complex aspects of feeding.

5:00pm-6:00pm

87 Student Perspectives: Opportunities for Advocacy in Role Emerging Fieldwork (no PDUs)

Erin McIntyre, MA, OTD, OTR/L; Jessica De Brun, MOT, OTD, OTR/L; Julie Quintana, MOT; Jawad Aqil, OTS

This session will provide an overview of the student experience of level II fieldwork in a role emerging community-based mental health setting. **Student track.**

5:00pm-6:00pm

88 Positive Workspaces: Steps to Improve Workplace Climate (1 PDU)

Deborah Bolding, PhD, OTR/L, FAOTA; Melisa Kaye, EdD, OTR/L

This session will explore types of incivility experienced by practitioners; how it affects individuals, clients, and the workplace; and practical steps practitioners and managers can take to mitigate incivility.

5:00pm-6:00pm

89 Fall Prevention in a High Tech World (1 PDU)

Raheema Hemraj, OTR/L

This session will look at the growth of technology in fall prevention and innovative 'high tech' tools available for detecting falls and providing fall risk education and interventions.

5:00pm-6:00pm

90 Transitioning from Clinician to Academician (1 PDU)

Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA; Terry Peralta-Catipon, PhD, OTR/L; Allen Espelita, OTD, OTR/L, C/NDT, CEAS

This session will focus on clinicians exploring and considering venturing into academia as a future practice environment. It will highlight academic career planning, preparation, expectations, and feature experiences of practitioners transitioning to academia.

6:00pm-7:30pm

G President's Reception: OT Olympics DJ and Dance Party | Selfie Station

OTAC president, Bryant Edwards, invites all Conference attendees to come to relax, network, and rejuvenate at this event (light hors d'oeuvre and no-host bar). OT Olympics, DJ and dance floor (learn some new cultural dance moves), and bring your Halloween mask for the selfie station. Plus, special invited legislative guest.

7:30pm-9:00pm

Alumni and Student Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school alumni and students. Always a Conference highlight.



SCHEDULE: SUNDAY, OCTOBER 30

SUNDAY, OCTOBER 30

7:15am-5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am-9:00am

H OTAC Annual Meeting | Keynote Address | Breakfast – (.5 PDUs)

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address.

Keynote Address: Occupational Justice for Underserved Populations (.5 PDUs)

Moderator: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Panelists: Courtney Boitano, OTD, OTR/L, BCBA-D; Heather Javaherian, OTD, OTR/L, FAOTA; Eugene Torres, BA, Program Manager



Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Learn how occupational justice can be used as a framework for underserved populations. This panel of occupational therapy practitioners and a program manager, who have deep roots in the unmet occupational needs of the underserved, unhoused, and domestic violence victims, will share their insights about 'being' aware of those who need OT but are not typical recipients of OT, the 'becoming' of a profession committed to serving all clients, and 'belonging' that supports all clients belonging to the community where occupational pursuits should be supported, regardless of payment status.

9:15am-10:45am

100 Marketing for Your OT Business: Challenges, Strategies, and Beyond! (1.5 PDUs)

Hiral Khatri, OTD, OTR/L

Were you thinking about starting your own OT practice? Or maybe you just recently launched your entrepreneurial enterprise. Learn about basic marketing strategies and tips and techniques to thrive in your OT business and reach your goals.

9:15am-10:45am

101 Self-Esteem: A Protective Mechanism for Adolescent Mental Health – A Mixed Methods Study (1.5 PDUs)

Praveen Injeti, OTD, OTR/L, MFT

This session will include psychometric data obtained post-study and how to administer the Injeti Self-Esteem Model, a psychoeducation intervention designed by an occupational therapy practitioner, in individual and group therapy.

9:15am-10:45am

102 Crucial Ideas that Shaped OT History (1.5 PDUs)

Don Gordon, PhD, OTR/L

This presentation will focus on the history of ideas that have profoundly shaped the profession. Key breakthroughs will be discussed with attendees, from the psychodynamic revolution and the rise of neuroscience to the birth of occupational science.

9:15am-12:15pm

103 Lifestyle Medicine and Occupational Therapy: Promoting Health and Well-Being in Adolescents

Rachelle Murphy, DHSc, OTR/L, DipACLM; Christy Billock, PhD, OTR/L, DipACLM

This presentation will explore lifestyle medicine solutions that can be integrated into occupational therapy to promote healthy living and improved well-being in our adolescent population. Participants will learn about current evidence supporting lifestyle medicine while engaging in practical activities that can easily be integrated into therapy sessions.

SUNDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am-9:00am

H OTAC Annual Meeting | Keynote Address | Breakfast – (.5 PDUs)

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Learn how occupational justice can be used as a framework for underserved populations. This panel of occupational therapy practitioners and a program manager, who have deep roots in the unmet occupational needs of the underserved, unhoused, and domestic violence victims, will share their insights about 'being' aware of those who need OT but are not typical recipients of OT, the 'becoming' of a profession committed to serving all clients, and 'belonging' that supports all clients belonging to the community where occupational pursuits should be supported, regardless of payment status.

12:30pm-1:30pm

OT Practice Café/Lunch | Networking Lunch -- \$20

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch and be eligible to win \$50 in gift cards and other prizes.

4:30pm-5:00pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. (Yes, we appreciate the super learners who stay to the end of Conference!) Drawings will be made at 4:30pm. Check the board at the registration table between 4:30pm-5:00pm. Must be present to win.

9:15am-12:15pm

104 Diversity, Equity, and Inclusion in OT Schools: What Is Current Pedagogy? (3 PDUs)

Sharon Pavlovich, EdD, COTA/L; Ashley O'Toole, OTS; Ismari Altamirano, OTS; Ben Byer, OTS

In light of AOTA's mission to promote diversity, presenters will discuss equity, inclusion, and current pedagogical practices employed by occupational therapy faculty about how they prepare students to deliver services with DEI in mind.

DID YOU KNOW?

ATTENDEES WHO STAY THROUGH SUNDAY AFTERNOON SESSIONS ARE ELIGIBLE FOR VALUABLE PRIZE DRAWINGS.

SCHEDULE: SUNDAY, OCTOBER 30

9:15am-12:15pm

105 Fostering Community Engagement for TBI and CVA Clients (3 PDU)

Michelle Tipton-Burton, MS, OTR/L; Bailey Coe, OTS; Client Panelists

Occupational therapy's role during the acute rehabilitation of individuals with a traumatic brain injury (TBI) and Cerebral Vascular Accident (CVA) has been well established. This presentation will describe the challenges faced by TBI and CVA survivors as they re-enter the community and role of occupational therapy to support inclusive services. Client panelists will share the lived experience of TBI survivors.

11:00am-12:30pm

106 Promoting Niche Occupational Therapy Through Social Media (1.5 PDU)

Annette Hatala, OTD, OTR/L; Arielle Zhu, OTS; Hannah De Silva, OTS

This interactive session will explain how social media can help promote occupational therapy niches, using AAROM aquatic therapy and gardening therapies as examples. Participants will learn to explore, create, and publish videos on various platforms.

11:00am-12:30pm

107 OT on the Go: Addressing Travel Needs (1.5 PDU)

Marissa Marchioni, OTD, OTR/L; Samantha Valasek, OTD, OTR/L

Travel is a context within which other occupations are performed, such as family social participation, health management tasks, and sleep. While performing occupations may be successful at home, challenges occur in contexts presented during travel.

11:00am-12:30pm

108 Unlikely Partners? An Innovative Ergonomic Fieldwork with Dentistry (1.5 PDU)

Kassandra Chavez, OTS; Jessica Uyehara, OTS; Daisy Palafox, OTS

Ergonomics can be an innovative OT level I fieldwork opportunity. The presenters will describe a model for and benefits of ergonomic fieldwork with dentistry, including conducting evaluations, analyzing risk factors, documenting, interdisciplinary collaboration, and advocacy.

12:30pm-1:30pm

OT Practice Café/Lunch | Networking Lunch -- \$20

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch required. Be eligible to win \$50 in gift cards and other prizes.

1:30pm-3:00pm

110 Understanding Seizure Disorders: An Occupational Approach to Treatment (1.5 PDU)

Don Gordon, PhD, OTR/L

Seizure disorders produce a wide variety of deficits that impact quality of life. The session will focus on education pertaining to epileptic and non-epileptic seizures and how occupational therapy interventions may enhance engagement and coping.

1:30pm-3:00pm

111 Technological Innovations in Rehab: An Introductory Course (1.5 PDU)

Kathryn Wise, OTD, MHSc, OTR/L

This session will explore key concepts in technology and innovation. Attendees will review innovation theories, current trends, design thinking, and a discussion on how to bring an idea to market.

1:30pm-3:00pm

112 Holistic Education in OT: Establishing Best Admissions Practices (1.5 PDU)

Amber Bennett, OTD, OTR/L

AOTA's Vision 2025 requires the establishment of a diverse workforce, which begins with educational programs. Viewing education holistically encompasses recruitment, admissions, and retention, however models for best-practice have not been established for occupational therapy education.

1:30pm-3:00pm

113 Tools of Cultural Competence for Awareness and Sensitivity (1.5 PDU)

Shanpin Fanchiang, PhD, MS, MA, OTR/L; Jessica De Brun, OTD, MOT, OTR/L

Addressing diversity, equity, and inclusion (DEI) is urgent. Attendees will learn to recognize a few cultural competence models and related standardized measures to help identify potential blind spots to aid strategies for DEI.

1:30pm-4:30pm

114 Using Clinical Reasoning to Solve Challenges Encountered in Pediatric Practice (3 PDU)

Lisa Test, OTD, OTR/L, FAOTA; Erna Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L

Through small group discussion and hands-on problem solving, participants will be required to systematically analyze video presentations, generate hypotheses based on data presented, and plan interventions. Multidimensional pediatric treatment approaches will be explored.

1:30pm-4:30pm

115 Evidence-Based Oral and Pharyngeal Dysphagia: Conditions and Intervention (1.5 PDU)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn 'Gigi' Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed with evidence describing common problems for both phases of the swallow. Specific interventions will be discussed and applied using case illustrations.

3:15pm-4:45pm

120 Wired: Considering Cognitive Performance Needs and Technology Use (1.5 PDU)

Marissa Marchioni, OTD, OTR/L; Emma Schiewe, OTD, OTR/L

Attendees will learn to assess and apply technologies to compensate for cognitive deficits, support health management during the use of technology, and leverage technology as a rehabilitative tool for cognition.



ALL SESSIONS
ON SUNDAY
ARE OPEN TO
STUDENTS

SCHEDULE: SUNDAY, OCTOBER 30

3:15pm-4:45pm

121 Developing Acute Care Competency Through Inter-Professional Simulation-Based Education (1.5 PDUs)

Maura Lavelle, MS, OTR/L, CHSE; Wendy Brzozowski, BS, COTA/L; Emily Gherghel, PT, DPT, CCI

This presentation will highlight using computer-based simulation to enhance students' preparedness and competencies in acute care settings within an inter-professional team. The presenters will discuss strategies to meet specific curriculum standards.



3:15pm-4:45pm

122 Establishing a Gender-Affirming Surgery Continuum of Care (1.5 PDUs)

Daphne Carcedo, MA, OTR/L

This session will review OT's role in gender-affirming care with a focus on the need for an appropriate continuum of care for patients seeking gender-affirming surgeries and provides ideas for a working infrastructure.

123 An OT-Led Lifestyle Medicine Program for University Students: Implications for Educators and Clinicians (1 PDU)

Dragana Krpalek, PhD, OTR/L; Julie Kugel, OTD, OTR/L, DipACLM

Designed by an OT and founded on lifestyle medicine, outcomes of the online "5 Minutes to a Healthier You" pilot program will be reviewed. Attendees will discuss applications for the classroom and various clinical settings.



4:30pm-5:00pm

OT Sunday Super Learners' Prize Drawings

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WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

A great opportunity to be involved

The hands-on experience

The topics

My employer invited me to attend and paid for my registration

It was affordable

The variety of sessions

To practice my networking skills

To earn PDUs all in one place

Weekend availability

It is a friendly environment

I always attend

Attended for my own well-being



CONFERENCE AT-A-GLANCE

THURSDAY

Registration Hours - 8:00am-6:30pm

9:00am	10 Anti-Asian American Pacific Islander Bias: Micro-Aggressions to Violence (1 PDU)		17 Elevating Our Client Services Through Inter-Professional Collaborations (6.25 PDU) Lunch included in registration fees for this session only.  Occupational Therapy Association of California  California Association for the Education of Young Children  IDA CALIFORNIA SUPPORTING CALIFORNIA'S EARLY INTERVENTION COMMUNITY
10:15am	11 Next 10 Exits: Reflections on Race in Vallejo (1 PDU)		
11:30am	12 Ethical Application of "Choosing Wisely" to Practice OT (1 PDU)	13 The Role of OT in Multidisciplinary Chronic Pain Management (1.5 PDUs) (This session ends at 1:00pm)	
12:30pm	Lunch on Own		
2:00pm	14 Mental Health in Everyday Practice: Changing Policy, Informing Systems, Affecting Change (3 PDUs)	15 Finding Your Grounding Amidst the Storms: A Mindfulness-Based Approach to Balance, Clarity, Understanding, and Wisdom (1.5 PDUs)	
3:45pm		16 Life(style) on Pause: Trends in Self-Care During COVID-19 (1.5 PDUs)	
5:00pm			
5:15pm			
6:00pm	A - Movie Night: Lead Me Home (.5 PDUs) - All Attend (6:00pm-7:30pm)		

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CONFERENCE AT-A-GLANCE

FRIDAY

7:15am	Friday Registration Hours (7:15pm-5:00pm)							
7:15am	B - Mind-Body Activities: Easy Yoga (no PDUs)							
8:15am	20 State Legislative and Regulatory Updates (1.5 PDUs)	21 Like a Boss: Salary Negotiations and Job Searches (no PDUs) ST	22 QUEST: An Integrative Executive and Regulatory Function Program (1.5 PDUs)	23 Caregiver Engagement in Assessment of 6- to 16-Month-Old Infants (1.5 PDUs)	24 A Study of Functional Cognition Following Immunotherapy Cancer Treatment (1.5 PDUs)	25 Getting Finger Amputees Back to Work (1.5 PDUs)	26 Lifestyle Redesign™ for Weight Management: Supporting Clients and Clinical Applications (1.5 PDUs)	27 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs) (This session will break from 11:30am-1:00pm)
10:00am	30 Keeping Licensees Informed - What YOU Need to Know (1.5 PDUs)	31 Advancing Occupational Therapists' Role in Addressing Systemic Racism: Student Perspectives (No PDUs) ST	32 Oral-Motor Reflexes and Their Role in Eating (1.5 PDUs)	33 Providing Authentic Family-Centered Services: Early Intervention and Telehealth (1.5 PDUs)	34 The Kawa Model Can Flow into Your Practice (1.5 PDUs)	35 Management of Upper Extremity Injuries: Why Lifestyle Factors Matter (1.5 PDUs)	36 Occupational Therapy's Role in Dismantling Anti-Fat Biases (1.5 PDUs)	
11:30am	CFOT Awards Luncheon and Symposium (.5 PDU) - Separate Ticket Required - \$85 (Students - \$85 or \$10 no lunch/gallery seating)							
1:00pm	40 NBCOT® National Certification Exam: Information You Need to Know (NO PDUs) ST	41 NICU Graduates Play Group: Supporting Occupational Engagement (No PDUs) ST	42 Watch a Therapist Get Sued: An Inter-Professional Simulation (2 PDUs)	43 Neuroscience-Backed Approaches to Help Manage Challenging Behaviors (2 PDUs)	44 Effective Strategies to Reduce Falls in Older Adults (2 PDUs)	45 Integrating Occupation-Based Practice into Hand Therapy (2 PDUs)	46 Mindfulness, Resilience, and Social Justice (2 PDUs)	
2:00pm	47 Your National OTR or COTA Credential: What It Means for You (1 PDU)	48 Adapted Parenting in the Neonatal Intensive Care Unit (1 PDU)						
3:00pm	All Proceed to the Awards Ceremony and Keynote Address							
3:15pm	49 - OTAC Awards Ceremony and Keynote Address (.5 PDUs)							
5:15pm	C - Innovation Expo Grand Opening Reception Halloween Mask Contest							
7:30pm	Alumni and Student Receptions							

Note: ST = Students Only

CONFERENCE AT-A-GLANCE

SATURDAY

7:15am	Saturday Registration (7:15am-6:00pm)							
7:15am	D - Mind-Body Activity: Easy Yoga E - OTAC Leadership Institute							
8:00am	50 Ready to Start Your Own Business? (1 PDU)	51 Too Much Sitting? Alternatives for Incorporating More Movement (1 PDU)	52 Skipping the Lines: When Cognition Dictates School-Based Practice (1 PDU)	53 Occupational Therapy in a University Academic Setting (1 PDU)	54 Occupational Rights in the Micro, Meso, and Macro Levels of Practice (1.5 PDUs)	55 The Role of OT in POTS Self-Management (1.5 PDUs)	56 Sensory Strategies for Self-Regulation and Mindfulness (1.5 PDUs)	57 Addressing Population and Cultural Health Through Occupation (3 PDUs)
9:15am	60 Connecting Recovery to the Value of Meaningful Living (1 PDU)	61 Enhancing Middle Schoolers' Self-Determination Through Inter-Professional Collaboration (1 PDU)	62 An OT-Led Lifestyle Medicine Program for NOW SESSION 123 Clinicians (1 PDU)	63 Creating a Vision of Meaning (2 PDUs)				
9:45am					64 Clients in Crisis: Showing Up and Nurturing Resilience (1.5 PDUs)	65 Occupation-Based Rehabilitation of Acute Post-Surgical Total Shoulder Arthroplasty (1.5 PDUs)	66 Facilitating Inter-Professional Collaboration in Pediatric Mental Health (1.5 PDUs)	
10:30am	67 Application of Complementary Medical Techniques in OT Practice (1 PDU)	68 Sensory Processing and Social Participation of Preschoolers (1 PDU)	69 Building Resilience: A Post-Pandemic Program for Teachers and Students (1 PDU)					
11:30am	F - Innovation Expo Posters Grab and Go Lunch - \$20 (must advance purchase) Halloween Mask Contest							
2:30pm	70 Supporting Children through Challenges Using a Sensory Framework (no PDUs) ST	71 How Well Can You Talk the Talk? (1 PDU)	72 An Innovative Approach to Wellness Utilizing Helping Occupations (1 PDU)	73 Delirium Prevention and Management: What Is OT's Role? (1 PDU)	74 Alexithymia: Tell Me How You Feel (1 PDU)	75 How Productivity and Resilience Training Impacts Undergraduates During COVID-19 (1 PDU)	76 Preparing the Next Generation of Neonatal Occupational Therapy Practitioners (1.5 PDUs)	77 DEI Workplace Approaches and Strategies for the OT (3 PDUs)
3:45pm	80 Well-Being: Let's Make "ME" a Priority (no PDUs) ST	81 The Leadership Toolkit for New Managers (1 PDU)	82 Cognitive Rehabilitation: Occupational and Speech Therapy Considerations (1 PDU)	83 Sleep Deprivation in College: Evidence-Based Practices for OTs (1 PDU)	84 Integrating Positive Psychology and Mindfulness into Practice (2 PDUs)	85 Collaborative Programs for Unhoused Families: Occupational Therapy's Role (2 PDUs)	86 Picky Eating Explained: Occupational Therapy's Role in Supporting Picky Eating (1.5 PDUs)	
5:00pm	87 Student Perspectives: Opps. for Adv. in Role Emerging Fieldwork (no PDUs) ST	88 Positive Workspaces: Steps to Improve Workplace Climate (1 PDU)	89 Fall Prevention in a High Tech World (1 PDU)	90 Transitioning from Clinician to Academician (1 PDU)				
6:00pm	G - President's Reception: OT Olympics DJ and Dance Party!							
7:30pm	Alumni and Student Receptions							

Note: ST = Students Only

CONFERENCE AT-A-GLANCE

SUNDAY

7:15am	Sunday Registration (7:15am-5:00pm)					
7:30am	H - OTAC Annual Meeting, Breakfast and Keynote (.5 PDUs)					
9:15am	100 Marketing for Your OT Business: Challenges, Strategies, and Beyond! (1.5 PDUs)	101 Self-Esteem: A Protective Mechanism for Adolescent Mental Health – A Mixed Methods Study (1.5 PDUs)	102 Crucial Ideas that Shaped OT History (1.5 PDUs)	103 Lifestyle Medicine and Occupational Therapy: Promoting Health and Well-Being in Adolescents (3 PDUs)	104 Diversity, Equity, and Inclusion in OT Schools: What Is Current Pedagogy? (3 PDUs)	105 Fostering Community Engagement for TBI and CVA Clients (3 PDUs)
11:00am	106 Promoting Niche Occupational Therapy Through Social Media (1.5 PDUs)	107 OT on the Go: Addressing Travel Needs (1.5 PDUs)	108 Unlikely Partners? An Innovative Ergonomic Fieldwork with Dentistry (1.5 PDUs)			
12:30pm	OT Practice Café/Lunch - \$20 (must advance purchase) Come discuss hot practice topics.					
1:30pm	110 Understanding Seizure Disorders: An Occupational Approach to Treatment (1.5 PDUs)	111 Technological Innovations in Rehab: An Introductory Course (1.5 PDUs)	112 Holistic Education in OT: Establishing Best Admissions Practices (1.5 PDUs)	113 Tools of Cultural Competence for Awareness and Sensitivity (1.5 PDUs)	114 Using Clinical Reasoning to Solve Challenges Encountered in Pediatric Practice (3 PDUs)	115 Evidence-Based Oral and Pharyngeal Dysphagia: Conditions and Intervention (3 PDUs)
3:15pm	120 Wired: Considering Cognitive Performance Needs and Technology Use (1.5 PDUs)	121 Developing Acute Care Competency Through Inter-Professional Simulation-Based Education (1.5 PDUs)	122 Establishing a Gender-Affirming Surgery Continuum of Care (1.5 PDUs)	123 An OT-Led Lifestyle Medicine Program for University Students: Implications for Educators and Clinicians (1 PDU)		
4:30am	OT Sunday Super Learners' Prize Drawings					

POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, October 29, 2022** – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm in the Exhibit Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDU for each poster with a maximum allowed of 2 PDUs for the two-hour session.

An Occupation-Based Approach to Nonprofit Administration

Sara Macaluso, OTS; Kiley Hanish, OTR/L, PMH-C

An OT-Led Suicide Prevention Program (VIRTUAL)

Kimberly Everett-Eaton, OTD

Circle of Support – OT-Led Parent Support Group

Sophie Lipman, MA, OTR/L; Christine Turnbull, OTD, OTR/L

Community-Based Practice for Underserved Stroke Survivors

Fan Hannah, OTS; Suzette Chavez, OTS; Jessica German, OTS; Sheryl Ryan, OTR/L

Culturally Informed Care for the Hmong Community

Dora Vang, OTS

Developing Cultural Humility and Professionalism Through International Study

Cailey Bath, OTS; Cynthia Martinez, OTS; Gavin Ellis, OTS; Lynne Andonian, PhD, OTR/L; Megan C. Chang, PhD, OTR/L

Development of an OT Intake Protocol Within a Pediatric Community-Based Mental Health Setting

Elizabeth Zepeda, OTD, OTR/L

Early Mobilization for a Teenager with Dilated Cardiomyopathy (VIRTUAL)

Jennifer Rivera, OTD, OTR/L, CLC, NTMTC

Elevating Occupational Therapy: Unique Utilization of Ceiling Lifts

Shohei Takatani, MS, OTR/L, CFPS, CGCP; Amanda Schneider, MOT, OTR/L, RPCF, CFPS; Kelsey LaTourette, MS, OTR/L, CFPS

Experiences of Occupational Therapists Working with Unhoused Populations

Sandra Ngo, OTS; Faith-Rheanna Ignacio, OTS; Sheryl Ryan, PhD, OTR/L

Exploring Mothering Occupations of Women with Physical Disabilities

Emily Acker, OTS; Hannah Chang, OTS; Annabelle Clegg, OTS; Megan Gibson, OTS

Facilitated Group Discussions and the Capstone Project (VIRTUAL)

Kathryn Wise, OTD, MHSc, OTR/L; Natalie Perkins, DrOT, MEd, OTR/L

Fostering Socio-Emotional Learning Utilizing Trauma-Informed Care (TIC) in SF and LA Areas

Suzanne Afuso-Sugano, MS, OTR/L; Dana Granado, OTR/L; Teresa Ricardo, OTR/L; Giovanna Lopez, OTD, OTR/L

Homework Strategies to Enhance Student Learning and Satisfaction (VIRTUAL)

Nicole Apodaca, OTS; Marieka Drovín, OTS; Stephanie Lake, OTS; Brian Kim, OTS

KnockoutPD! Can Adherence to Home Programs Be Achieved?

Shawn Lopez, OTS; Brennan Decena, OTS; Caroline Stafford, OTS; Judith Marie Cantiller, OTS

Life After Brain Injury - Survivor and Family Perspectives

Brandon Duenas, OTS; Gary Eng, OTS; Haleli Moalem, OTS; Miguel Regidor, OTS

Life After Pediatric Brain Injury - Family Perspectives (VIRTUAL)

Shaina Snyder, OTS; Cathy Kintanar, OTS; Allison Wyek, OTS; Elijah Tolentino-Medios, OTS

Lived Experiences of First- Generation Immigrants Accessing Healthcare (VIRTUAL)

Morgan Kumlin, OTS; Minji Kim, OTS; Shekinah Laylo, OTS; Sonia Monreal-Alvarez, OTS

Measuring Outcomes of Outdoor Occupational Therapy in Children (VIRTUAL)

Brinda Saini, OTS; Gurdeepak Dale, OTS; Zoe Peters, OTS; Amie Smith, OTS; Amanda Laccone, OTS

My Therapist is the Trees: A Phenomenological Study

Nina Hoang, OTS; Caitlin Terry, OTS; Kristina Ballard, OTS; Ria Glassman, OTS

Occupational Justice for Women Survivors of IPV

Jennifer Robbins, OTS, MSOT; Sheryl Ryan, PhD, OTR/L

Occupational Participation in LGBTQIA+ Individuals After Coming Out

Rachel Lee, OTS; Rebecca Moore, OTS; Yevgeny Medalle, OTS; Sheryl Ryan, PhD, OTR/L

OT and Motivational Interviewing with Parkinson's Disease (VIRTUAL)

Masha Rotfeld, OTS; Caitlin Matts, OTS; Katrina Long, EdD, MS, OTR/L

Occupational Therapy Sleep Interventions for Adults

Enjoli Filemu, OTD, OTR/L; Eileen Batista, OTS; Kristine Paragas, OTS

Occupation-Based CNA Dementia Training to Build Self-Efficacy

Michelle Hong, OTS; Judy Chen, OTS; Lucky Ung, OTS; Gina Tucker-Roghi, OTD, OTR/L, BCG

Older Chinese-American Leisure Interests and Modified Interest Checklist

Mitchell Hawkins, OTS; Deborah Bolding, PhD, OTR/L, FAOTA

POSTER PRESENTATIONS

OT Collaboration in Creating Accessible Theatre (VIRTUAL)

Ariana Marino, OTS; Jazmine Cunanan, OTS;
Chanelle Bautista, OTS; Alyssa Cho, OTS;
Caroline Umeda, PhD, OTR/L;

Pediatric Stroke Outcome Measures: A Systematic Review

Jordan Ng, OTS; Reilly Todd, OTS; Janice Brown, OTS;
Alyssa Vo, OTS

Perceptions of Male OTs on Delivering Hands-On Care to Pediatric Female Clients

Lydia Lee, OTS; Mina Kim, OTS; Sheryl Ryan, PhD, OTR/L

Resilience: Influence on Parents of Children with ASD

Elana Candiotti, OTS; Kate Hatch, OTS;
Chiana Hosseini, OTS; Carley Kruger, OTS;
Megan Chang, PhD, OTR/L

Sensory Processing, Sleep Quality, and Mental Health Diagnoses

Mckenzie Brown, OTS; Cean Arada, OTS; Anna Dayley, OTS;
Matthew Kawakami, OTS; Megan Chang, PhD, OTR/L

Sensory Profiles of Toddlers in a Homeless Shelter

Devyn Shum, OTS; Katarina Miller, OTS; Anna Burton, OTS;
Nikita Long, OTS; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Sleep Hygiene Toolkit for Patients in ARU

Thitiporn Wajanakunakorn, MA, OTR/L;
Joshua Kotler, OTD, OTR/L

Sleep, Sensory Processing, Emotional States Among Older Adults

Maddie Bennet, OTS; Bailey Coe, OTS; Katherine Schultz, OTS;
Erin Serrano, OTS; Angela Santana, OTS;
Megan Chang, PhD, OTR/L

Social Media Use, Friendship, and Loneliness in Young Adults with Disabilities

Chiao-Ju Fang, PhD, OTR/L; Dennis Chau, OTS; Krista Conn, OTS;
Annie Duong, OTS; Kellie Fineman, OTS; Ryan McBride, OTS

Stress and Self-Efficacy Among Parents Experiencing Homelessness

Lauren Worley, OTS; Angela Yeon, OTS;
Tiffany Wong, OTS; Eden Wong, OTS; Hope Weseloh, OTS;
Courtney Boitano, OTD, OTR/L, BCBA-D;
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Supporting OT Collaboration with Caregivers in SNFs

Lovegifty Duderio, OTS; Mai Huynh, OTS; Ridhee Patel, OTS;
Gina Tucker-Roghi, OTD, OTR/L, BCG

Tattoos and Stilettos: The Meaning of Clothing for Disabled Adults

Chris Simmons, OTS; Saba Rezvani, OTS; Sheryl Ryan, PhD, OTR/L

The L(OT)US Project: A Resilience Program for OT Students

Melissa Morini, OTS; Regine Saldivar, OTS; Caroline Umeda, OTR/L

Trauma-Informed Care for Gun Violence Survivors

Sara Macaluso, OTS; Grace Agnes, OTS

MEET OUR SUPPORTERS

EXPO HALL DAYS

Friday, October 28 • 5:15pm–7:15pm and
Saturday, October 29 • 11:30am–2:15pm

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Praveen Injeti, OTD, OTR/L, MFT	20, 25, 27				



CONFERENCE REGISTRATION FORM INSTRUCTIONS

SEE PAGE 3
FOR DEADLINES
TO REMEMBER

(form on page 38)

1. **Registrant:** Please print or type all data. (Online registration is available on the OTAC website at www.otaconline.org through October 14, 2022 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. *Registration forms will NOT be accepted if you select overlapping sessions.*
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
 - You must check all boxes that apply or your registration is not complete.
 - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
 - Special Meal Needs: You must pre-register by October 14, 2022 or we may not be able to accommodate you.
 - Special Needs: You must pre-register by October 14, 2022.
 - Special Activities (SA): These events must be prepaid. There most likely will be no 'at-the-door' availability. Seating is limited.
 - Refund Policy: A refund, less \$75 administrative fee (\$45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 14, 2022. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 3 for Deadlines to Remember.

ATTENTION

CONFERENCE ATTENDEE AGREEMENTS/ DISCLAIMERS

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2022 Annual Conference & Expo, I agree to the following:

Professional Development/Information Disclaimer

OTAC's 2022 Annual Conference & Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals in arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

Waiver of Liability Agreement

By registering for any component of this conference, I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2022 Annual Conference & Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

WORKPLACE COLLEAGUE DISCOUNT

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together, you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 14, 2022.

Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 14, 2022.
- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

CONFERENCE REGISTRATION FORM

See page 3 for deadlines and increases to Early Bird Registration Rates!



1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____
 Last Name _____ Credentials _____
 Home Address _____
 Home City/State/Zip _____
 Phone Home (____) _____ Work (____) _____ Cell (____) _____
 Email _____ First Time Attendee Yes No
 Who to contact in case of an emergency: (Name and cell phone) _____

2. PROGRAM SELECTION: (Circle) the sessions/activities you will attend. Sessions/activities are included in registration for the corresponding day. **You may not register for overlapping sessions.**

AM Additional fees required for Thursday	10	17	20	21	22	23	24	25	26	27	50	51	52	53	54	55	56	57	100	101	102	103	104	105				
	11		30	31	32	33	34	35	36		60	61	62	63	64	65	66		106	107	108		110	111	112	113	114	115
	12		13	40	41	42	43	44	45		46	70	71	72	73	74	75		76	77	110		111	112	113	114	115	
PM Additional fees required for Thursday	14	15	47	48							80	81	82	83	84	85	86		120	121	122	123						
	16											87	88	89	90													
ACTIVITIES	A		49	B		C				D		E		F		G				H								

3. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE SEPTEMBER 1, 2022	FRI./SAT./SUN.	FRI. ONLY	FRI./SAT.	FRI./SUN.	SAT. ONLY	SAT./SUN.	SUN. ONLY
OT/OTA	\$319	\$149	\$269	\$269	\$149	\$269	\$149
OTS (Student-MOT or OTA)	\$159	\$89	\$119	\$119	\$89	\$119	\$89
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add \$130 to the fees above • OTA: Add \$100 to the fees above • Students (MOT/OTA) add \$50 to the fees above. This add-on fee qualifies you for a 1-year membership if you have not been a member since 7/2020.						

4. SUMMARY SECTION: Fill in and check all boxes that apply or your registration form is not complete and may be subject to additional fees.

- Registration Fee (from Section 3 above) \$ _____
- Workplace Colleague Special Discount (Subtract 10%) \$(____)
- Non-OTAC Member Fee (OT) \$130 – (May Include Membership) \$ _____
- Non-OTAC Member Fee (OTA) \$100 – (May Include Membership) \$ _____
- Non-OTAC Student Member Fee \$50 – (May Include Membership) \$ _____
- Session 10 (Members \$0/Nonmembers \$19) \$ _____
- Session 11 (Members \$0/Nonmembers \$19) \$ _____
- Session 12 (Members \$19/Nonmembers \$39) \$ _____
- Session 13 (Members \$0/Nonmembers \$19) \$ _____
- Session 14 (Members \$39/Nonmembers \$59) \$ _____
- Session 15 (Members \$19/Nonmembers \$39) \$ _____
- Session 16 (Members \$19/Nonmembers \$39) \$ _____
- Session 17 (Members \$109/Nonmembers \$139) \$ _____
- SA: Guest Registration (see page 5) _____ @ \$80ea. \$ _____
- SA: Friday CFOT Symposium/Lunch _____ @ \$85ea. \$ _____
- SA: Friday CFOT Symposium/No Lunch _____ @ \$10ea. (students only) \$ _____
- SA: Saturday Expo Lunch _____ @ \$20ea. \$ _____
- SA: Sunday Breakfast: Extra Ticket _____ @ \$40ea. \$ _____
- SA: Sunday OT Practice Café/Lunch: Ticket _____ @ \$20ea. \$ _____
- Saturday Exhibit Hall Only: Member \$0/Nonmember \$25 (OT/OTA/OTS Only) \$ _____
- Registration received between 9/1/22-10/14/22 – \$60 (Add) \$ _____
- Registration received after 10/14/22 onsite – \$90 (Add) \$ _____
- TOTAL (Send check or use credit card) \$ _____

5. PAYMENT INFORMATION

Do not email your registration from with credit card information. Emails are not secure, please fax to the secure number listed below.

AMEX MasterCard Visa Discover
 Check # _____ (Payable to OTAC)
 Card Number _____ VCode* _____
 Name of Cardholder _____ Exp. Date _____
 Card Billing Address _____
 City _____ State _____ Zip _____
 Signature _____

*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

WORKPLACE COLLEAGUE DISCOUNT (Must register by October 14):
 See page 37 for details
 Employer _____
 Employer Address _____

SPECIAL MEAL AND NEED REQUESTS: (Must register by October 14)
 Attach description of requests.

6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax
 Mail OTAC, PO Box 276567, Sacramento, CA 95827-6567
 Online www.otaconline.org

7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 693-7079
By Email: staff@otaconline.org

*Beginning October 5, 2022, registration will only be accepted "on-site" at the Hyatt Regency Santa Clara and the fee increases \$90.

*Cancellation Fee: \$75/Practitioners; \$45 Students. Must cancel by October 14, 2022.

*No refunds after October 14, 2022.

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