

OTAC 2024 **7TH** Annual
**ONCOLOGY
SYMPOSIUM**
VIRTUAL • FEB 3 •

Saturday,
February 3, 2024

8:30am – 2:30pm
Earn 5.5 PDUs

Sponsored by



VIRTUAL OT IN ONCOLOGY

7TH ANNUAL SYMPOSIUM

WHY ATTEND

This Symposium presents a unique opportunity to learn from occupational therapy (OT) practitioners and other healthcare experts who are pioneering the way for improved outcomes and quality of life for oncology clients. Come learn about new treatments and share ideas with other practitioners in this emerging practice area.

WHO SHOULD ATTEND

Practitioners, faculty, and students who are interested in learning about OT's role in oncology or looking to improve their current oncology practice.

TOPIC AREAS

- Pelvic Floor Rehabilitation
- Pediatric Oncology and Mental Health
- Cosmetology's Supportive Role
- Returning to Work
- Coping with Grief

SYMPOSIUM CHAIR

Sherry M. Hite, MOT, OTR/L

REGISTRATION

<https://bit.ly/24oncology>

Symposium Schedule (5.5 PDU's)

8:30am – 8:45am

Welcome and Introduction

Sherry M. Hite, MOT, OTR/L, Co-Chair, OTAC Professional Development and Leadership Committee, and Chair, OT and Oncology Symposium

8:45am – 9:45am

Oncologic Considerations in Pelvic Floor Rehabilitation

Gouri V. Varatkar, PT, MPT, CAPP

This session will discuss the impact of a variety of cancer diagnoses such as gynecological, bladder, prostate, colo-rectal, and hematological cancers on pelvic health. We will discuss current guidelines for assessment and treatment of cancer-related impairments and barriers to participation that can impact outcomes. Finally, we will outline strategies to improve patient adherence to therapist recommendations.

9:45am – 10:45am

Implications of Pediatric Oncologic Treatment on Mental Health

LeNia Goff, OTD, OTR/L

Pediatric cancer survivors face an array of complex challenges and many experience limitations in their functional participation due to mental health impairments. Occupational therapy practitioners play a unique role in addressing the impact of mental health impairments on meaningful activity with restorative and adaptive interventions. This presentation will explore a holistic and patient-centered approach to care as well as the role of occupational therapy in a multidisciplinary team to address the mental health concerns of pediatric cancer survivors.

10:45am – 11:00am

Break

11:00am – 12:00pm

Cosmetology's Supportive Role in Cancer Care

Cassie Polchow

This presentation will explore the do's and don'ts of makeup, skincare, scalp care, nail care, and body care products. We will discuss recommendations of products patients may need while going through chemotherapy and radiation treatments and an overview of services and resources available for patients across the continuum of treatment.

12:00pm – 1:00pm

Returning to Work After Brain Cancer

Christina Weyer Jamora, RN, PhD, CBIST

Returning to work after brain cancer can be daunting for many patients and the rehabilitation specialists who help them. This session will review important considerations in the context of work abilities in adults with primary brain cancer.

1:00pm – 1:15pm

Break

1:15pm – 2:15pm

Coping with Grief and Loss as We Care for Others in Oncology

Rev. Jonathan Timothy Stoner, MDiv, BCC

In this session, we will focus on how to care for our hearts and souls as we care for cancer patients and their loved ones. We will also spend a portion of our time together discussing what to say (and what not to say) to someone who is grieving. There will be an interactive portion of the presentation where attendees can give examples of statements from patients and their loved ones they had difficulty responding to. We will discuss possible responses and share strategies for how to be present with patients and their families who are processing a poor prognosis and facing an uncertain future.

2:15pm – 2:30pm

Wrap Up and Q&A

Past Symposium Attendee Comments

Thank you very much for another excellent workshop to teach OT practitioners about cancer rehab.

Great comprehensive and organized lectures.

This was amazing and inspiring.

Symposium Presenters



LeNia Goff, OTD, OTR/L, is a senior occupational therapy practitioner at MD Anderson Cancer Center. She is a graduate of Creighton University and has been a pediatric practitioner for the last five of her six years in practice. Her passion for pediatrics has guided her to pursue it in all its forms to best identify how to make

a difference within this population as a practitioner. She has worked within the outpatient, early intervention, home health, and acute oncology setting.



Christina Weyer Jamora, RN, PhD, CBIST, is a licensed psychologist with a specialization in rehabilitation neuropsychology and a registered nurse. She is a professor in the Department of Neurosurgery and Brain Tumor Center at UCSF. She is also the director of the Neuropsychology Service at

Zuckerberg San Francisco General Hospital (ZSFG) and co-chairs the American Congress of Rehabilitation Medicine Cancer and Cognition Task Force. She is a published author, and she has been practicing in San Francisco for over 15 years. In her clinical practice, she works with patients and caregivers to help understand and treat their thinking difficulties after brain cancer treatment and related neurodegenerative disorders.



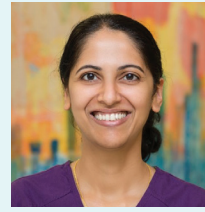
Cassie Polchow has been a licensed cosmetologist for 20 years and the senior cosmetology oncology specialist in the Positive Image Center at City of Hope for 18 years. She is certified through the Jon Renau Masterclass specializing in wig customizations. Her current role consists of educating patients and

their families on how to cope with the cosmetic-related side effects of chemotherapy and radiation therapy in addition to providing post-mastectomy bra and breast prosthesis fittings for patients diagnosed with breast cancer. Polchow provides services in the acute care and outpatient settings.



Rev. Jonathan Timothy Stoner, MDiv, BCC, embraced his call to hospital chaplaincy and ordained ministry in the Episcopal Church while attending Fuller Theological Seminary where he received his Master of Divinity in June 2017. He was ordained as a transitional deacon in the Diocese of Los Angeles in June

2023 after completing the Anglican Studies program at Bloy House, The Episcopal Theological School at Los Angeles in May 2023. Stoner serves as a eucharistic minister, healer, and reader at All Saints Pasadena. He also serves part-time as a youth minister at St. Edmund's Episcopal Church in San Marino and has also been volunteering as a jail chaplain with the Prism Restorative Justice ministry for several years. Currently, he serves as a full-time interfaith hospital chaplain at City of Hope Comprehensive Cancer Center in Duarte, California.



Gouri V. Varatkar, PT, MPTh, CAPP, is the lead outpatient physical therapist at City of Hope National Medical Center in Duarte, California. She has been working in the field of oncology rehabilitation since 2008 and has operated in many roles as staff physical therapist, physical therapy supervisor, and

mentor to physical therapy employees and residents. She is a Board-Certified Specialist in Oncology Physical Therapy, pelvic-health certified through APTA, and the director of the oncology physical therapy residency at City of Hope's American Board of Physical Therapy Residency & Fellowship Education (ABPTRFE) credentialed residency program.



Sherry Hite, MOT, OTR/L, is the director of rehabilitation services at City of Hope Cancer Center, where she has served since 2005. Her practice is focused exclusively on the oncology

setting, and she runs one of the country's largest breast cancer recovery programs. Hite serves on the Cognitive Rehabilitation Task Force for the American Congress of Rehabilitation Medicine and co-chairs the Professional Development and Leadership Committee for the Occupational Therapy Association of California (OTAC). This Committee oversees the OTAC Annual Conference & Innovation Expo, WROTSS, the Leadership Institute, and OTAC specialty symposia. She has presented at the state and national levels on cancer-related cognitive impairments, comprehensive breast cancer rehabilitation, and sexuality in oncology. Her clinical and research interests include prehabilitation in surgical oncology, cancer-related fatigue, and multidisciplinary geriatric oncology care. Hite is a past recipient of the OTAC Janice Matsutsuyu Outstanding Service Award.

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QUESTIONS

Email: staff@otaonline.org
Call (toll free): (888) 686-3225

REGISTRATION FEES (includes 5.5 PDU's)

Early Bird Advanced Registration (by Monday, January 8, 2024)

- \$99 OT/OTA members \$129 nonmembers \$69 student members \$99 student nonmembers

Advanced Registration (between Tuesday, January 9, 2024 and Thursday, February 1, 2024)

- \$119 OT/OTA members \$149 nonmembers \$99 student members \$129 student nonmembers

SAVE \$! NONMEMBER SPECIAL

The education special rates below include a one-year OTAC discounted membership. As a member, you have access to complimentary PDU's and many other PDU's at special member pricing. Protect your license. Have access to readily available and affordable, quality continuing education.

- OT: Symposium and Membership - \$259
 OTA: Symposium and Membership - \$219
 Student: Symposium and Membership - \$109

Are you a renewing member? To be eligible for this special, your membership must have lapsed before November 1, 2021.

REGISTRANT INFORMATION

Name _____

Title _____

Employer _____

Home Address _____

City/State/Zip _____

Email _____

Telephone _____

PAYMENT OPTIONS

- MasterCard Visa AMEX Discover Check # _____ (payable to OTAC)

Credit Card Number _____ Exp. Date _____ VCode _____

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Cardholder Signature _____ Date _____

TO REGISTER

Online: <https://bit.ly/24oncology> | **Fax:** (916) 294-0415

Mail: OTAC, 3620 American River Drive, Suite 230, Sacramento, CA 95864 (Make checks payable to OTAC)

CANCELLATION/REFUND POLICY

\$25 is retained to cover cancellation/refund processing costs. Written notice must be received in the OTAC office by February 1, 2024, to be eligible for refunds. No refunds after this date. Disclaimer: OTAC reserves the right to make changes to the program. No refunds will be made based on these changes.

Professional Development Units (PDUs) | My OTLicense

PDUs will be entered into your MyOTLicense cloud-based PDU tracking 'filing cabinet.' (Must be an OTAC member or MyOTLicense subscriber. This service is available only to OT/OTA licensees.)

To earn PDUs, registrants must complete the post-event survey that is emailed out within one week following the event.

About MyOTLicense. MyOTLicense is a secure, cloud-based, easy-to-use virtual information and management tracking tool to help occupational therapy practitioners manage their professional information: licenses, certificates, memberships, professional development. You can think of MyOTLicense as your professional virtual electronic filing cabinet. **This program is complimentary for OTAC members. Nonmembers can subscribe to the service. [Subscribe here.](#)**



Symposium Disclaimer

This Symposium is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

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Why OTAC Symposia?

To support OTAC Core Value No. 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners.

To support licensed practitioners in demonstrating continuing competency as mandated by the California Board of Occupational Therapy.

About OTAC. OTAC is a nonprofit, 501c6. This means that end-of-year net revenue is retained for operations and benefit of the members and is not distributed to private owners. It is governed by an elected, noncompensated Board of Directors and hires a professional association management team.

OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy.

Upcoming In-Person & Virtual Professional Development

