



OTAC 2024 ANNUAL CONFERENCE & INNOVATION EXPO

NOVEMBER 7-10, 2024 | PASADENA

CONFERENCE PROGRAM

  @OTACnews  @OTACofca
#OTACCONF2024 | #amplifyingOTwhy



Samia Rafeedie,
OTD, OTR/L,
BCPR, CBIS,
FAOTA



Ada
Boone Hoerl,
MA, COTA/L



Heather J.
Kitching, OTD,
OTR/L, FAOTA



Sherry Hite,
MOT, OTR/L



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OTAC ANNUAL CONFERENCE A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements for California license renewal. You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.



Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by January 31, 2025.

IMPORTANT NOTES

CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all three days (November 8-10) for only \$329! Must register by September 16, 2024 for this rate.
- Get great rates on the November 7 Pre-Conference Institute sessions.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

2024 DEADLINES TO REMEMBER

- | | |
|-----------------------------|--|
| September 16 | Discounted Early Bird Registration Special deadline (BEST VALUE \$329!) |
| September 17-
October 31 | Registration rates increase by \$60 (\$329 + \$60 = \$389). |
| October 1 | Complete Online Volunteer forms. |
| October 16 | Cut-off date for hotel reservations. Room block may sell out before this date; make your reservation today.

Medically necessary dietary or special needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you.

Cut-off date for Workplace Colleague discount.

Date to cancel registration. |
| October 31 | Advanced Conference registration closes at 8:59pm. After this date/time you must register at the event. On-site fees at the Conference increase by \$90 (\$329 + \$90 = \$419). |

IMPORTANT NOTES

2024 Certificate Policy and PDU Credits

- **Individual Session Tickets.** When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek them out. These tickets are maintained at the OTAC office as verification of your attendance.
- **Certificate of Completion.** When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by January 31, 2025.
- **CBOT.** Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board of Occupational Therapy (CBOT) for details.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification in Occupational Therapy (NBCOT) for details.

CONFERENCE OVERVIEW

THURSDAY, NOVEMBER 7

8:00am–6:30pm
Registration Hours

If you registered in advance, this is a convenient opportunity to pick up your registration materials for any days. You can also register on-site.

9:00am–4:00pm
Pre-Conference Institute (earn PDUs)

Separate registration fees. Some complimentary sessions for registered members.

4:00pm–5:00pm
Special Let's Connect Gatherings

6:00pm–7:30pm
Feeling Fulfilled Is A Right:
An Inspiring Movie Night

Featuring video with optimist, inspirationalist, author, and speaker Simon Sinek

Unlock the secret to a fulfilling life and career! Join us for an exclusive screening of and facilitated conversation about Simon Sinek's groundbreaking presentation on living a more fulfilled life. Sinek, the visionary behind the global movement to inspire kindness and purpose, has captivated audiences from Congress to Hollywood with his revolutionary ideas. Now it's your turn to experience his transformative message. You will hear from Sinek on how to find deep fulfillment by serving others, ways to ignite passion in yourself and those around you, and the surprising link between inspiration, kindness, and trust and saving lives in healthcare. Join us for the OTAC movie night and see if you agree with him.

Directly following the video, stay with us for a facilitated conversation about feeling fulfilled, sharing your why, and more. Our facilitator, Joshua Caiquo, OTD, OTR/L, has an MBA in healthcare management and is dedicated to mentoring African American students and creating environments conducive to academic and personal growth.

Don't miss this chance to revolutionize your outlook, inspire those around you, and live a more fulfilled life. Seats are limited – register today! Ten lucky movie-goers will leave with Simon Sinek's bestseller, "Find Your Why!"

*Transform your life. Inspire others.
Make a difference. It all starts here!*

Hosted popcorn and iced tea

FRIDAY, NOVEMBER 8

8:15am–11:30am
Concurrent Sessions (earn PDUs)

11:30am–1:00pm
CFOT Awards Luncheon
and Symposium (.5 PDUs) \$85;
\$10 Students-Only Gallery Seating (no lunch)
Featuring Heather J. Kitching, OTD, OTR/L, FAOTA

1:00pm–3:00pm
Concurrent Sessions (earn PDUs)

3:15pm–5:15pm
Awards Ceremony and
Keynote Address (.5 PDUs)
Featuring Ada Boone Hoerl, MA, COTA/L

5:15pm–7:15pm
Expo Grand Opening

7:30pm–9:00pm
Alumni and Student Receptions;
Let's Connect Gathering

SATURDAY, NOVEMBER 9

8:00am–11:30am
Concurrent Sessions (earn PDUs)

11:30am–2:15pm
Expo Activities including Poster
Presentations (earn PDUs)
Must purchase lunch in advance (\$20).

2:30pm–5:45pm
Concurrent Sessions (earn PDUs)

6:00pm–7:30pm
President's Mix 'N Mingle | Trivia Prizes

Join us to celebrate OT. Selfie station and trivia for prizes. No-host bar.

7:30pm–9:00pm
Alumni and Student Receptions

SUNDAY, NOVEMBER 10

7:30am–9:00am
OTAC Annual Meeting and Keynote,
with Coffee and Light Breakfast Fare (.5 PDUs)
Featuring Sherry Hite, MOT, OTR/L

9:15am–2:15pm
Concurrent Sessions (earn PDUs)

2:15pm
OT Sunday Super Learners' Prize Drawings

STUDENT CONFERENCE VOLUNTEER SCHOLARSHIP

*Are you interested in
volunteering at Conference?*

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun.

There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast's largest occupational therapy professional development conference. You can access the volunteer form here:

[VOLUNTEER FORM](#)

**Deadline to respond:
October 1**

Volunteer as a Room Monitor

*"ALONE WE CAN DO SO
LITTLE; TOGETHER WE
CAN DO SO MUCH."*

– HELEN KELLER

We invite you to be a Conference room monitor ... and together we can do so much for OT. Learn more and access the form:

[ROOM MONITOR FORM](#)



Follow! Convo! Post!

- Follow us on Twitter @OTACnews
- Post on Instagram @otacofca
- Friend us on Facebook @OTACnews
- Start a conversation using #OTACconf2024
- Talk about #amplifyingOTwhy
- Show your #OTACmemberpride

CONFERENCE INFORMATION

CONFERENCE HOTEL

Hilton Pasadena

168 South Los Robles Avenue
Pasadena, CA 91101
(626) 577-1000
toll-free (800) 445-8667

ALL CONFERENCE
ACTIVITIES ARE
AT THE HILTON

OTAC reserved a block of sleeping rooms at the Conference hotel, Hilton Pasadena. Room rates of \$189 are available for Wednesday, November 6 through Sunday, November 10, 2024. When booking your room, please indicate you are attending the OTAC 2024 Annual Conference. **The deadline to receive the OTAC special rate is Wednesday, October 16, 2024.** (Rates and space upon availability.)

Hotel reservations are now open. You may reserve your sleeping room online. [Click here.](#)

The Hilton Pasadena is a short walk from shops and restaurants, as well as just several blocks from historic Old Pasadena and the Playhouse District. The hotel's lobby and lounge/restaurant are contemporary, modern, and welcoming.

We encourage you to stay at the Hilton Pasadena to ensure that OTAC meets its contractual obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all the reserved sleeping rooms are not utilized.

PARKING

Note: OTAC does not validate for parking. All prices are subject to change.

Hilton Pasadena (All conference activities are at the Hilton.)

Overnight: \$21/self park; \$23/valet.

Day use: \$12/self park; \$12/valet.

Pasadena Convention Center (No conference activities here.)

Daily Parking Rate: \$15. On-site Parking: 800 spaces.

Two entrances: Marengo Avenue to the west and Euclid Avenue to the east between Green Street and Cordova Street.

Additional Parking

2,500 spaces within a one-block radius.

GUEST REGISTRATION

Conference registrants may use Section 4 of the Registration Form to pre-register a guest (\$90 per person). A Guest Registration includes the Movie Night/Thursday, Awards Ceremony & Keynote Address/Friday, Expo Grand Opening/Friday, Expo/Saturday, and President's Mix 'N Mingle/Saturday. This is for those attending in a social capacity only. Guests may not be members of OTAC, an OT/OTA practitioner, or enrolled in an occupational therapy program. *Note: Additional meal function tickets may also be purchased for guests. 2024 OTAC Conference Award Honorees should contact the OTAC office about their guests for the Awards ceremony.*

CONFERENCE TIPS

1. Register early as sessions may fill up.
2. Make your Conference session selections carefully as requesting changes on site may lead to long waits in line at the Registration counter and sessions may not be available.

TRANSPORTATION

AIRPORTS

Hollywood Burbank Airport (BUR) – 16 miles to Pasadena
2627 N. Hollywood Way, Burbank, CA 91505
(818) 840-8840 • www.hollywoodburbankairport.com

Los Angeles International Airport (LAX) – 32 miles to Pasadena
1 World Way, Los Angeles, CA 90045
(855) 463-5252 • www.flylax.com

Ontario International Airport (ONT) – 37 miles to Pasadena
2900 E. Airport Drive, (Terminal 4) Ontario, CA 91761
(909) 937-2700 • www.flyontario.com

Long Beach Airport (LGB) – 38 miles to Pasadena
4100 Donald Douglas Drive, Long Beach, CA 90808
(562) 570-2600 • www.lgb.org

PUBLIC TRANSPORTATION (Information subject to change)

Union Station Flyaway

(866) 435-9529 • www.lawa.org/flyaway

Nonstop bus service to and from Los Angeles International Airport (LAX) via Union Station in downtown Los Angeles. From Union Station, passengers can ride the Gold Line light rail to Pasadena. Exit Del Mar Station for the Pasadena Convention Center (approximately five blocks). \$19.50 fee/round trip.

Foothill Transit Authority

(800) 743-3463 • www.foothilltransit.org

These buses serve the San Gabriel and Pomona valleys, with express bus routes to Pasadena and Downtown Los Angeles. Adult base fare is \$1.25.

Pasadena Transit Bus

(626) 398-8973 • www.cityofpasadena.net/pasadena-transit/

The buses travel between Old Pasadena, South Lake Avenue, and the Playhouse District. Stops are designated throughout the city by a pink triangle marked "ARTS." Adult fare is 75¢.

Metro Gold Line (rail and bus service)

(323) 466-3876 • www.metro.net

The Gold Line is a 13-mile light rail line within the Los Angeles-area Metro Rail network that transports passengers from Pasadena to Union Station in downtown Los Angeles. Take it to connect to other Los Angeles rail lines or Amtrak. Trains operate daily and include six stops in Pasadena. Purchase tickets from self-service ticket vending machines at Metro Rail stations. Cost is \$1.75 one way.

SHUTTLE SERVICE

Prime Time Shuttle

(800) 733-8267 • www.primetimeshuttle.com

SuperShuttle

(800) 258-3826 • www.supershuttle.com

TAXI SERVICE

LA City Cab • (888) 248-9222

United Taxi • (800) 822-8294



PRESIDENT'S MESSAGE

DEAR COLLEAGUES, STUDENTS, AND FRIENDS,

I am thrilled to extend this invitation to the Occupational Therapy Association of California's 2024 Annual Conference & Innovation Expo! As the incoming president of the Occupational Therapy Association of California (OTAC), I am eagerly looking forward to welcoming each and every one of you with immense excitement and honor. We are back in the beautiful city of Pasadena, California, renowned for its vibrant culture, innovative spirit, and rich history, making it the perfect backdrop for our annual gathering.

I want to express how much I love the profession of occupational therapy and our professional association. It is a privilege and a responsibility I hold dear to my heart, and I am beyond thrilled to serve as your president. This role allows me to contribute to the growth and success of our community in meaningful ways, and I am eager to embark on this journey with all of you.

Our Conference theme this year is "Amplifying Occupational Therapy's WHY!" This theme resonates deeply with me, and I want to share my personal WHY with you. I come from a long line of hard work, solid work ethics, dedication to a cause, and an unwavering commitment to a profession that continually gives back and fills my heart and soul. This legacy has shaped who I am and fuels my passion for occupational therapy. I am confident in my commitment to our professional association and am very excited about our theme because understanding the WHY is fundamental to our work.

Understanding someone's WHY is about understanding who they are, where they come from, and WHY their work is vital. It provides a deep sense of purpose and connection that drives us forward, even during challenging times. For me, the WHY of occupational therapy lies in our transformative impact on people's lives, helping them achieve their fullest potential and live meaningful lives in the face of various challenges or obstacles. Our work empowers individuals, groups, and populations to face those obstacles and develop solutions and possibilities. This work is profoundly fulfilling, and I genuinely believe I was born to do this work!

I eagerly look forward to welcoming you all and am particularly excited about our keynote addresses. On Friday afternoon, we will hear from my esteemed colleague, Ada Boone Hoerl, MA, COTA/L, who will share powerful narratives of WHY. Her stories will inspire and remind us of the profound impact of our work. On Sunday, well-respected practitioner Sherry Hite, MOT, OTR/L, will complement this discussion by exploring ways to amplify occupational therapy's WHY, ensuring our message and mission resonate even more strongly within our communities and beyond.

This Conference will be a wonderful opportunity for us to come together, learn from one another, share our narratives, and remind ourselves WHY this work matters. It is a chance to rejuvenate our passion, celebrate our achievements, and explore new ways to amplify the essence of occupational therapy. The sessions, workshops, and networking opportunities will enrich our professional lives and spark new ideas and collaborations, fostering a sense of growth and unity within our community.

Thank you for being here, your dedication to this vital profession, and your commitment to making a difference. Together, we will continue to amplify our WHY and strengthen the impact of occupational therapy in California and beyond. I am confident that this Conference will be a memorable and inspiring experience for all of us.

#OTACConf2024 | #amplifyingOTwhy | #otacmemberpride

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Samia Rafeedie,
OTD, OTR/L, BCPR,
CBIS, OTAC President



SCHOLARSHIP OPPORTUNITY

FOCUS ON THE FUTURE LEGACY FUND

It is with great honor that OTAC carries on with the Susan J. Harris Focus on the Future Legacy Fund established by Therapy Specialists, a HealthPRO-Heritage Company in collaboration with OTAC. Harris was a long-time active supporter, valued friend, and member of OTAC. In 2020, OTAC's Entrepreneur Award was renamed in her honor as the Susan J. Harris Occupational Therapy Entrepreneur Award. She was also an awardee of OTAC's Award of Excellence and Lifetime Achievement Award. Harris had founded Therapy Specialists more than 42 years ago and grew it into a successful practice.



Susan J. Harris
1941-2020

With this Legacy Fund, OTAC provides support to the profession in three primary areas: entrepreneurialism and innovation, advocacy, and a leadership pathway for practitioners of diverse backgrounds. At the 2024 Annual Conference, we bring you an Advocacy/Leadership/Management/Private Practice Track. In addition, we are offering the OTAC Leadership Institute Mentees & Mentors: Take the Journey Together. See Session F. [Apply here.](#)

The Legacy Fund also includes the opportunity for two students of diverse backgrounds (students of color, students with disabilities, students within the LGBTQ+ community) to apply for a scholarship to the Annual Conference to attend the sessions in the Track mentioned above, as well as to attend the OTAC Board of Directors and Committee Chairs meeting on the Thursday of Conference. This scholarship is intended to support students in their professional journey through exposure to occupational therapy leadership and professional development. The scholarship includes full Conference registration and up to a \$300 hotel or travel expense reimbursement. Interested students should complete the [application](#) and submit by September 10, 2024.

2024 CONFERENCE COMMITTEE

Chairs – *Joe Juse, Winifred Schultz-Krohn*

Awards Coordinator – *Erin Schwier*

Call for Papers/Program Coordinators –
Shohei Takatani, Graham Teaford, Kathryn Wise

Exhibits Coordinator – *Mary Kay Gallagher*

Hospitality Coordinator – *Bianca Callier*

Photographers – *Diana Su-Erickson, Vicky Ocampo*

Presenter Concierge – *Jackie Mardirossian*

Registration Coordinator – *Laura Deary*

Social Media Coordinator – *Karen Park*

Volunteer Coordinator – *Teresa Pham*

OTAC Professional Development & Leadership Chairs –
Sherry Hite, Danny Pavlovich

OTAC Student Leadership Chairs –
Jessica Padilla, Rachelle Murphy, Kristina Holcomb

OTAC President – *Samia Rafeedie*

OTAC Management Team –
*Karen Polastri, Shannon Rutledge, Tracy Brown,
Jenni Schaupp, Tammy Hitchcock, Kayla Luna*

CHAIRS' MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

On behalf of the Occupational Therapy Association of California (OTAC) and the 2024 OTAC Annual Conference & Innovation Expo Committee, we are excited to invite you to join us for the 48th Annual Conference!

This year's OTAC Conference theme is **Amplifying Occupational Therapy's WHY!** Our profession constantly evolves and expands into new practice areas while preserving the foundational focus on occupation. The Conference theme is not a question but a statement of commitment. It acknowledges the value of participating in purposeful and meaningful therapeutic occupations to promote health and balance physical, mental, and social well-being. As practitioners, educators, or students, we can continue to enrich our knowledge and cultivate evidence-based occupational therapy interventions for those who receive our valuable services.

We are honored to have two outstanding keynote presenters. Ada Boone Hoerl, MA, OTR/L, will discuss the Purpose and Power of Why on Friday. Sherry Hite, MOT, OTR/L, will explore the deeper practice of occupational therapy on Sunday morning with the keynote address entitled From Undoing to Becoming: Immigration, Identity and Finding the Courage to Lead. Between these two excellent keynote addresses, a panel consisting of leading occupational therapy practitioners who are committed to advancing the profession, including Samia Rafeedie, Arameh Anvarizadeh, Sarah Bream, Bryant Edwards, Stephanie Foster, and Natalie Perkins, will describe their professional trajectory and WHY this commitment is a meaningful occupation! The annual CFOT Awards Luncheon and Symposium is always an inspiring highlight and we are pleased to welcome Heather J. Kitching, OTD, OTR/L, FAOTA, presenting *Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other and the Profession*.

We are again excited to offer the Annual Conference & Innovation Expo at the Hilton Pasadena! We will Amplify Occupational Therapy's WHY! by elevating our professional development, nurturing our future practitioners, and engaging in networking opportunities.

The high-caliber, peer-reviewed Conference presentations and poster sessions at the OTAC Annual Conference & Innovation Expo will reinforce your commitment to the uniqueness of occupational therapy professionals' roles. These sessions will offer innovative approaches to support and promote occupational engagement for everyone we serve. The Conference also reflects our profession's commitment to increasing the diversity and inclusiveness of the occupational therapy profession, providing a platform to pursue that goal.

We eagerly anticipate the **in-person** gathering at the OTAC Annual Conference in Pasadena, where we can all come together to learn, share, and grow in our profession!



Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA



Joe Juse, OTD, OTR/L



OUR HOST CITY-PASADENA

A melting pot of culture & entertainment



Located 10 minutes outside of Downtown Los Angeles, Pasadena is the perfect getaway. Old Town is a prime spot for shopping, dining, and socializing - there is no shortage of delicious restaurants and evening hot spots. Nature lovers can relax on a hike or in a secluded courtyard and don't forget the architecture. [Click here to read more.](#)

TOP 10 PASADENA AWESOME

No. 1 – Photograph a TV film location

Parks and Recreation

No. 2 – Tour the Norton Simon Museum

An incredible private collection

No. 3 – Stroll down Colorado Boulevard

Shopping, trendy cafes, culture

No. 4 – Feast your eyes on the Gamble House

From Back to the Future fame

No. 5 – Satisfy your inner science geek

Free tours

No. 6 – Cross the bridge into La La Land

An architectural gem

No. 7 – Be one with nature at Eaton Canyon Preserve

Hike, relax, tour

No. 8 – Visit the world-famous Rose Bowl

Shop the largest flea market in the country

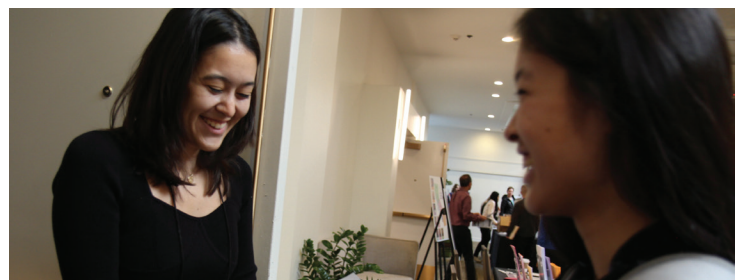
No. 9 – Stop in at the Historic Pasadena Playhouse

Take in a play, enjoy some wine

No. 10 – Admire Pasadena architecture on a walking tour

10 tours available

LEARN MORE



HONORED LECTURER | KEYNOTES

FRIDAY CFOT HONORED LECTURER – NOVEMBER 8

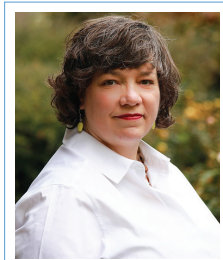
11:30am-1:00pm

CFOT Awards Luncheon and Symposium – separate fee required

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

Heather J. Kitching, OTD, OTR/L, FAOTA

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.



Heather J. Kitching, OTD, OTR/L, FAOTA

FRIDAY KEYNOTE – NOVEMBER 8

4:15pm-5:15pm

Directly following the Awards Ceremony

51 Purpose and the Power of WHY (.5 PDUs)

Ada Boone Hoerl, MA, COTA/L

Amidst the sameness of repetition and the constant flux of change, the expected and unexpected, we must sometimes pause and reflect on our current position. Even when we think we know our path forward, a moment of reflection can make us question how we arrived here. Given the profound experiences of recent years, this is a crucial time for us to come together with friends and colleagues, focusing inward rather than on external demands. This pause will allow us to reconnect with our passion and ownership for the profession we love, reignite our drive, and revisit, rewrite, or share our personal narratives and why. Armed with renewed clarity and intention, we can then return to our roles and routines with a brighter outlook on the journey ahead.

Also presenting session 68 – Purpose and the Power of Sharing (3 PDUs), 8:15am-11:30am

SUNDAY KEYNOTE – NOVEMBER 10

7:30am-9:00am

Included with OTAC Annual Meeting

J - From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDUs)

Sherry Hite, MOT, OTR/L

This presentation will challenge the traditional narrative of doing and becoming and explore a different approach to personal development and professional success. It will deconstruct the concept of therapeutic use of self in the context of immigration, trauma, and fractured identities. Together, let's examine a journey of undoing oneself to forge new paths.



Sherry Hite, MOT, OTR/L

INTENSIVES: 3 AND 7 HOUR SESSIONS

THURSDAY, NOVEMBER 7

9:00am-12:15pm

4 Nature-Based OT for Mental Wellness: Neurological Foundations (3 PDUs)

Lorelei Woerner Eisner, OTR/L, C-IAYT

As OTs, subjectively we know the value of engaging in nature. In this session, we want to substantiate this with scientific grounding. Get your hands dirty, enliven the senses, explore movement – and dig into neurological whys.

9:00am-4:45pm

5 Handle with Care®: Behavior Management System (7 PDUs)

Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L

Become Handle with Care® certified. Do you struggle with managing aggressive behaviors? Handle with Care® consists of easy to learn techniques and methods that have been tested and proven to work with the most challenging children and adults; and covers both verbal and physical interventions methods. Handle with Care® is the world renowned leader in crisis intervention and behavior management training services. For over 30 years, they have earned an international reputation for teaching the safest and most powerful verbal and physical intervention methods in the history of the industry. See additional information on page 17.

12:45pm-4:00pm

12 Creating Authentic Evidence-Based Sensory Diets (3 PDUs)

Julia Wilbarger, PhD, OTR/L

Sensory diets are commonly used in pediatric OT practice; however, few adhere to the original key principles. This presentation will describe and apply a set of evidence-based principles for creating effective sensory diets for children.

12:45pm-4:00pm

13 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L; Emily M. Petersen, OTD, OTR/L; Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA; Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA

Reprising the discussions from the 2022 and 2023 Annual Conference of mental health as an integrated practice, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues and successes, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Wanted to build new skills

Always appreciate the opportunity to grow and thrive together

Brought my daughter who is a new OT

It is a tradition for me

INTENSIVES: 3 AND 7 HOUR SESSIONS (CONTINUED)

FRIDAY, NOVEMBER 8

8:15am-11:30am

26 Never Ending Recoveries: Lived Experiences of Pain and Fatigue (3 PDUs)

Aaron Picus, OTD, OTR/L, BCP

This session will help challenge assumptions about pain and fatigue from a first-person perspective. Integrating cutting edge research, participants will enhance their understanding of the lived experience, resilience, biopsychosocial model, acceptance and commitment therapy, and pain neuroscience education.

27 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)

Lindy Joffe, OTD, OTR/L

This session will explore the intersection of sensory processing and executive function in children with regulatory challenges, overviewing a novel treatment approach. It will focus on the neurological, theoretical, and practical components to provide immediate treatment ideas.

28 Demystifying Fieldwork for the Practitioner (3 PDUs)

Becky Crouch, OTD, OTR/L; Helena Reed, OTR/L

Are you uncertain about supervising a fieldwork student? With fieldwork placements becoming harder and harder to find, this session will help to demystify the fieldwork experience and encourage you to accept this professional responsibility confidently

SATURDAY, NOVEMBER 9

8:15am-11:30am

68 Purpose and the Power of Sharing (3 PDUs)

Ada Boone Hoerl, MA, COTA/L

Join your friends and colleagues in an interactive and experiential session to explore your purpose, passion, and why through a variety of lenses. Complete activities now, not later, to stimulate robust conversation throughout the Conference weekend. A variety of approaches will be used to help participants develop a voice with purposeful narratives, meaning making, and connections, all founded in the value of occupation.

69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;
Jerilyn "Gigi" Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

2:30pm-5:45pm

90 Advancing Occupational Therapy's Role in Tiered Response to Intervention (3 PDUs)

Allison Baker, MS, OTR/L; Courtney Boitano, OTD, OTR/L, BCBA-D

Occupational therapy practitioners holistically support students and systems within the educational setting. Learn to articulate OT's unique role in the Multi-Tiered Systems of Support (MTSS) model, identify interventions and supports within Response to Intervention (RTI), and participate in a hands-on laboratory experience.

91 The Menu Task: A Training Workshop (3 PDUs)

Gordon Giles, PhD, OTR/L, FAOTA

The Menu Task (MT) is an evidence-based and occupation-based brief functional cognition screening measure for acute and post-acute care settings. This workshop trains practitioners in the use and interpretation of the MT in adult populations.

SUNDAY, NOVEMBER 10

9:15am-12:30pm

106 Multidisciplinary Collaboration for Neurodiverse Clients (3 PDUs)

Baily Zobel, OTD, OTR/L; Rina Barak, MA, CCC-SLP;
Katy Marshack, MA, BCBA

This session will explore evidence-informed practice for autistic clients to maximize clinical outcomes and everyday participation. Current best practices will be reviewed regarding multidisciplinary intervention, strategies to increase collaboration, and the optimal areas of overlap between the professions.

107 Engaging Families to Support Pediatric Feeding Interventions (3 PDUs)

Jennifer Jones, OTD, OTR/L, BCP; Sonia Trejo, OTD, OTR/L

This session will discuss feeding intervention models focusing on including caregivers within treatment and provides ideas to support caregivers' participation for carryover with consideration of new caregiver training CPT codes.

108 Serving the Unhoused Population in Skid Row (3 PDUs)

Alejandro Campos Robledo, OTS; Karen Tapper, OTD, OTR/L

The session will explore the role of occupational therapy in permanent supportive housing and primary care in Skid Row and examine the occupational and health needs unique to the unhoused and recently housed population in this area.

BAG O' WELLNESS CHALLENGE

Support Our Conference Cause



There is an unsheltered crisis in California. Please help us donate 1,000 personal hygiene kits for the unsheltered to promote overall wellness, health, and self-esteem. Bring your hygiene kit items to Conference. Look for the Bag O' Wellness box in the Conference registration area. Every donation makes you eligible for a giveaway. (Be sure to collect your ticket. Bonus drawing tickets will be given with a zip lock bag filled with at least eight items.) Travel-sized items requested: shampoo and conditioner, toothbrush and toothpaste, soap, brush and comb, lotion/sunscreen, tissue, deodorant, disposable razor, mini-first aid kit, feminine hygiene products, nail clipper, lip balm, dental floss, gum/mints, anti-bacterial wipes, and large zip lock plastic bags. Kits will be organized into large zip lock bags and distributed in the Pasadena/Los Angeles area through Ascencia.

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 43rd Anniversary!

CFOT Awards Luncheon and Symposium

FRIDAY, NOVEMBER 8

11:30am-1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2024 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, November 8, 11:30am-1:00pm.

Separate ticket required.

\$85 for lunch (\$10 for gallery seating; no lunch; students only).



HONORED LECTURER – HEATHER J. KITCHING, OTD, OTR/L, FAOTA

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.



Heather J. Kitching,
OTD, OTR/L, FAOTA

Heather Kitching, OTD, OTR/L, FAOTA, is program coordinator of the Master of Science in Occupational Therapy (MSOT) program at California State University Dominguez Hills (CSUDH). She holds a doctorate in occupational therapy from the University of Southern California where her doctoral capstone focused on the manualization of a collaborative project design and implementation of a postcolonial practice in occupational therapy. Kitching's clinical background is in acute care, rehabilitation, and home health; and her academic experience spans teaching courses in physical disabilities, neuroscience, and qualitative research, with fieldwork and program coordination. Her professionalism has extended from volunteer to elected positions with the Occupational Therapy Association of California (OTAC) and the American Occupational Therapy Association (AOTA). Kitching is a mentor, advocate, and leader for students, colleagues, practitioners, and those who are recipients of occupational therapy services.

SUPPORT OUR FUTURE

SUPPORT ENHANCING OCCUPATIONAL THERAPY SERVICES TO THE PUBLIC

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference & Innovation Expo, again has an online



Past CFOT Awardees

component! We welcome this opportunity to reach a wider audience. "Thank you in advance for continuing to support our mission by donating during the OTAC Conference," commented CFOT President Michele Berro, MA, OTR/L.

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.



Michele Berro,
MA, OTR/L
CFOT President

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

**YOU ARE INVITED TO DONATE TO
CFOT IN SUPPORT OF OUR MISSION**

DONATE

CFOT MISSION

To advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.

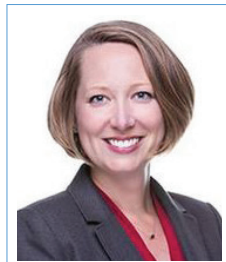




Honoring Those Who Inspire Professional Excellence

COME HELP CELEBRATE OUR OTAC 2024 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, November 8, 3:15pm–4:15pm. This event is open to all Conference attendees registered for Friday.



Erin Schwier,
EdD, OTD, OTR/L
Awards Chair



The OTAC Awards Ceremony is always an attendee highlight.

COMING SOON!

FOLLOW THE ANNUAL CONFERENCE ON OUR FREE MOBILE APP.

The mobile app includes:

- Full Conference schedule and a feature to build a customized schedule
- Social sharing on Instagram
- Detailed information about presenters, exhibitors, and sponsors
- Notifications of important updates, special offers, and more.

It's easy! Download the 2024 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/customer login. You must create a new account to access the app's full features.



SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

FEELING FULFILLED IS A RIGHT: AN INSPIRING MOVIE NIGHT (.5 PDUs)

Thursday, November 7 – 6:00pm-7:30pm

Featuring video with optimist, inspirationalist, author, and speaker Simon Sinek

Unlock the secret to a fulfilling life and career! Join us for an exclusive screening of and facilitated conversation about Simon Sinek's groundbreaking presentation on living a more fulfilled life. Sinek, the visionary behind the global movement to inspire kindness and purpose, has captivated audiences from Congress to Hollywood with his revolutionary ideas. Now it's your turn to experience his transformative message. You will hear from Sinek on how to find deep fulfillment by serving others, ways to ignite passion in yourself and those around you, and the surprising link between inspiration, kindness, and trust and saving lives in healthcare. Join us for the OTAC movie night and see if you agree with him.

Directly following the video, stay with us for a facilitated conversation about feeling fulfilled, sharing your why, and more. Our facilitator, Joshua Caiquo, OTD, OTR/L, has an MBA in healthcare management and is dedicated to mentoring African American students and creating environments conducive to academic and personal growth.

Don't miss this chance to revolutionize your outlook, inspire those around you, and live a more fulfilled life. Seats are limited – register today! Ten lucky movie-goers will leave with Simon Sinek's bestseller, "Find Your Why!"

Transform your life. Inspire others. Make a difference. It all starts here!

Hosted popcorn and iced tea



BUILD YOUR CUSTOMIZED SCHEDULE

See pages 13 through 15 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

CFOT AWARDS LUNCHEON AND SYMPOSIUM (.5 PDUs)

Friday, November 8 – 11:30am-1:00pm

\$85; \$10 students-only gallery (lunch not included)

Recipients of the 2024 CFOT scholarships, research grants, and awards will be announced. Also featured is the 2024 Honored Lecturer Heather J. Kitching, OTD, OTR/L, FAOTA, presenting "Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession" (.5 PDUs)

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase tickets. Seating is limited for both categories.

AWARDS

Come help celebrate recipients of the 2024 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards.

SYMPOSIUM HONORED LECTURER

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

Heather J. Kitching, OTD, OTR/L, FAOTA

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.

An additional \$85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for \$10 (lunch not included).



Heather J. Kitching,
OTD, OTR/L, FAOTA



SPECIAL CONFERENCE ACTIVITIES (CONTINUED)

Seating is limited for both categories.

OTAC AWARDS CEREMONY AND KEYNOTE ADDRESS

Friday, November 8 – 3:15pm-5:15pm

OTAC Awards Ceremony. Come one, come all! You are invited to come recognize and celebrate our 2024 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Purpose and the Power of Why (.5 PDUs)

Ada Boone Hoerl, MA, COTA/L

Amidst the sameness of repetition and the constant flux of change, the expected and unexpected, we must sometimes pause and reflect on our current position. Even when we think we know our path forward, a moment of reflection can make us question how we arrived here. Given the profound experiences of recent years, this is a crucial time for us to come together with friends and colleagues, focusing inward rather than on external demands. This pause will allow us to reconnect with our passion and ownership for the profession we love, reignite our drive, and revisit, rewrite, or share our personal narratives and why. Armed with renewed clarity and intention, we can then return to our roles and routines with a brighter outlook on the journey ahead.

INNOVATION EXPO

Friday, November 8 – 5:15pm-7:15pm

Grand Opening | Bingo and Trivia for Prizes

Join us for Friday's lively grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and OTAC trivia for prizes. Many exhibitors also offer giveaways.

Saturday, November 9 – 11:30am-2:15pm

Poster Presentations | Bingo for Prizes | Grab and Go Lunch

Saturday offers a convenient lunch option – advance purchase only. If you purchase lunch in advance you are eligible for prize drawings. View poster presentations! (eligible for 2 PDUs).

LEADERSHIP INSTITUTE. MENTEES & MENTORS: TAKE THE JOURNEY TOGETHER! (3 PDUs)

Saturday, November 9 – 8:15am-5:45pm | Session F | 2 Parts

Join the second OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. The LI orientation and first module include a networking mixer/icebreaker. To attend this session, mentors and mentees must have completed the application process. You can find more information about the LI and the [application form here](#). Capacity is limited to 10 mentee/mentor teams.

ALUMNI AND STUDENT RECEPTIONS

Friday, November 8 – 7:30pm-9:00pm;

Saturday, November 9 – 7:30pm-9:00pm

Celebrate the end of each day by networking with your school alumni, fellow students, and faculty. Always a Conference highlight.

WIN A \$25 GIFT CARD!
ADVANCE PURCHASE A SATURDAY EXPO LUNCH TO BE ELIGIBLE TO WIN A \$25 GIFT CARD.

SPECIAL LET'S CONNECT GATHERINGS

Thursday, November 7 | 4:00pm-5:00pm

A – New Member Connection

Register for session 15 and you can sign up to connect with other new members and OTAC leaders. Light refreshments.

B - OT Entrepreneur/Private Practice Connection

If you are in or exploring the wonders of private practice, register for any session on Thursday and you can sign-up to connect with other OT private practitioners and entrepreneurs. Light refreshments.

C – Academic Connection

Register for session 16 and you can sign up to connect with other academics. Light refreshments.

Saturday, November 9 | 7:30pm-8:30pm

I - OTA Connection

Calling OTAs! If you have been participating in our OTAC OTA member virtual meetings or are curious about what we've been up to, sign up to join us!

POSTER PRESENTATIONS (earn up to 2 PDUs)

Saturday, November 9 – 11:30am-12:30pm and 1:00pm-2:00pm

See page 32 and 33 for a list of posters.

PRESIDENT'S MIX 'N MINGLE

Saturday, November 9 – 6:00pm-7:00pm

OTAC president, Samia Rafeedie, invites Conference attendees to come relax, network, and unwind (no host bar). Shoot a lifetime of memories with your besties at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect.

OTAC ANNUAL MEETING | KEYNOTE ADDRESS | COFFEE AND LIGHT BREAKFAST FARE (.5 PDUs)

Sunday, November 10 – 7:30am-9:00am

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. If you wish to attend this attend, you **MUST** indicate on your registration form. **Help conserve resources – only mark the event if you plan to attend.**

SUNDAY KEYNOTE ADDRESS

From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDUs)

Sherry Hite, MOT, OTR/L

This presentation will challenge the traditional narrative of doing and becoming and explore a different approach to personal development and professional success. It will deconstruct the concept of therapeutic use of self in the context of immigration, trauma, and fractured identities. Together, let's examine a journey of undoing oneself to forge new paths.

OT SUNDAY SUPER LEARNERS' PRIZE DRAWINGS

Sunday, November 10 – 2:00pm

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 2:00pm. Check the board at the registration table between 2:00pm-2:30pm. Must be present to win.

CUSTOMIZE YOUR SCHEDULE: SESSIONS BY PRACTICE AREA

ACADEMICS/EDUCATION

- 16 Let's Get Together: Fostering Interdisciplinary Collaboration in Students (1.5 PDU)
- 28 Demystifying Fieldwork for the Practitioner (3 PDU)
- 31 A Person-Centered Approach to the Admissions Experience (1.5 PDU)
- 43 Successfully Funding Your Research and Program Development Interests (2 PDU)
- 66 Equity in OT: Empowering Marginalized Student Success (1 PDU)
- 81 The Impact of Racism on Students' Educational Experiences (1 PDU)
- 87 Creating a Structured Mentorship Program (1.5 PDU)
- 97 Empowering Fieldwork Educators: Strategies for Student Success (1.5 PDU)
- 101 Virtual Vigor: Empowering Engagement Through Active Learning (1 PDU)
- 110 Protecting OT's Future: Reducing the Risk of Fieldwork Educator Burnout (2 PDU)
- 116 Coaching OT Students: From Stress to Success (1.5 PDU)

ADULTS/OLDER ADULTS

- 5 Handle with Care®: Behavior Management System (7 PDU)
- 7 Autistic Burnout in Adulthood: Occupational Impact and Recovery (1.5 PDU)
- 11 Managing Elopement by Individuals with Autism (1.5 PDU)
- 42 Bringing Trauma-Informed Care to the Adult Rehab Setting (2 PDU)
- 62 Dismantling the Menopause Taboo: Occupational Therapy Treatment Approach (1 PDU)
- 69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDU)
- 75 OT Services to Address Age-Related Vision Changes (2 PDU)
- 84 How Neurodegenerative Diseases Affect Circadian Rhythms (1.5 PDU)
- 94 OT Home Assessment Incorporating Task and Environmental Lighting (1.5 PDU)
- 108 Serving the Unhoused Population in Skid Row (3 PDU)
- 109 Wired for Connection: Supporting Sexual Health in Neurological Recovery (2 PDU)
- 112 A Holistic Approach to Aquatic Therapy: An Adaptive Wellness Swim Program (2 PDU)

ADVOCACY/LEADERSHIP/MANAGEMENT/PRIVATE PRACTICE/ENTREPRENEURIAL

- F - Leadership Institute: Mentees & Mentors: Take the Journey Together! (3 PDU) (members only)
- 1 Ready to Start Your Own Business? (1.5 PDU)
- 6 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDU)
- 10 Pediatric Private Practice Insurance Challenges (1.5 PDU)
- 14 Navigating Professional Burnout as an OT (1.5 PDU)
- 15 OTAC 101: How to Become a Confident OTAC Ambassador (2 PDU)
- 21 Interviewing and Rate Negotiations for the New Graduate (1.5 PDU)
- 22 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDU)
- 28 Demystifying Fieldwork for the Practitioner (3 PDU)
- 32 California Board of Occupational Therapy Annual Update (1.5 PDU)
- 43 Successfully Funding Your Research and Program Development Interests (2 PDU)
- 48 OTAC and AOTA Leadership Panel: Sharing Our WHY! (1.5 PDU)
- 51 Keynote Address: Purpose and the Power of WHY! (includes Awards Ceremony) (.5 PDU)
- 76 Building Your OT Business: From Practitioner to OTPreneur (2 PDU)

- 87 Creating a Structured Mentorship Program (1.5 PDU)
- 88 Discharge Dilemma: TBI, Unhoused, and Acute Rehabilitation (1.5 PDU)
- 93 Positive Psychology and Mindfulness: Clinical Applications and Beyond (1.5 PDU)
- 97 Empowering Fieldwork Educators: Strategies for Student Success (1.5 PDU)
- J – Sunday Keynote: From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDU)
- 102 Empowering Acute Care OTs: Advanced Orthosis Fabrication Mentorship (1 PDU)
- 110 Protecting OT's Future: Reducing the Risk of Fieldwork Educator Burnout (2 PDU)
- 111 Navigating Life Care Planning: Empowering OT Practice in Complex Health Landscapes (2 PDU)

DIVERSITY/EQUITY/INCLUSION/OCCUPATIONAL JUSTICE

- 81 The Impact of Racism on Students' Educational Experiences (1 PDU)
- 96 Got Routines, OTs? Effective Coaching for Early Intervention Success (1.5 PDU)
- 112 A Holistic Approach to Aquatic Therapy: An Adaptive Wellness Swim Program (2 PDU)
- 113 Partnering with Parents: Collaborative Coaching in Early Intervention (2 PDU)
- J – Sunday Keynote: From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDU)

GENERAL

- 21 Interviewing and Rate Negotiations for the New Graduate (1.5 PDU)
- 24 OT's Role in the Phenomenon of Death (1.5 PDU)
- 46 Smartphone Lifestyle: Incorporating Continuous Glucose Monitoring in OT (2 PDU)
- 49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU)
- 61 Evidence in Action: Implementing EBP into Occupational Therapy (1 PDU)
- 63 Trauma-Informed Care in Occupational Therapy (1.5 PDU)
- 82 Ethical Application of "Choosing Wisely" to OT Practice (1.5 PDU)
- 91 The Menu Task: A Training Workshop (3 PDU)
- 92 Unlocking Potential in Non-Traditional Settings for the OTA (1.5 PDU)
- 98 Assistive Technology for Eating: Assessment, Funding, and Implementation (1.5 PDU)
- 103 Animal-Assisted Occupational Therapy Recommended Standards and Professional Responsibilities (1 PDU)
- 115 Navigating Uncomfortable Conversations: Building Therapeutic Rapport in Occupational Therapy Practice (1.5 PDU)
- 117 What Does Social Prescribing Have To Do With Occupational Therapy? (1.5 PDU)
- 122 EmpowerHer: A Guidebook for OTs in Women's Shelters (1.5 PDU)

MENTAL & BEHAVIORAL HEALTH/SENSORY/WELLNESS

- 4 Nature-Based OT for Mental Wellness: Neurological Foundations (3 PDU)
- 5 Handle with Care®: Behavior Management System (7 PDU)
- 7 Autistic Burnout in Adulthood: Occupational Impact and Recovery (1.5 PDU)
- 11 Managing Elopement by Individuals with Autism (1.5 PDU)
- 12 Creating Authentic Evidence-Based Sensory Diets (3 PDU)
- 13 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDU)
- 14 Navigating Professional Burnout as an OT (1.5 PDU)
- D – Feeling Fulfilled Is A Right: An Inspiring Movie Night (.5 PDU)
- 24 OT's Role in the Phenomenon of Death (1.5 PDU)

CUSTOMIZE YOUR SCHEDULE: SESSIONS BY PRACTICE AREA

- 27 Sensory Regulation and Executive Function: An Integrative Approach (3 PDU)
- 35 Empowering Survivors of Intimate Partner Violence (1.5 PDU)
- 40 Let's Talk About Sex: Enhancing Cancer Survivorship Care (1 PDU)
- 47 Occupying Hands and Minds: Experiential Art for PTSD (2 PDU)
- 49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU)
- 62 Dismantling the Menopause Taboo: Occupational Therapy Treatment Approach (1 PDU)
- 65 Embedding Multidisciplinary Groups into an Autism Classroom (1 PDU)
- 71 Maternal Transitions, Mental Health, and Sensory Processing (1 PDU)
- 74 Stress Is Everywhere All at Once, Handle It! (2 PDU)
- 80 Implementing Garden-Based Intervention Within Early Head Start (1 PDU)
- 93 Positive Psychology and Mindfulness: Clinical Applications and Beyond (1.5 PDU)
- 104 Sensory Processing Disorder or Sensory Processing Sensitivity? (1 PDU)
- 105 Understanding the Client's Sensory Needs in Mental Health (1 PDU)
- 106 Multidisciplinary Collaboration for Neurodiverse Clients (3 PDU)
- 108 Serving the Unhoused Population in Skid Row (3 PDU)
- 109 Wired for Connection: Supporting Sexual Health in Neurological Recovery (2 PDU)
- 112 A Holistic Approach to Aquatic Therapy: An Adaptive Wellness Swim Program (2 PDU)
- 114 Risky Business: Standardized Patients in Mental Health OT Education (2 PDU)
- 118 Designing and Implementing an Acute Care Psychosocial Mentorship Program (1.5 PDU)
- 122 EmpowerHer: A Guidebook for OTs in Women's Shelters (1.5 PDU)
- 123 Psychedelic-Assisted Therapy: Expanding Horizons for Occupational Therapy (1.5 PDU)

PEDIATRICS/SCHOOL-BASED

- 2 Implementing the OT/PT Guidelines into School-Based Practice (1.5 PDU)
- 3 Client-Centered Care and Upper Extremity Trauma (1.5 PDU)
- 4 Nature-Based OT for Mental Wellness: Neurological Foundations (3 PDU)
- 10 Pediatric Private Practice Insurance Challenges (1.5 PDU)
- 12 Creating Authentic Evidence-Based Sensory Diets (3 PDU)
- 23 The Power of Touch Through Infant Massage (1.5 PDU)
- 27 Sensory Regulation and Executive Function: An Integrative Approach (3 PDU)
- 33 After the NICU: Using Pictures to Share Mothers' Experiences, Perspectives, and Needs (1.5 PDU)
- 44 Disrupting the School-to-Prison Pipeline: OT's Role (2 PDU)
- 45 The Role of Interoception in Pediatric Feeding Disorders (2 PDU)
- 64 Promoting Social and Emotional Competencies with a Trauma-Informed Approach to Early Childhood Education (1 PDU)
- 65 Embedding Multidisciplinary Groups into an Autism Classroom (1 PDU)
- 69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDU)
- 72 Exploring Connection, Closeness, and Curiosity with DIR Floortime® (1 PDU)
- 79 OT, AI, and Pediatrics (1 PDU)
- 80 Implementing Garden-Based Intervention Within Early Head Start (1 PDU)
- 85 Not Your Average OTP: Addressing Menstruation in Pediatrics (1.5 PDU)
- 86 Embedding AI into School-Based OT (1.5 PDU)
- 90 Advancing Occupational Therapy's Role in Tiered Response to Intervention (3 PDU)

- 95 We All Grow: The Transition from Adolescence to Adulthood (1.5 PDU)
- 96 Got Routines, OTs? Effective Coaching for Early Intervention Success (1.5 PDU)
- 101 Virtual Vigor: Empowering Engagement Through Active Learning (1 PDU)
- 104 Sensory Processing Disorder or Sensory Processing Sensitivity? (1 PDU)
- 106 Multidisciplinary Collaboration for Neurodiverse Clients (3 PDU)
- 107 Engaging Families to Support Pediatric Feeding Interventions (3 PDU)
- 113 Partnering with Parents: Collaborative Coaching in Early Intervention (2 PDU)
- 119 Embedding Early STEAM Learning in OT Practice (1.5 PDU)
- 120 Data Driven Decision Making: Informing Strengths and Intervention in Pediatric Populations (1.5 PDU)
- 121 Lunch Bunch: Sensory-Based Feeding Group in Early Intervention (1.5 PDU)

PHYSICAL DISABILITIES/REHAB/FEEDING & SWALLOWING/HANDS

- 3 Client-Centered Care and Upper Extremity Trauma (1.5 PDU)
- 8 Hand Tendon Repair Management: From Simple to Complex (1.5 PDU)
- 26 Never Ending Recoveries: Lived Experiences of Pain and Fatigue (3 PDU)
- 34 Bridging the Gap to Home Care for ALS (1.5 PDU)
- 40 Let's Talk About Sex: Enhancing Cancer Survivorship Care (1 PDU)
- 45 The Role of Interoception in Pediatric Feeding Disorders (2 PDU)
- 49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU)
- 67 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDU)
- 69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDU)
- 77 Spinal Injury Games: Facilitating Wellness Through Participation (1.5 PDU)
- 84 How Neurodegenerative Diseases Affect Circadian Rhythms (1.5 PDU)
- 88 Discharge Dilemma: TBI, Unhoused, and Acute Rehabilitation (1.5 PDU)
- 95 We All Grow: The Transition from Adolescence to Adulthood (1.5 PDU)
- 100 Facilitating Occupational Participation Using Technology for Neurorehabilitation (1 PDU)
- 102 Empowering Acute Care OTs: Advanced Orthosis Fabrication Mentorship (1 PDU)
- 107 Engaging Families to Support Pediatric Feeding Interventions (3 PDU)
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- 118 Designing and Implementing an Acute Care Psychosocial Mentorship Program (1.5 PDU)
- 121 Lunch Bunch: Sensory-Based Feeding Group in Early Intervention (1.5 PDU)

TECHNOLOGY

- 46 Smartphone Lifestyle: Incorporating Continuous Glucose Monitoring in OT (2 PDU)
- 73 When Backward Design Meets Games in OT Education (1 PDU)
- 79 OT, AI, and Pediatrics (1 PDU)
- 86 Embedding AI into School-Based OT (1.5 PDU)

CUSTOMIZE YOUR SCHEDULE: SESSIONS BY PRACTICE AREA

- 98 Assistive Technology for Eating: Assessment, Funding, and Implementation (1.5 PDUs)
- 100 Facilitating Occupational Participation Using Technology for Neurorehabilitation (1 PDU)
- 101 Virtual Vigor: Empowering Engagement Through Active Learning (1 PDU)
- 102 Empowering Acute Care OTs: Advanced Orthosis Fabrication Mentorship (1 PDU)

THEME: AMPLIFYING THE POWER OF WHY!

- D – Feeling Fulfilled Is A Right: An Inspiring Movie Night
- 48 OTAC and AOTA Leadership Panel: Sharing Our WHY! (1.5 PDUs)
- 68 Purpose and the Power of Sharing (3 PDUs)
- J – Sunday Keynote: From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDUs)

STUDENT TRACK

Students: The list of sessions below is available at the student discounted registration fee, plus, any session on Thursday or Sunday. Thursday sessions are a separate fee, with pricing very affordable. Students may also choose to pay the practitioner fee to attend ANY session on Friday and Saturday. STUDENTS ONLY sessions offer no PDUs.

- 20 STUDENTS ONLY Sexuality and Sex as an Occupation (no PDUs)
- 21 Interviewing and Rate Negotiations for the New Graduate (1.5 PDUs)
- 22 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs)
- 25 Home Evaluation in Community Mental Health (1.5 PDUs)
- 30 STUDENTS ONLY Unleashing Creativity in OT Treatment (no PDUs)
- 32 California Board of Occupational Therapy Annual Update (1.5 PDUs)
- 35 Empowering Survivors of Intimate Partner Violence (1.5 PDUs)
- 40 Let's Talk About Sex: Enhancing Cancer Survivorship Care (1 PDU)
- 41 STUDENTS ONLY The OTD Capstone Journey: A Panel Discussion (no PDUs)
- 43 Successfully Funding Your Research and Program Development Interests (2 PDUs)
- 47 Occupying Hands and Minds: Experiential Art for PTSD (2 PDUs)
- 48 OTAC and AOTA Leadership Panel: Sharing Our WHY! (1.5 PDUs)
- 49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU)
- 50 STUDENTS ONLY Exploring Nontraditional Pathways in Occupational Therapy (no PDUs)
- 51 Keynote Address: Purpose and the Power of WHY! (includes Awards Ceremony) (.5 PDUs)
- 60 STUDENTS ONLY NBCOT® National Certification Exam: Information You Need to Know (no PDUs)
- 61 Evidence in Action: Implementing EBP into Occupational Therapy (1 PDU)
- 63 Trauma-Informed Care in Occupational Therapy (1.5 PDUs)
- 68 Purpose and the Power of Sharing (3 PDUs)
- 70 STUDENTS ONLY Introduction to Neurorehabilitation Techniques for the Occupational Therapy Practitioner (no PDUs)
- 73 When Backward Design Meets Games in OT Education (1 PDU)
- 74 Stress Is Everywhere All at Once, Handle It! (2 PDUs)
- 78 STUDENTS ONLY Surviving Level II Fieldwork: Tips and Strategies for Success (no PDUs)
- 82 Ethical Application of “Choosing Wisely” to OT Practice (1.5 PDUs)
- 89 STUDENTS ONLY NBCOT Exam Knowledge Quest (no PDUs)
- 92 Unlocking Potential in Non-Traditional Settings for the OTA (1.5 PDUs)
- 93 Positive Psychology and Mindfulness: Clinical Applications and Beyond (1.5 PDUs)
- 99 STUDENTS ONLY Promoting Student Well-Being from OT Theory to Thriving (no PDUs)



SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Annual Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. **Students receive a discount on Conference registration fees.**

ACTIVITIES OF INTEREST

THURSDAY, NOVEMBER 7

- Attend any session at publicized rate
- Movie Night (Free for all Conference attendees)
- Let's Connect Gatherings

FRIDAY, NOVEMBER 8

- CFOT Awards Luncheon and Symposium—\$85, or \$10 student-only gallery seating/no lunch
Honored Lecture: Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession
- Student Track (Sessions)
20, 21, 22, 25, 30, 32, 35, 40, 41, 43, 47, 49, 50
- OTAC Awards Ceremony
- Keynote Address: Purpose and the Power of Why
- Expo Grand Opening—meet recruiting exhibitors and network with practitioners, play Bingo for cash and prizes
- Alumni/Student Receptions; Let's Connect Gathering

SATURDAY, NOVEMBER 9

- Student Track (Sessions)
60, 61, 63, 68, 70, 73, 74, 78, 82, 89, 91, 92, 93, 99
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$20 and be eligible for a drawing
- President's Mix 'N Mingle | Photo Booth | Trivia and Prizes
- Alumni/Student Receptions

SUNDAY, NOVEMBER 10

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare—*included in Sunday registration fee.*
Keynote: From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead
- OT Sunday Super Learners' Prize Drawing – Drawing at 2:00pm. Must be present to pick up prize (2:15pm–2:45pm).

SPECIAL OTAC STUDENT REGISTRATION DISCOUNT

STUDENTS MAY PAY THE PRACTITIONER RATES TO ATTEND ANY SESSION.

STUDENTS RECEIVE THE EARLY BIRD DISCOUNT RATE UNTIL THE CLOSE OF ADVANCE REGISTRATION, OCTOBER 31. BUT CAPACITY IS LIMITED. REGISTER NOW!

STUDENTS MAY ATTEND ANY SESSION ON SUNDAY AT THE STUDENT RATE



STUDENT TRACK

SUPPORTING OUR FUTURE LEADERS

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference & Innovation Expo affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a student discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.

SCHEDULE: THURSDAY, NOVEMBER 7 • PRE-CONFERENCE INSTITUTE

ALL SESSIONS ON THURSDAY ARE OPEN TO STUDENTS AT THE PUBLICIZED RATE.

THURSDAY, NOVEMBER 7, 2024

8:00am-6:30pm

Thursday Registration Hours

Registration for all four days will be located on the ground floor of the Hilton Pasadena in the foyer area of the International Ballroom. Anyone registered in advance for any day is welcome to pick up their registration packet on Thursday. If you are checking into the Hilton Pasadena or if you live in the area and are stopping by to pick up your registration packet, be sure to register/stay for the Thursday Movie Night and enjoy complimentary popcorn and iced tea.

9:00am-10:30am

1 Ready to Start Your Own Business? (1.5 PDUs)

Babak Amali, OT/L

This session is for you if you have always dreamed about starting your own business but don't know where to start. The steps to starting your own company/business will be reviewed. Attend this session to be eligible for a book drawing.

2 Implementing the OT/PT Guidelines into School-Based Practice (1.5 PDUs)

Lacey Tygenhof, OTR/L

Review California School-Based OT/PT Guidelines to implement into your school-based practice. Apply the California Guidelines into your school district, specific classrooms, and student IEPs. Learn all the ways the Guidelines can help you.

3 Client-Centered Care and Upper Extremity Trauma (1.5 PDUs)

Erica Herrera, OTD, OTR/L, CHT

The client-centered care approach is foundational to occupational therapy and integral to positive outcomes in trauma hand cases. Since assessments such as the COPM can be time consuming we will explore how to dialogue effectively.

9:00am-12:15pm

4 Nature-Based OT for Mental Wellness:

Neurological Foundations (3 PDUs)

Lorelei Woerner Eisner, OTR/L, C-IAYT

As OTs, subjectively we know the value of engaging in nature. In this session, we want to substantiate this with scientific grounding. Get your hands dirty, enliven the senses, explore movement – and dig into neurological whys.

9:00am-4:45pm

5 Handle with Care®: Behavior Management System (7 PDUs)

Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L

Become Handle with Care® certified. Do you struggle with managing aggressive behaviors? Handle with Care® consists of easy to learn techniques and methods that have been tested and proven to work with the most challenging children and adults. It covers both verbal and physical interventions methods. Handle with Care® is the world renowned leader in crisis intervention and behavior management training services. For over 30 years, they have earned an international reputation for teaching the safest and most powerful verbal and physical intervention methods in the history of the industry.

Verbal Method: Handle with Care® (HWC) training is an empowerment program for teachers, staff, consumers, and students. We teach staff how to be a solid object. Some character traits of a solid object are calm, focused, centered, grounded, stable, objective, caring, trustworthy, and fair. HWC's training describes how when a person or student is spiraling out of control and cannot contain his or her emotions, conflict, or tension, the practitioner can step in and offer assistance.

Physical Method: How to manage situations where the only appropriate and least restrictive response is the prompt skillful use of physical intervention. The HWC physical program is an extension of its verbal program, and comes from the same intent, namely, to assist the client in gaining mastery over his/her emotions and behavior so that they will be able to manage their emotions skillfully without assistance. HWC's training teaches that physical holds are not something you do to someone, it is something you do for someone. You hold someone to protect them and others from the physical and emotional consequences of out-of-control behavior.

10:45am-12:15pm

6 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)

Aaron Picus, OTD, OTR/L, BCP

This session will combine a diverse evidence base with the experiences of change-agent occupational therapy practitioners. Attendees will leave with concrete, actionable strategies to start a change at their workplace.

7 Autistic Burnout in Adulthood: Occupational Impact and Recovery (1.5 PDUs)

Samantha Valasek, OTD, OTR/L, CTTS, ADHD-RSP; Alexandra Feldman, OTD, OTR/L; Melanie Inouye, OTD, OTR/L

Autistic burnout can be debilitating, significantly limiting occupational engagement. This presentation will review research and clinical insights regarding affected occupational patterns and introduce adaptations and resources that can be incorporated into sessions to support recovery.

8 Hand Tendon Repair Management: From Simple to Complex (1.5 PDUs)

Karin Blen, OT/L, CHT

This is an introductory course regarding occupational therapy treatment for the management of lacerated tendons of the hand. Therapy providers will also learn basic hand anatomy to help understand current splinting rationale for tendon treatment.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Helps me keep up to date on regulations

Professional camaraderie

I attended before and enjoyed it

SCHEDULE: THURSDAY, NOVEMBER 7 • PRE-CONFERENCE INSTITUTE

THURSDAY – SPECIAL ACTIVITIES

8:00am-6:30pm Registration Hours

Registration will be located on the ground floor of the Hilton Pasadena in the foyer area of the International Ballroom. Anyone registered in advance for any day is welcome to pick up their registration packet on Thursday. If you are checking into the Hilton Pasadena or if you live in the area and are stopping by to pick up your registration packet, be sure to register/stay for the Thursday Movie Night and enjoy complimentary popcorn.

6:00pm-7:30pm D-Feeling Fulfilled Is A Right: An Inspiring Movie Night (.5 PDUs)

Featuring video with optimist, inspirationalist, author, and speaker Simon Sinek

Unlock the secret to a fulfilling life and career! Join us for an exclusive screening of and facilitated conversation about Simon Sinek's groundbreaking presentation on living a more fulfilled life. Sinek, the visionary behind the global movement to inspire kindness and purpose, has captivated audiences from Congress to Hollywood with his revolutionary ideas. Now it's your turn to experience his transformative message. You will hear from Sinek on how to find deep fulfillment by serving others, ways to ignite passion in yourself and those around you, and the surprising link between inspiration, kindness, and trust and saving lives in healthcare. Join us for the OTAC movie night and see if you agree with him.

12:45pm-2:15pm

10 Pediatric Private Practice Insurance Challenges (1.5 PDUs)

Domenique Embrey, OTD, OTR/L; Lindsey Ribota, OTD, OTR/L

Occupational therapy practitioners in private practice accept private insurance or private pay from families. Insurance companies identify what they will pay for and scrutinize documentation. What barriers prevent pediatric occupational therapy practitioners from accepting private insurance?

11 Managing Elopement by Individuals with Autism (1.5 PDUs)

Christal Haynes, OTD, OTR/L

This session will focus on delivering resources via a toolkit to caregivers of individuals with autism. The aim is to help occupational therapy practitioners manage elopement risks through providing prevention strategies in a tailored way.

12:45pm-4:00pm

12 Creating Authentic Evidence-Based Sensory Diets (3 PDUs)

Julia Wilbarger, PhD, OTR/L

Sensory diets are commonly used in pediatric OT practice; however, few adhere to the original key principles. This presentation will describe and apply a set of evidence-based principles for creating effective sensory diets for children.

13 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L; Emily M. Petersen, OTD, OTR/L; Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA; Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA

Reprising the discussions from the 2022 and 2023 Annual Conference of mental health as an integrated practice, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues and successes, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

2:30pm-4:00pm

14 Navigating Professional Burnout as an OT (1.5 PDUs)

Baily Zobel, OTD, OTR/L; Mary David, PsyD

This session will explore the healthcare crisis of professional burnout resulting in providers leaving the field. By critically evaluating trends in occupational therapy and reviewing empirical evidence for early identification of burnout, our aim is to reduce symptoms of stress.

15 OTAC 101: How to Become a Confident OTAC Ambassador (1.5 PDUs)

Jhennylyn Rivera, MOT, OTR/L; Bianca Callier, OTD, OTR/L

Learn about the various OTAC membership benefits and gain strategies to effectively advocate for the profession and state association. By the end of the presentation, you will obtain skills to become a confident OTAC ambassador. Are you a new member? Join us for a one-hour New Member Meet & Greet directly following the conclusion of this session.

16 Let's Get Together: Fostering Interdisciplinary Collaboration in Students (1.5 PDUs)

Cecilia S. Martinez, OTD, OTR/L, BCP; Marianne Hanover, PhD, PT, DPT

Effective collaboration in pediatric practice requires a nuanced exchange between disciplines. This presentation demonstrates a unique opportunity for students to experience successful collaborative practice and begin to understand each other's individual and complementary roles.

4:00pm-5:00pm

A – New Member Connection

Are you a new member? Register for session 15 and you can sign up for the New Member Connection with other new members and OTAC leaders. Hosted light refreshments.

B - OT Entrepreneur/Private Practice Connection

If you are in or exploring the wonders of private practice, register for any session on Thursday and you can sign-up to connect with other OT private practitioners and entrepreneurs. Hosted light refreshments.

C – Academic Connection

Register for session 16 and you can sign up to connect with other academicians. Hosted light refreshments.

6:00pm-7:30pm

D - Feeling Fulfilled Is A Right:

An Inspiring Movie Night (.5 PDUs)

Featuring video with optimist, inspirationalist, author, and speaker Simon Sinek

Unlock the secret to a fulfilling life and career! Join us for an exclusive screening of and facilitated conversation about Simon Sinek's groundbreaking presentation on living a more fulfilled life. Sinek, the visionary behind the global movement to inspire kindness and purpose, has captivated audiences from Congress to Hollywood with his revolutionary ideas. Now it's your turn to experience his transformative message. You will hear from Sinek on how to find deep fulfillment by serving others, ways to ignite passion in yourself and those around you, and the surprising link between inspiration, kindness, and trust and saving lives in healthcare. Join us for the OTAC movie night and see if you agree with him.

Directly following the video, stay with us for a facilitated conversation about feeling fulfilled, sharing your why, and more. Our facilitator, Joshua Caiquo, OTD, OTR/L, has an MBA in healthcare management and is dedicated to mentoring African American students and creating environments conducive to academic and personal growth.

Don't miss this chance to revolutionize your outlook, inspire those around you, and live a more fulfilled life. Seats are limited – register today! Ten lucky movie-goers will leave with Simon Sinek's bestseller, "Find Your Why!"

Transform your life. Inspire others. Make a difference. It all starts here!

Hosted popcorn and iced tea

SCHEDULE: FRIDAY, NOVEMBER 8

FRIDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited.

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

Separate fee required.

AWARDS

Come help celebrate recipients of the 2024 California Foundation for Occupational Therapy (CFOT) scholarships, research, grants, and awards. The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

CFOT SYMPOSIUM HONORED LECTURER

Heather J. Kitching, OTD, OTR/L, FAOTA

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

3:15pm-5:15pm

51 OTAC Awards Ceremony and Keynote Address (.5 PDUs)

OTAC AWARDS CEREMONY

Come one, come all! You are invited to come recognize and celebrate our 2024 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Ada Boone Hoerl, MA, COTA/L

Purpose and the Power of Why (.5 PDUs)

Amidst the sameness of repetition and the constant flux of change, the expected and unexpected, we must sometimes pause and reflect on our current position. Even when we think we know our path forward, a moment of reflection can make us question how we arrived here. Given the profound experiences of recent years, this is a crucial time for us to come together with friends and colleagues, focusing inward rather than on external demands. This pause will allow us to reconnect with our passion and ownership for the profession we love, reignite our drive, and revisit, rewrite, or share our personal narratives and why. Armed with renewed clarity and intention, we can then return to our roles and routines with a brighter outlook on the journey ahead.

5:15pm-7:15pm

E - Innovation Expo Grand Opening | Exhibitor Bingo and Trivia for Prizes

Join us for the grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and trivia for prizes. Many exhibitors also offer giveaways.

7:30pm- 9:00pm

Student and Alumni Receptions

OTAC's Annual Conference & Innovation Expo is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

FRIDAY, NOVEMBER 8, 2024

7:15am-5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited.

8:15am-9:45am

20 STUDENTS ONLY Sexuality and Sex as an Occupation (no PDUs)

Lawrence Stevenson, OTD, OTR/L; Karrie Kingsley, OTD, OTR/L; Rose Dominguez, OTR/L, CBIS; Gabriel Cravens, OTD, OTR/L

Do you want to talk about the ADL of sex but don't know how? Our expert panelists will share their clinical experience and ways to navigate this very important topic.

21 Interviewing and Rate Negotiations for the New Graduate (1.5 PDUs)

Allison Baker, MS, OTR/L

New and soon-to-be graduates will learn to complete thorough market research, prepare stand-out resumes, and articulate value to potential employers. We deconstruct the interview process and build confident negotiators to help you start a meaningful OT career. *Open to students.*

22 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs)

Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA; Min Ji Song, OTD, OTR/L; Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Lisa Test, OTD, OTR/L, FAOTA; Rena Katrikh, OTD, OTR/L; Arameh Anvarizadeh, OTD, OTR/L, FAOTA

Join us for a critical briefing on the latest legislative and regulatory changes impacting the occupational therapy profession, including the OT School Credential Initiative, OT Compact, and more. Attendees will also learn about OTAC's grassroots advocacy program, GO-TO-OT. *Open to students.*

23 The Power of Touch Through Infant Massage (1.5 PDUs)

Shelley Wear, OTD, OTR/L, NTMTC

Touch is the first sense that a baby develops in the first trimester of pregnancy. This sense is what supports our perceptual experiences in the world after birth. Infant massage facilitates sleep, digestion, colic, and constipation.

24 OT's Role in the Phenomenon of Death (1.5 PDUs)

Melanie Evangelista, OTR/L, BCG

In this session, clinicians will explore the concept of death and the dying process through a phenomenological lens to understand occupational therapy's role in end-of-life care.

25 Home Evaluation in Community Mental Health (1.5 PDUs)

Michael Heaton, OTR/L; Pamela Tschumi, OTR/L

Tour a home through the lens of mental health OTs. As we explore each room, we will discuss common challenges and supports which are seen when providing field-based services to pediatric and adult populations. *Open to students.*

8:15am-11:30am

26 Never Ending Recoveries: Lived Experiences of Pain and Fatigue (3 PDUs)

Aaron Picus, OTD, OTR/L, BCP

This session will help challenge assumptions about pain and fatigue from a first-person perspective. Integrating cutting edge research, participants will enhance their understanding of the lived experience, resilience, biopsychosocial model, acceptance and commitment therapy, and pain neuroscience education.

SCHEDULE: FRIDAY, NOVEMBER 8

27 Sensory Regulation and Executive Function:

An Integrative Approach (3 PDUs)

Lindy Joffe, OTD, OTR/L

This session will explore the intersection of sensory processing and executive function in children with regulatory challenges, overviewing a novel treatment approach. It will focus on the neurological, theoretical, and practical components to provide immediate treatment ideas.

28 Demystifying Fieldwork for the Practitioner (3 PDUs)

Becky Crouch, OTD, OTR/L; Helena Reed, OTR/L

Are you uncertain about supervising a fieldwork student? With fieldwork placements becoming harder and harder to find, this session will help to demystify the fieldwork experience and encourage you to accept this professional responsibility confidence.

10:00am-11:30am

30 STUDENTS ONLY Unleashing Creativity in OT Treatment (no PDUs)

Donna Ozawa, MFA, ECHM, MAOT, OTRL, CAPS

This session will explore the creative process of planning OT treatment while addressing personal fulfillment. Through real-world examples and hands-on activities, participants will gain insight into innovative strategies used in the field.

31 A Person-Centered Approach to the Admissions Experience (1.5 PDUs)

Amber Bennett, OTD, OTR/L; Amanda Speights, DHSc, OTR/L

In this session attendees will learn how an entry-level doctorate program responded to declining application rates and exceeded enrollment targets by implementing person-centered strategic enrollment management techniques to increase the number of qualified applicants.

32 California Board of Occupational Therapy Annual Update (1.5 PDUs)

Richard Bookwalter, MS, OTR/L;

Heather Martin, CBOT Executive Officer

Come learn about the California Board of Occupational Therapy (CBOT), the state licensing board for occupational therapy practitioners. The session will cover licensing, regulatory issues, and enforcement changes affecting OTs and OTAs. *Open to students.*

33 After the NICU: Using Pictures to Share Mothers' Experiences, Perspectives, and Needs (1.5 PDUs)

Aviril Apple Sepulveda, OTD, OTR/L, BCP, SCFES, IBCLC;

Andrea Sanchez, OTD, OTR/L; Ana Argon, AA, CPQCC;

Josie Mora, Peer Mentor

Informed by participatory action research methodologies, this presentation will highlight mothers' experiences, perspectives, and needs, and identify factors influencing their care during the NICU transition, including integrating maternal mental health into early intervention practice.

34 Bridging the Gap to Home Care for ALS (1.5 PDUs)

Joyce Khowdee, OTD, OTR/L; Amber Duran, OTS;

Christina Marushok, OTS; Jacqueline Orendain-Garcia, OTS

This session will focus on barriers to homecare for individuals with ALS. The presenters will share resources, OT initiatives, and an OT legacy project that helps bridge the gaps in necessary services for improved QoL.

35 Empowering Survivors of Intimate Partner Violence (1.5 PDUs)

Kelcey Storkersen, OTD, OTR/L; Heather Javaherian, OTD, OTR/L

This presentation will cover the impact of intimate partner violence (IPV), including self-efficacy, mental health, emotional health, psychosocial health, and physical health. Equipping OTs with this knowledge can set a foundation for skilled services for survivors. *Open to students.*

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

An additional \$85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for \$10; lunch not included.

Seating is limited for both categories.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase your tickets(s) or purchase online [here](#).

CFOT AWARDS

Come help celebrate recipients of the 2024 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards. The Honored Lecturer Series and the CFOT Humanitarian Award join the OTAC Annual Awards Ceremony as among the most inspirational events at the Conference. Don't miss it!

SYMPOSIUM HONORED LECTURER

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

Heather J. Kitching, OTD, OTR/L, FAOTA

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.

1:00pm-2:00pm

40 Let's Talk About Sex: Enhancing Cancer Survivorship Care (1 PDU)

Lynn Kim Jeong, OTD, OTR/L; Sherry Hite, MOT, OTR/L

This session will delineate an evidence-based approach to assessment and treatment of physical and psychosocial aspects of sexual dysfunction in oncology. Attendees will also view recommended devices/moisturizers and discuss case studies. *Open to students.*

41 STUDENTS ONLY The OTD Capstone Journey:

A Panel Discussion (no PDUs)

Elise Leizerovich, OTD, OTR/L; Courtney Boitano, OTD, OTR/L, BCBA-D; Penny Stack, OTD, OTR/L

Capstone coordinators from various universities will discuss the capstone process including updated ACOTE standards, the planning process, and a review of successful capstone projects, including how to align your passions and interests to your capstone.

1:00pm-3:00pm

42 Bridging Trauma-Informed Care to the Adult Rehab Setting (2 PDUs)

Kaitlin Lillywhite, OTD, OTR/L, CSR

Trauma is prevalent in the general adult population, and even more so within the hospitalized population. Trauma-informed care can help maximize participation, therapeutic results, and patient outcomes.

43 Successfully Funding Your Research and Program

Development Interests (2 PDUs)

Moderator: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

The session will feature personal narratives from awardees of California Foundation for Occupational Therapy (CFOT) funding followed by a Q&A. Attendees will learn about CFOT funding that is appropriate to support your research or program development and the application process as well as tools needed to be successful in seeking professional support. *Open to students.*

SCHEDULE: FRIDAY, NOVEMBER 8

44 Disrupting the School-to-Prison Pipeline: OT's Role (2 PDUs)

Amy Zhao, OTD, OTR/L; Dejaney Clark, MA, OTR/L; Danielle Cooper, OTD, OTR/L

Occupational therapy practitioners have a unique role in disrupting the school-to-prison pipeline through working with children, teachers, families, and other community members. This presentation will review occupational therapy's unique role, interventions, and strategies across developmental ages.

45 The Role of Interoception in Pediatric Feeding Disorders (2 PDUs)

Briana Pollard, OTD, OTR/L, CLE; Andrea Sherman, OTD, OTR/L; Judy Hopkins, OTD, OT/L

Interoception develops through early experiences. Disruptions in these early experiences can lead to feeding disorders. This presentation will delve into interoception's role in feeding challenges and how to help children improve interoception awareness.

46 Smartphone Lifestyle: Incorporating Continuous Glucose Monitoring in OT (2 PDUs)

Shanpin Fanchiang, PhD, OTR/L; Roger Yu-Chieh Lo, MA, OTS; Natalie Palencia, OTS

The will session highlight how occupational therapy can include "smartphone lifestyle" by integrating selected apps for health-related self-management, specifically using Ambulatory Glucose Profiles (AGP) listed by Continuous Glucose Monitoring (CGM) to organize and optimize daily occupational engagement.

47 Occupying Hands and Minds: Experiential Art for PTSD (2 PDUs)

Angela Frame, OTD, OTR/L

Participants will explore the historical roots and impact of arts-based occupations on mental health and learn skills through experiential rock painting activities that can be applied in practice with clients with post-traumatic stress disorder (PTSD).
Open to students.

48 OTAC and AOTA Leadership Panel: Sharing Our WHY! (1.5 PDUs)

Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA; Arameh Anvarizadeh, OTD, OTR/L, FAOTA; Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Sarah Bream, OTD, OTR/L; Natalie Perkins, PP-OTD, OTR/L, FIIE; Stephanie Foster, PhD, OTR/L, RYT500

Moderator: Heather Javaherian, OTD, OTR/L, FAOTA

Join us for this panel of esteemed California leaders representing our state and national interests in the occupational therapy profession. They will share their WHY! and how it guided their leadership journey and passion for serving the profession. This two-hour session will include 30 minutes of networking and refreshments with the panelists and moderator. *Open to students.*

2:00pm-3:00pm

49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU)

Leah Willover, MA, OTR/L; Sherry Hite, MOT, OTR/L; Lynn Kim Jeong, OTD, OTR/L

Occupational therapy practitioners are well equipped to lead the way in holistic, person-centered breast cancer rehabilitation that addresses not only the significant physical impairments resulting from treatment but also psychosocial and lifestyle alterations that survivors must face. *Open to students.*

50 STUDENTS ONLY Exploring Nontraditional Pathways in Occupational Therapy (no PDUs)

Rebecca Jacobs, OTD, OTR/L; Christina Lavery, OTR/L, FWE; Arielle Cook, MOT, OTR/L; Jenna Freeman, OTD, OTR/L

This session will explore the expanding roles of occupational therapy beyond traditional settings, including pelvic health, support for the unhoused, and adult day programs. Attendees will discover how occupational therapy practitioners significantly impact these innovative and evolving fields.

3:15pm-5:15pm

51 OTAC Awards Ceremony and Keynote Address (.5 PDUs)

Must register to attend.

OTAC AWARDS CEREMONY

Come one, come all! You are invited to come recognize and celebrate our 2024 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Purpose and the Power of WHY (.5 PDUs)

Ada Boone Hoerl, MA, COTA/L

Amidst the sameness of repetition and the constant flux of change, the expected and unexpected, we must sometimes pause and reflect on our current position. Even when we think we know our path forward, a moment of reflection can make us question how we arrived here. Given the profound experiences of recent years, this is a crucial time for us to come together with friends and colleagues, focusing inward rather than on external demands. This pause will allow us to reconnect with our passion and ownership for the profession we love, reignite our drive, and revisit, rewrite, or share our personal narratives and why. Armed with renewed clarity and intention, we can then return to our roles and routines with a brighter outlook on the journey ahead.

5:15pm-7:15pm

E - Innovation Expo Grand Opening | Bingo and Trivia for Prizes

Join us for the grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about employment opportunities, too. Play Exhibitor Bingo and trivia for prizes. Many exhibitors also offer giveaways.

7:30pm-9:00pm

ALUMNI AND STUDENT RECEPTIONS

OTAC's Annual Conference alumni and student receptions are a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Wanted to attend sessions outside of my practice area

So inspiring

Catching up with old friends I hadn't seen in a while

Wanted to expand knowledge in my own field

BUILD YOUR CUSTOMIZED SCHEDULE

See pages 13 through 15 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

SCHEDULE: SATURDAY, NOVEMBER 9

INNOVATIONS EXPO ACTIVITIES

Friday, November 8 • 5:15pm–7:15pm

Saturday, November 9 • 11:30am–2:15pm

Join our Exhibitors and Sponsors at the Innovation Expo to:

- learn about **new products and services**
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception**—
Friday (5:15pm–7:15pm)
- **earn PDUs** by viewing posters – Saturday
- grab a quick **lunch** (\$20 advanced purchase to be eligible for prize giveaways) – Saturday
- learn about your **professional association**

SATURDAY, NOVEMBER 9, 2024

7:15am-6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-come, first-served. Seating capacity is limited.

8:15am-9:15am

60 STUDENTS ONLY NBCOT® National Certification Exam: Information You Need to Know (no PDUs)

Cesar Arada, OTD, MHS, OTR/L

NBCOT will share information about preparing and applying for the national OTR and COTA certification exams. Topics will include exclusive details about the exams, study tool resources, test day information, data regarding exam questions, and advice.

61 Evidence in Action: Implementing EBP into Occupational Therapy (1 PDU)

Sahar Ghahramani, MSOT

Occupational therapy faces a significant challenge: a 17-year gap between research and practice, hindering the integration of evidence-based practices (EBPs). Implementation science offers a promising solution, facilitating efficient adoption of EBPs and enhancing patient outcomes. *Open to students.*



62 Dismantling the Menopause Taboo: Occupational Therapy Treatment Approach (1 PDU)

Erin Bussell, OTD, OTR/L; Emma Schiewe, OTD, OTR/L, TTS

In this session, participants will explore a variety of lifestyle-based interventions to improve patients' abilities to cope with symptoms, improve sleep and sexual function, and reduce the risk of future comorbidities associated with menopause.

63 Trauma-Informed Care in Occupational Therapy (1 PDUs)

Kelcey Storkersen, OTD, OTR/L

This presentation will cover trauma-informed care, and how this approach can be utilized across various settings in occupational therapy. A focus in this presentation will be on how to understand, connect with, and empower clients. *Open to students.*

64 Promoting Social and Emotional Competencies with a Trauma-Informed Approach to Early Childhood Education (1 PDU)

Kaelyn O'Bryan, OTS

Understanding how toxic stress can impact a child's school readiness is vital for educators as facilitating a child's social and emotional competencies can help to combat the negative impact of these stressful events.

65 Embedding Multidisciplinary Groups into an Autism Classroom (1 PDU)

Amanda Noble, MS, OTR/L

Working as a multidisciplinary team in the child's least restrictive environment incorporates natural socialization for the student and provides modeling opportunities for teachers and classroom staff. Understanding a teacher's perspective is important to team building.

66 Equity in OT: Empowering Marginalized Student Success (1 PDU)

Natalie Perkins, PP-OTD, OTR/L

Discover our innovative \$1.7M grant-supported program, empowering occupational therapy students from low socioeconomic status backgrounds. Learn about tailored support, mentorship, and community partnerships for equitable student success in OT education.

8:15am-9:45am

67 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs)

Maureen Johnson, PhD, OT/L, BCPR, CHSE-A, C/NDT; Anna Ishizawa, MOT, OTR/L

This session will focus on a study that examined how competitive adaptive surfers with spinal cord injury, amputations, and cerebral palsy compared using judged wave scores and competition rankings for performance. Results will be discussed with rehabilitation implications.

8:15am-11:30am

68 Purpose and the Power of Sharing (3 PDUs)

Ada Boone Hoerl, MA, COTA/L

Join your friends and colleagues in an interactive and experiential session to explore your purpose, passion, and why through a variety of lenses. Complete activities now, not later, to stimulate robust conversation throughout the Conference weekend. A variety of approaches will be used to help participants develop a voice with purposeful narratives, meaning making, and connections, all founded in the value of occupation. *Open to students.*

69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn "Gigi" Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

SCHEDULE: SATURDAY, NOVEMBER 9

SATURDAY – SPECIAL ACTIVITIES

7:15am-6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at session and activities is first-come, first-served. Seating capacity is limited.

11:30am-2:15pm

G - Innovation Expo | Poster Presentations | Grab and Go Lunch | Exhibitor Bingo and Trivia for Prizes

Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only \$20. Purchasing advanced lunch makes you eligible for prize giveaway.)

6:00pm-7:00pm

H - President's Mix 'N Mingle | Photo Booth | Trivia and Prizes

OTAC president, Samia Rafeedie, invites Conference attendees to come relax, network, and unwind (no host bar).

7:30pm-9:00pm

Student and Alumni Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

I - OTA Connection

Calling OTAs! If you have been participating in our OTAC OTA member virtual meetings or are curious about what we've been up to, sign up to join us!

8:15am-11:30am (Part 1) | 2:30pm-5:45pm (Part 2)

F – Leadership Institute: Mentees & Mentors:

Take the Journey Together! (3 PDUs)

Jenna Mele, OTD, OTR/L, PAC-C, and Other Leadership Institute Committee Members

Join us for the second OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. Part 1 is the first cohort graduation celebration and networking with the faculty, committee, and cohort 2. Part 2 is the orientation and first module for the second cohort. [Must register and/or apply in advance.](#)

To participate in cohort 2, mentors and mentees must complete the application process by September 23. Acceptance notices sent by October 14. There is a fee for mentees; no fee for mentors. You can find more information about the LI and the application process here. Capacity for cohort 2 is limited to 10 teams. OTAC Members Only.

9:30am-10:30am

70 STUDENTS ONLY Introduction to Neurorehabilitation Techniques for the Occupational Therapy Practitioner (no PDUs)

Paul L. Penoliar, OTD, OTR/L, C/NDT; Mary David, PsyD

This session is intended to extend the foundational knowledge for neurological conditions and provide expanded insight into specialized clinical practices designed to remediate and rehabilitate symptoms, sequelae, and barriers to occupation.

71 Maternal Transitions, Mental Health, and Sensory Processing (1 PDU)

Tracy Becerra-Culqui, PhD, MPH, OT/L;
Carlin Reaume, OTD, OTR/L, MAEd, DipACLM

Understand the occupational changes that occur during maternal life transitions, including physiological and environmental shifts that challenge mental well-being. Learn how occupational therapy practitioners can support mothers with self-regulation, co-regulation, and establishing new habits and routines.

72 Exploring Connection, Closeness, and Curiosity with DIR Floortime® (1 PDU)

Phoebe Yam, OTD, OTR/L, C-HAIS, CPDT-KA;
Katherine Chen, MS, OTR/L

The Developmental, Individual Difference, Relationship-Based (DIR) Floortime® model is a frame of reference developed by Dr. Greenspan and Serena Wieder in the 1980s which emphasizes the importance of relationships and emotional connections for human development.

73 When Backward Design Meets Games in OT Education (1 PDU)

Divya Desai, OTD, OTR/L, LSVT-Big®

This session will introduce the use of backward design as a way to identify learning objectives that can then be connected with a game of choice to meet the learning needs of the new generation of students. *Open to students.*

9:30am-11:30am

74 Stress Is Everywhere All at Once, Handle It! (2 PDUs)

Don Gordon, PhD, OTR/L

This session will help participants better understand the biology and neurophysiology of stress. Attendees will learn a variety of coping strategies to add to their toolkit to better manage stress for themselves and their clients. *Open to students.*

75 OT Services to Address Age-Related Vision Changes (2 PDUs)

Graham Teaford, OTD, OTR/L, SCLV;
Cesar Arada, OTD, MHS, OTR/L; Joseph Juse, OTD, OTR/L

This course will address common conditions associated with age-related visual impairment. The course will discuss assessment, intervention, and collaborative strategies for different practice settings.

76 Building Your OT Business: From Practitioner to OTPreneur (2 PDUs)

Jayson Davies, MA, OTR/L; Sarah Putt, MA, OTR/L

Join this transformative session designed to guide OTPs with business aspirations from idea to action plan for your OT business. Using AOTA guidelines, the session will explore your niche, validate ideas, and collaborate for feedback, ensuring ethical alignment.

10:00am-11:30am

77 Spinal Injury Games: Facilitating Wellness Through Participation (1.5 PDUs)

Jennifer Bashar, OTD, OTR/L, BCPR, CBIST; Elvy Fuentes, MS, OTR/L;
Tiffany Yonemoto, MBA-HCM, CTRS, CBIS

This session will examine the role of sports in occupational therapy through the lens of the annual Spinal Injury Games event held at Rancho Los Amigos National Rehabilitation Center.

10:45am-11:45am

78 STUDENTS ONLY Surviving Level II Fieldwork: Tips and Strategies for Success (no PDUs)

Jessica Padilla, BS, COTA/L; Rachele Murphy, DHSC, OTR/L,
DipACLM

Academic fieldwork coordinators and recent graduates will engage in an interactive panel discussion with participants, sharing their tips and tools for success in a variety of different Level II fieldwork settings.

SCHEDULE: SATURDAY, NOVEMBER 9

79 OT, AI, and Pediatrics (1 PDU)

Baily Zobel, OTD, OTR/L; Mary David, PsyD

This presentation will discuss current Artificial Intelligence (AI) trends and the impact on the field of occupational therapy. We will discuss ways to leverage AI in pediatric occupational therapy practice to continue to move the field forward.

80 Implementing Garden-Based Intervention Within Early Head Start (1 PDU)

Winy Soenaryo, OTD, OTR/L; Jasmin Gonzalez, MA, OTR/L

This session will discuss the impact of garden-based interventions within the Early Head Start population to increase their exposure to sensory experiences and motor skills, leading to improved mental health and engagement in feeding activities.

81 The Impact of Racism on Students' Educational Experiences (1 PDU)

Melissa Luong, OTD, OTR/L

This session will explore how occupational therapy students' perceptions of racism and ethnic discrimination impacted their educational experiences. Implications and suggestions for improved occupational therapy educational experiences for students will be discussed.

11:30am-2:15pm

G - Innovation Expo | Poster Presentations | Grab and Go Lunch | Exhibitor Bingo and Trivia for Prizes

Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only \$20). Purchasing advanced lunch makes you eligible for a prize giveaway.

2:30pm-4:00pm

82 Ethical Application of "Choosing Wisely" to OT Practice (1.5 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Graham Teaford, OTD, OTR/L, SCLV

The AOTA Code of Ethics serves as a principled guide for occupational therapy practice. This document, combined with the "Choosing Wisely" information, published in 2019, can support ethical decision making across practice settings. *Open to students.*

83 Enhancing Outcomes: Coaching in Occupational Therapy (1.5 PDUs)

Katrina Long, OTR/L

This session will explore the application of evidence-based coaching skills in occupational therapy, highlighting the synergistic effects across various populations. Attendees will gain insights into enhancing therapeutic outcomes through coaching tools and skills.

84 How Neurodegenerative Diseases Affect Circadian Rhythms (1.5 PDUs)

Janice Kishi Chow, PhD, DOT, OTR/L; Jean Koketsu, OTD, OTR/L

Neurodegenerative diseases can disrupt one's circadian rhythm, debilitating quality of life. This session will present neuromechanisms of the circadian rhythm, the effects of neurodegenerative diseases on these pathways, and the evidence for occupation-based interventions.

85 Not Your Average OTP: Addressing Menstruation in Pediatrics (1.5 PDUs)

Alexandra Arguelles, MOT, OTR/L

Menstruation Hygiene Management (MHM) is a taboo activity of daily living that can start at nine years old and is not often addressed in the pediatric setting. This session will improve OTP's ability to provide intervention for MHM.

86 Embedding AI into School-Based OT (1.5 PDUs)

Jayson Davies, MA, OTR/L

Come discover innovative use cases for Artificial Intelligence (AI) in school-based OT. Explore how AI tools can enhance assessment, intervention, and documentation processes to empower OT practitioners to increase student independence and save time.

87 Creating a Structured Mentorship Program (1.5 PDUs)

Becky Crouch, OTD, OTR/L

Our profession recognizes mentorship as a critical aspect of professional development. In this workshop, the components of effective mentorship strategies will be reviewed and attendees will create a plan to implement mentorship in their workplace.

88 Discharge Dilemma: TBI, Unhoused, and Acute Rehabilitation (1.5 PDUs)

Raquel Saunders, OTD, OTR/L;

Jennifer Bashar, OTD, OTR/L, BCPR, CBIST

This session will illustrate OT's role in acute inpatient rehabilitation for persons experiencing homelessness with a traumatic brain injury (TBI), including a discussion of expected outcomes, program modifications necessitated by discharge disposition, and advocating within the interdisciplinary team.

2:30pm-4:30pm

89 STUDENTS ONLY NBCOT Exam Knowledge Quest (no PDUs)

Julie B. Kornbluth, MA, OTR/L

Join this exciting competition for OT students to enhance their NBCOT exam preparation. Practicing text questions and construction, format, and test-taking strategies will be highlighted in a fun and competitive atmosphere. Participate as part of a team or just watch, learn, and have fun. Prizes for the winning team.

[Sign up here.](#)

2:30pm-5:45pm

90 Advancing Occupational Therapy's Role in Tiered Response to Intervention (3 PDUs)

Allison Baker, MS, OTR/L; Courtney Boitano, OTD, OTR/L, BCBA-D

Occupational therapy practitioners holistically support students and systems within the educational setting. Learn to articulate OT's unique role in the Multi-Tiered Systems of Support (MTSS) model, identify interventions and supports within Response to Intervention (RTI), and participate in a hands-on laboratory experience.

91 The Menu Task: A Training Workshop (3 PDUs)

Gordon Giles, PhD, OTR/L, FAOTA

The Menu Task (MT) is an evidence-based and occupation-based brief functional cognition screening measure for acute and post-acute care settings. This workshop trains practitioners in the use and interpretation of the MT in adult populations.

4:15pm-5:45pm

92 Unlocking Potential in Non-Traditional Settings for the OTA (1.5 PDUs)

Marlene Steele, MHA/Ed, COTA/L;

Wendy Manna, COTA/L, MHA/Ed

In this session, attendees will explore innovative OT settings. Come assess your unique skills within the OT Practice Framework to expand your professional horizons and learn to bridge the gap and transition from traditional to non-traditional settings. *Open to students.*

93 Positive Psychology and Mindfulness: Clinical Applications and Beyond (1.5 PDUs)

Don Gordon, PhD, OTR/L

Positive psychology and meditation are increasingly recognized for their therapeutic potential. This session will investigate recent research and include interactive elements to demonstrate positive psychology exercises and experience various forms of meditation. *Open to students.*

94 OT Home Assessment Incorporating Task and Environmental Lighting (1.5 PDUs)

Graham Teaford, OTD, OTR/L, SCLV; Uyen Nguyen, OTD, OTR/L

Home assessment is a key component in interventions for older adults with low vision. This course will review home assessments with an emphasis on environmental and task lighting assessment in addition to compensation strategies.

SCHEDULE: SATURDAY, NOVEMBER 9

95 We All Grow: The Transition from Adolescence to Adulthood (1.5 PDU's)

Alexandra Arguelles, MOT, OTR/L

Pediatric OTPs have a unique role in helping families think about the transition from adolescence to adulthood. OTPs can facilitate conversations with families to start the process of planning for their child becoming an adult.

96 Got Routines, OTs? Effective Coaching for Early Intervention Success (1.5 PDU's)

Shari Curtis, MHS, OTR/L; Stacey Landberg, MS, CCC-SLP; Renee Martinez, OTR/L

Many OTs working in early intervention struggle to effectively engage caregivers in collaborative coaching partnerships during families' ADLs. Join us as we learn and practice culturally responsive coaching strategies for immediate use with families.

97 Empowering Fieldwork Educators: Strategies for Student Success (1.5 PDU's)

Jessica Padilla, BS, COTA/L; Deanna Mannarelli, OTD, OTR/L

Fieldwork educators will learn strategies for guiding and preparing students through fieldwork and navigating potential challenges. This session will provide resources to implement in your practice setting to maximize success during fieldwork.

98 Assistive Technology for Eating: Assessment, Funding, and Implementation (1.5 PDU's)

Heather Keeton, MMT, ATP

This session will empower healthcare professionals to assess, implement, and advocate for assistive technology solutions, including writing effective letters of medical necessity. Aligned with the International Classification of Functioning, Disability and Health (ICF) framework, it provides practical guidance and hands-on learning.

4:45pm-5:45pm

99 STUDENTS ONLY Promoting Student Well-Being from OT Theory to Thriving (no PDU's)

Joanna Seber, OTD, OTR/L

Attendees will participate in an interactive session and explore occupational therapy student well-being in collaboration with the presenter – an OT, educator, and yogi – who facilitates a range of holistic micro habits available to busy OT students. Grounded in OT theory, students will envision a life of healthy stress management, self-care, and resilience in the face of risks for burnout.

6:00pm-7:00pm

H - President's Mix 'N Mingle | Photo Booth | Trivia and Prizes

OTAC president, Samia Rafeedie, invites Conference attendees to come relax, network, and unwind (light refreshments; no host bar). Shoot a lifetime of memories with your besties at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect.

7:30pm-8:30pm

I - OTA Connection

Calling OTAs! If you have been participating in our OTAC OTA member virtual meetings or are curious about what we've been up to, sign up to join us!

7:30pm-9:00pm

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WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

A great opportunity to be involved

The hands-on experience

The topics

My employer invited me to attend and paid for my registration

It was affordable

The variety of sessions

To practice my networking skills

To earn PDU's all in one place

Weekend availability

It is a friendly environment

I always attend

Attended for my own well-being



SCHEDULE: SUNDAY, NOVEMBER 10

SUNDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am-9:00am

J - OTAC Annual Meeting | Keynote Address | Coffee and Light Breakfast Fare (.5 PDUs)

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address.

Keynote Address: From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDUs)

Sherry Hite, MOT, OTR/L

This presentation will challenge the traditional narrative of doing and becoming and explore a different approach to personal development and professional success. It will deconstruct the concept of therapeutic use of self in the context of immigration, trauma, and fractured identities. Together, let's examine a journey of undoing oneself to forge new paths.

2:15pm-2:45pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 2:00pm. Check the board at the registration table between 2:15pm-2:45pm. Must be present to win.

SUNDAY, NOVEMBER 10, 2024

7:15am-2:45pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Note: Conference concludes a few hours earlier this year allowing you some earlier in the day travel time.

7:30am-9:00am

J - OTAC Annual Meeting | Keynote Address | Coffee and Light Breakfast Fare (.5 PDUs)

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9:15am-10:15am

100 Facilitating Occupational Participation Using Technology for Neurorehabilitation (1 PDU)

Joahnes Gatdula, OTD, OTR/L, ITOT, CNS

This session will discuss different technologies to promote occupational participation using virtual reality and functional electrical stimulation devices to analyze movement and facilitate function for neurologic patients with stroke, spinal cord injury, and traumatic brain injury.

101 Virtual Vigor: Empowering Engagement Through Active Learning (1 PDU)

Brett Buford, OTD, OTR/L; Amy Sadek, PhD, OTR/L, DipACLM

This workshop will provide educators ideas to invigorate the online/hybrid classroom experience. Evidence-based strategies will be explored to engage learners and enhance retention and participants will engage in active learning to reflect on its value.

102 Empowering Acute Care OTs: Advanced Orthosis Fabrication Mentorship (1 PDU)

Shohei Takatani, MS, OTR/L;

Irene Vithyavuthi, MS, OTR/L

Discover our rigorous mentorship program at Stanford Hospital, tailored for OTs to excel in orthosis fabrication. With graded technical training, attendees will conquer five main orthoses from basic to complex under expert guidance.

103 Animal-Assisted Occupational Therapy Recommended Standards and Professional Responsibilities (1 PDU)

Phoebie Yam, OTD, OTR/L, C-HAIS, CPDT-KA

OTPs have a professional responsibility to ensure they have the skills to include animal-assisted therapy (AAT) services that will benefit both clients and animals. This session will discuss how to ethically practice AAT with dogs.

104 Sensory Processing Disorder or Sensory Processing Sensitivity? (1 PDU)

Melissa Schwartz

Though sensory processing disorder (SPD) is well understood in the OT community, Sensory Processing Sensitivity (SPS) is still becoming more commonly known. In this session attendees will learn the similarities and differences between SPD and SPS.

105 Understanding the Client's Sensory Needs in Mental Health (1 PDU)

Karren Pineda, OTD; Rhonda Windham, OTD, OTR/L

Attendees will explore sensory processing challenges in mental health, gaining skills to recognize, intervene, and improve outcomes. You will learn to implement evidence-based sensory strategies, enhancing clinical practice for improving client care in mental health settings.

9:15am-12:30pm

106 Multidisciplinary Collaboration for Neurodiverse Clients (3 PDUs)

Baily Zubel, OTD, OTR/L; Rina Barak, MA, CCC-SLP;

Katy Marshack, MA, BCBA

This session will explore evidence-informed practice for autistic clients to maximize clinical outcomes and everyday participation. Reviews current best practice regarding multidisciplinary intervention, strategies to increase collaboration, and the optimal areas of overlap between the professions.

107 Engaging Families to Support Pediatric Feeding Interventions (3 PDUs)

Jennifer Jones, OTD, OTR/L, BCP; Sonia Trejo, OTD, OTR/L

This session will discuss feeding intervention models focusing on including caregivers within treatment and provides ideas to support caregivers' participation for carryover with consideration of new caregiver training CPT codes.

SCHEDULE: SUNDAY, NOVEMBER 10

ALL SESSIONS
ON SUNDAY
ARE OPEN TO
STUDENTS

108 Serving the Unhoused Population in Skid Row (3 PDUs)

Alejandro Campos Robledo, OTS; Karen Tapper, OTD, OTR/L

The session will explore the role of occupational therapy in permanent supportive housing and primary care in Skid Row and examine the occupational and health needs unique to the unhoused and recently housed population in this area.

10:30am-12:30pm

109 Wired for Connection: Supporting Sexual Health in Neurological Recovery (2 PDUs)

Diana Le, OTR/L, CBIS, Certified Sexuality OT; Christine Lee, MSOT, OTR/L

Attendees will develop sexual health competency to overcome stigma by exploring evidence-based approaches, communication strategies, and adaptation techniques to improve the clinical outcomes of patients with neurological diagnoses. Attendees will discover resources to support patients, partners, and families.

110 Protecting OT's Future: Reducing the Risk of Fieldwork Educator Burnout (2 PDUs)

Candace Chatman, OTD, OTR/L; Clarissa Saunders-Newton, PhD, OTR/L; Anna Lynch, OTD, OTR/L; Joan Vartanian, OTR/L

Burnout threatens to decrease fieldwork placements – a common concern of occupational therapy programs. This session aims to provide evidence-based knowledge and tools to identify burnout factors and strategies to increase the well-being of fieldwork educators.

111 Navigating Life Care Planning: Empowering OT Practice in Complex Health Landscapes (2 PDUs)

Tracy Travis, OTD, OTR/L, CLCP; Ashea Neil, OTR/L, CLCP

Life care planning is a specialty practice, outlining the future needs of individuals who have been injured. Attendees will learn how your existing OT skill set can transfer into this emerging practice area.

112 A Holistic Approach to Aquatic Therapy: An Adaptive Wellness Swim Program (2 PDUs)

Bianca Callier, OTD, OTR/L; Melissa Cruz, OTR/L

The session will explore the transformative impact of client-centered aquatic therapy interventions, emphasizing inclusivity, cultural sensitivity, and evidence-based care. By prioritizing holistic wellness and swim skill instruction, practitioners can enhance participants' quality of life.

113 Partnering with Parents: Collaborative Coaching in Early Intervention (2 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn "Gigi" Smith, PhD, OTR/L, FAOTA; Courtney Boitano, OTD, OTR/L, BCBA-D

Occupational therapy practitioners in early intervention often struggle to engage caregivers in collaborative partnerships. This session will describe how coaching strategies can be used effectively to provide culturally responsive practice embedded into daily living activities.

114 Risky Business: Standardized Patients in Mental Health OT Education (2 PDUs)

Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L

This session will outline the current landscape of using standardized patients in mental health occupational therapy education and engage participants in a critical dialogue about the risks these simulation experiences pose across various domains.

12:45pm-2:15pm

115 Navigating Uncomfortable Conversations: Building Therapeutic Rapport in Occupational Therapy Practice (1.5 PDUs)

Marissa Marchioni, OTD, OTR/L, CEAS; Samantha Valasek, OTD, OTR/L, CTTS, ADHD-RSP

This session will delve into navigating tough talks in occupational therapy. Learn strategies for handling discomfort, addressing sensitive issues, and fostering trust with clients to enrich therapeutic relationships.

116 Coaching OT Students: From Stress to Success (1.5 PDUs)

Rachelle Murphy, DHSc, OTR/L, DipACLM

Occupational therapy students today are often stressed and lacking occupational balance. This session will provide educators with coaching tools and techniques to motivate students from stress to success during their educational program.

117 What Does Social Prescribing Have To Do With Occupational Therapy? (1.5 PDUs)

Ivory Rose, OTD, OTR/L

This session will explore the global phenomenon of "social prescribing," which commonly involves "prescriptions" for occupation-based community groups. The ties between social prescribing and OT will be explored as well as opportunities for growing OT involvement.

118 Designing and Implementing an Acute Care Psychosocial Mentorship Program (1.5 PDUs)

Lisa Worsham, MS, OTR/L; Margaret Latt, MS, OTR/L; Hayley Tharp, MS, OTR/L, CBIS

Acute care provides a unique opportunity to address both mental health and physical dysfunction. This program aims to improve OT's self-efficacy and use of psychosocial interventions in acute care through targeted workshops and mentoring.

119 Embedding Early STEAM Learning in OT Practice (1.5 PDUs)

Yvette Mere-Cook, EdD, OTR/L

An opportunity gap persists for exceptional children and their access to STEAM learning. This session will provide a hands-on, interactive workshop to learn ways to embed STEAM within OT practice to meet IEP goals.

120 Data Driven Decision Making: Informing Strengths and Intervention in Pediatric Populations (1.5 PDUs)

Annie Baltazar Mori, OTD, OTR/L; Aja Roley, OTD, OTR/L

Participants will learn how Data Driven Decision Making (DDDM) supports professional reasoning to illuminate the relationship between a client's reported strengths and data collected in a comprehensive assessment can guide intervention planning.

121 Lunch Bunch: Sensory-Based Feeding Group in Early Intervention (1.5 PDUs)

Amy Prasad, MA, OTR/L; Winny Soenaryo, OTD, OTR/L

This session will discuss the outcomes of a sensory-based feeding intervention group within an early intervention program to promote positive mealtime experiences.

122 EmpowerHer: A Guidebook for OTs in Women's Shelters (1.5 PDUs)

Jessica De Brun, OTD, OTR/L; Meira Becirovic, OTS

Attendees will explore how occupational therapy practitioners can empower women at the intersection of intimate partner violence and disability in women's shelters. Discover how OT can offer tailored support to rebuild autonomy, confidence, and skills for a brighter future beyond abuse.

123 Psychedelic-Assisted Therapy: Expanding Horizons for Occupational Therapy (1.5 PDUs)

Christy Billock, PhD, OTR/L, DipACLM

This session will explore the evolving frontier of psychedelic-assisted therapy as an opportunity for the expansion of occupational therapy services in mental healthcare settings as well as discuss ethical issues, legal landscape, and practice guidelines.

2:15pm-2:45pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, you will receive a ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 2:00pm. Check the board at the registration table between 2:15pm-2:45pm. Must be present to win.

CONFERENCE AT-A-GLANCE

THURSDAY, NOVEMBER 7

Registration Hours - 8:00am-6:30pm

9:00am	1 Ready to Start Your Own Business? (1.5 PDUs)	2 Implementing the OT/PT Guidelines into School-Based Practice (1.5 PDUs)		3 Client-Centered Care and Upper Extremity Trauma (1.5 PDUs)	4 Nature-Based OT for Mental Wellness: Neurological Foundations (3 PDUs)	5 Handle with Care®: Behavior Management System (7 PDUs) Ends at 4:45pm
10:45am	6 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)	7 Autistic Burnout in Adulthood: Occupational Impact and Recovery (1.5 PDUs)		8 Hand Tendon Repair Management: From Simple to Complex (1.5 PDUs)		
12:15pm						
12:45pm	10 Pediatric Private Practice Insurance Challenges (1.5 PDUs)	11 Managing Elopement by Individuals with Autism (1.5 PDUs)		12 Creating Authentic Evidence-Based Sensory Diets (3 PDUs)	13 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)	
2:15pm						
2:30pm	14 Navigating Professional Burnout as an OT (1.5 PDUs)	15 OTAC 101: How to Become a Confident OTAC Ambassador (1.5 PDUs)		16 Let's Get Together: Fostering Interdisciplinary Collaboration in Students (1.5 PDUs)		
4:00pm	A - New Member Connection (4:00pm-5:00pm)					
	B - OT Entrepreneur/Private Practice Connection (4:00pm-5:00pm)					
	C - Academic Connection (4:00pm-5:00pm)					
6:00pm	D - Feeling Fulfilled Is A Right: An Inspiring Movie Night (.5 PDUs) (6:00pm-7:30pm)					

*All sessions open to students

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CONFERENCE AT-A-GLANCE

FRIDAY, NOVEMBER 8									
7:15am	Registration Hours - 7:15pm-5:00pm								
8:15am	20 STUDENTS ONLY Sexuality and Sex as an Occupation (no PDUs)	21 Interviewing and Rate Negotiations for the New Graduate (1.5 PDUs) ST	22 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs) ST	23 The Power of Touch Through Infant Massage (1.5 PDUs)	24 OT's Role in the Phenomenon of Death (1.5 PDUs)	25 Home Evaluation in Community Mental Health (1.5 PDUs) ST	26 Never Ending Recoveries: Lived Experiences of Pain and Fatigue (3 PDUs)	27 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)	28 Demystifying Fieldwork for the Practitioner (3 PDUs)
9:45am									
10:00am	30 STUDENTS ONLY Unleashing Creativity in OT Treatment (no PDUs)	31 A Person-Centered Approach to the Admissions Experience (1.5 PDUs)	32 California Board of Occupational Therapy Annual Update (1.5 PDUs) ST	33 After the NICU: Using Pictures to Share Mothers' Experiences, Perspectives, and Needs (1.5 PDUs)	34 Bridging the Gap to Home Care for ALS (1.5 PDUs)	35 Empowering Survivors of Intimate Partner Violence (1.5 PDUs) ST			
11:30am	CFOT Awards Luncheon and Symposium (.5 PDUs) - Separate Ticket Required - \$85 (Students - \$85 or \$10 no lunch/gallery seating)								
1:00pm	40 Let's Talk About Sex: Enhancing Cancer Survivorship Care (1 PDU) ST	41 STUDENTS ONLY The OTD Capstone Journey: A Panel Discussion (no PDUs)	42 Bringing Trauma-Informed Care to the Adult Rehab Setting (2 PDUs)	43 Successfully Funding Your Research and Program Development Interests (2 PDUs) ST	44 Disrupting the School-to-Prison Pipeline: OT's Role (2 PDUs)	45 The Role of Interoception in Pediatric Feeding Disorders (2 PDUs)	46 Smartphone Lifestyle: Incorporating Continuous Glucose Monitoring in OT (2 PDUs)	47 Occupying Hands and Minds: Experiential Art for PTSD (2 PDUs) ST	48 OTAC and AOTA Leadership Panel: Sharing Our WHY! (1.5 PDUs)
2:00pm	49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU) ST	50 STUDENTS ONLY Exploring Nontraditional Pathways in Occupational Therapy (no PDUs)							
3:00pm	All proceed to the Awards Ceremony and Keynote Address								
3:15pm	51 - OTAC Awards Ceremony and Keynote Address (.5 PDUs)								
5:15pm	E - Innovation Expo Grand Opening Bingo and Trivia Prizes								
7:30pm	Alumni and Student Receptions								

ST = practitioner sessions open to students

CONFERENCE AT-A-GLANCE

SATURDAY, NOVEMBER 9

SATURDAY, NOVEMBER 9										
7:15am	Registration Hours - 7:15am-6:00pm									
8:15am	60 STUDENTS ONLY NBCOT® National Certification Exam: Information You Need to Know (no PDUs)	61 Evidence in Action: Implementing EBP into Occupational Therapy (1 PDU) ST	62 Dismantling the Menopause Taboo: Occupational Therapy Treatment Approach (1 PDU)	63 Trauma-Informed Care in Occupational Therapy (1 PDU) ST	64 Promoting Social and Emotional Competencies with a Trauma-Informed Approach to Early Childhood Education (1 PDU)	65 Embedding Multidisciplinary Groups into an Autism Classroom (1 PDU)	66 Equity in OT: Empowering Marginalized Student Success (1 PDU)	67 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs)	68 Purpose and the Power of Sharing (3 PDUs) ST	69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)
9:15am										
9:30am	70 STUDENTS ONLY Introduction to Neuro-rehabilitation Techniques for the Occupational Therapy Practitioner (no PDUs)	71 Maternal Transitions, Mental Health, and Sensory Processing (1 PDU)	72 Exploring Connection, Closeness, and Curiosity with DIR Floortime® (1 PDU)	73 When Backward Design Meets Games in OT Education (1 PDU) ST	74 Stress Is Everywhere All at Once, Handle It! (2 PDUs) ST	75 OT Services to Address Age-Related Vision Changes (2 PDUs)	76 Building Your OT Business: From Practitioner to OTPreneur (2 PDUs)	77 Spinal Injury Games: Facilitating Wellness Through Participation (1.5 PDUs)	8:15am-11:30am	
10:00am									F – Part 1 (Networking and Celebration) (no PDUs) Leadership Institute: Mentees & Mentors: Take the Journey Together For 1st and 2nd year cohorts	
10:30am										
10:45am	78 STUDENTS ONLY Surviving Level II Fieldwork: Tips and Strategies for Success (no PDUs)	79 OT, AI, and Pediatrics (1 PDU)	80 Implementing Garden-Based Intervention Within Early Head Start (1 PDU)	81 The Impact of Racism on Students' Educational Experiences (1 PDU)						
11:30am	G- Innovation Expo Poster Presentations Bingo and Trivia Prizes Grab and Go Lunch – \$20 (must advance purchase)									
2:30pm	82 Ethical Application of "Choosing Wisely" to OT Practice (1.5 PDUs) ST	83 Enhancing Outcomes: Coaching in Occupational Therapy (1.5 PDUs)	84 How Neuro-degenerative Diseases Affect Circadian Rhythms (1.5 PDUs)	85 Not Your Average OTP: Addressing Menstruation in Pediatrics (1.5 PDUs)	86 Embedding AI into School-Based OT (1.5 PDUs)	87 Creating a Structured Mentorship Program (1.5 PDUs)	88 Discharge Dilemma: TBI, Unhoused, and Acute Rehabilitation (1.5 PDU)	89 STUDENTS ONLY NBCOT Exam Knowledge Quest (no PDUs)	90 Advancing Occupational Therapy's Role in Tiered Response to Intervention (3 PDUs)	91 The Menu Task: A Training Workshop (3 PDUs)
4:00pm										
4:15pm	92 Unlocking Potential in Non-Traditional Settings for the OTA (1.5 PDUs) ST	93 Positive Psychology and Mindfulness: Clinical Applications and Beyond (1.5 PDUs) ST	94 OT Home Assessment Incorporating Task and Environmental Lighting (1.5 PDUs)	95 We All Grow: The Transition from Adolescence to Adulthood (1.5 PDUs)	96 Got Routines, OTs? Effective Coaching for Early Intervention Success (1.5 PDUs)	97 Empowering Fieldwork Educators: Strategies for Student Success (1.5 PDUs)	98 Assistive Technology for Eating: Assessment, Funding, and Implementation (1.5 PDUs)	99 STUDENTS ONLY Promoting Student Well-Being from OT Theory to Thriving (no PDUs)	2:30pm-5:45pm	
4:45pm									F – Part 2 (Orientation and 1st Module) (3 PDUs) Leadership Institute, cont. For 2nd year cohort	
5:00pm										
5:45pm										
6:00pm	H - President's Mix 'N Mingle Photo Booth Trivia and Prizes									
7:30pm	Alumni and Student Receptions									
	I - OTA Connection									

ST = practitioner sessions open to students

CONFERENCE AT-A-GLANCE

SUNDAY, NOVEMBER 10									
7:15am	Registration Hours - 7:15am-2:45pm								
7:30am	J - OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare (.5 PDUs)								
9:15am	100 Facilitating Occupational Participation Using Technology for Neuro-rehabilitation (1 PDU)	101 Virtual Vigor: Empowering Engagement Through Active Learning (1 PDU)	102 Empowering Acute Care OTs: Advanced Orthosis Fabrication Mentorship (1 PDU)	103 Animal-Assisted Occupational Therapy Recommended Standards and Professional Responsibilities (1 PDU)	104 Sensory Processing Disorder or Sensory Processing Sensitivity? (1 PDU)	105 Understanding the Client's Sensory Needs in Mental Health (1 PDU)	106 Multi-disciplinary Collaboration for Neurodiverse Clients (3 PDUs)	107 Engaging Families to Support Pediatric Feeding Interventions (3 PDUs)	108 Serving the Unhoused Population in Skid Row (3 PDUs)
10:15am									
10:30am	109 Wired for Connection: Supporting Sexual Health in Neurological Recovery (2 PDUs)	110 Protecting OT's Future: Reducing the Risk of Fieldwork Educator Burnout (2 PDUs)	111 Navigating Life Care Planning: Empowering OT Practice in Complex Health Landscapes (2 PDUs)	112 A Holistic Approach to Aquatic Therapy: An Adaptive Wellness Swim Program (2 PDUs)	113 Partnering with Parents: Collaborative Coaching in Early Intervention (2 PDUs)	114 Risky Business: Standardized Patients in Mental Health OT Education (2 PDUs)			
12:30pm									
12:45pm	115 Navigating Uncomfortable Conversations: Building Therapeutic Rapport in Occupational Therapy Practice (1.5 PDUs)	116 Coaching OT Students: From Stress to Success (1.5 PDUs)	117 What Does Social Prescribing Have To Do With Occupational Therapy? (1.5 PDUs)	118 Designing and Implementing an Acute Care Psychosocial Mentorship Program (1.5 PDUs)	119 Embedding Early STEAM Learning in OT Practice (1.5 PDUs)	120 Data Driven Decision Making: Informing Strengths and Intervention in Pediatric Populations (1.5 PDUs)	121 Lunch Bunch: Sensory-Based Feeding Group in Early Intervention (1.5 PDUs)	122 EmpowerHer: A Guidebook for OTs in Women's Shelters (1.5 PDUs)	123 Psychedelic-Assisted Therapy: Expanding Horizons for Occupational Therapy (1.5 PDUs)
2:15pm	OT Sunday Super Learners' Prize Drawings Winners Posted at Registration Counter at 2:00pm								
2:45pm	Registration Closes - Safe Travels All!								

*All sessions open to students



POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, November 9, 2024** – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm in the Expo Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDUs for each poster with a maximum of 2 PDUs allowed for the two-hour session.

Occupational Therapy Pain Management Program

Amanda Soukup, MS, OTR/L

3D Printed Adaptive Equipment in Occupational Therapy

Marisa Moore, OTD, OTR/L;

Lucy Hosoda, OTD, OTR/L, CBIS, CLT, CSRS

A Closer Look: Understanding Endometriosis and Pelvic Health Through the Lens of Occupational Therapy

Brenda Vergara, OTS

A Trauma-Informed, Occupation-Based Program for Formerly Unhoused Women

Gregoria Jessa De Vera, OTS

Addressing Transportation Barriers for Adaptive Recreation Programs

Nicole Gargiulo, OTS

Advocacy, Policy, and Legislation in Occupational Therapy

Victoria Maichel, OTD

Blast Into Reading with Pediatric Astronaut Training Program

Stacey Lennon, COTA/L

Caregivers of Stroke Survivors: Feelings About Discharge Home

Angelina Rico, COTA/L; Thalia Flores, COTA/L

Context of the Latino Health Experience

Alejandro Gutierrez, OTS; Kyle Riley, OTS;

Karen Arredondo, OTS; Joanna Redelman, OTS

Cultural Expression and its Implications for Occupational Therapy

Neena Dosanjh, OTS; Daniela Garcia OTS; Bria Newman, OTS;

Nancy Perla, OTS

Effectiveness of Sequential-Oral-Sensory (SOS)-Approach

Amanda Fogelman, OTS

Enhancing CreATivity in Art Occupations for Disabled Adults

Aarti Subamanian, OTS; Camille Aquino, OTS; Austin Yee, OTS;

Josh Montano, OTS

Executive Functions and Sensory Processing: Shaping Occupational Participation

Isabella Aguirre, OTS; Sophia Zertuche, OTS;

Kaitlin Mulvaney, OTS

Exploring OT Interventions for Parkinson's Patients Through Ballet

Lauren Jew, OTS

Exploring Parental Perceptions of Screen Time

Chantelle Manangan, OTS; Samantha Laureta OTS;

Kiley Hutchinson, OTS; Katherine Gonzalez, OTS;

Kelly Auld-Wright, OTR/L

Fostering Civility in Fieldwork Education

Deborah Bolding, PhD, OTR/L, FAOTA; Tessa Zapalac, OTS;

Sierra Wysock, OTS; Kristine Pambuenta, BS, OTS

Gender and Ethnicity on Stress and Coping in Universities

Eddie Chu, OTD, OTR/L; Erika Garza OTS;

Dominique Johnson, OTS; Shirin Hosseinkhah, OTS;

Tyler Thomas, OTS

Impact of OT at University-Affiliated Community-Based Fieldwork Sites

Kathryn Duke, OTD, OTR/L; Lauren Diaz, MSOT, OTR/L

Improving Student's Clinical Reasoning Through Experiential Learning

Kate Hayner, EdD, OTR/L

Increasing Awareness of OT at Dominican University

Katie Szoboszlay, OTS; Josh Ng, OTS; Rylee Sarasua, OTS;

Audrey Nakashima, OTS

Mentorship Treasure Chest (MTC): A Toolbox for Successful Mentoring

Bridget McCarron, OTS; Lluvia Gonzalez-Castro, OTS;

Austin Muniz-Bottomley, OTS; Sarah Donaldson, OTS

Motivational Interview with Veterans in Post-Secondary Education

Christopher Melendrez, OTAS; Nathaniel Jones, OTAS;

Vicky Vu, OTD, OTR/L, MBA, BCP; Dawn Arias, OTR/L

Occupational Therapy and Limited English Proficiency: A Scoping Review

Sarah Staten, OTS; Katie Tran, OTS; Shine Kim, OTS; Brianna

Katsuda, BA, OTS

Occupational Therapy Nutritional Programming for Adults with Disabilities

Antonia Hillman, OTD

OT Support for Deaf/Hard of Hearing Students

Liana Mae Atizado, OTS

Pet Care and Older Adults with Chronic Pain

Justina Necola, OTS; Alexandra Van Beurden, OTS; Sarah Skinner

OTS; Celia Gillespie, OTS; Nicolaas van den Heever, OTD, OTR/L

Political Astuteness Levels in Occupational Therapy Students

David Ranit-Mauro, OTS; Cara Mamola, OTS; Inessa Owen, OTS

POSTER PRESENTATIONS, CONT.

Predictability Value of GRE in an OT Program

Cesar Arada, OTD, MHS, OTR/L

QOL Correlators of Filipino-American Caregivers of Geriatrics

Tracy Nguyen, OTS; Alyanna Paulino, OTS; Giselle Santos, OTS; Yan-hua Huang, PhD, OTR/L

Reducing The Rate Recidivism Through Occupational Therapy

Marisa Given, OTS

Relationship of Yoga to POTS Symptoms

Jordan Bellamy, OTS; Elizabeth Kearney, OTS; Stephanie Flores, OTS

RTL and Teacher Collaboration's Impact on Kindergartners' Sensory Processing

Courtney Boitano, OTD, OTR/L, BCBA-D; Kieran Bolger, OTS; Zuriel Chester, OTS

Simulation-Based Education for Interprofessional Collaboration

Anne Decker, OTS; Jonathan Wong, OTS; Kate O'Neill, OTS; Clarisse Fulgado, OTS

Social Connectedness Impacting Prevalence of Chronic Conditions

Staphany Jimenez, OTS

Social Robotics for Caregivers of People with Dementia

Eddie Chu, OTD, OTR/L; Arielle Barba, OTS; Carlos Martinez, OTS; Jomar Valencia, OTS; Mary Llamera, OTS; Samantha Sison, OTS

Supporting the Mental Health of Asian American Caregivers

Arianna Bayangos, OTS; Rawan AlHeresh, PhD, OTR/L; Diane Smith, PhD, OTR/L, FAOTA

The Relationship Between Sensory Processing and Executive Function

Fan-Hsuan Chou, OTS; Sharon A. Cermak, EdD, OTR/L, FAOTA

Understanding Dementia and the Use of Sensory Strategies

Nazifa Fazli, OTS

Understanding the Experiences of OT Business Owners

Vanessa Rodriguez, OTS; Bryan Ha, OTS; Luke Waldschmitt, OTS; Gabriel Yabut, OTS

Virtual Reality (VR) Therapy in Anxiety and Depression Among Adults in Inpatient Settings: A Systematic Review

Camille Bucag, COTA/L, OTS; Lauren Coscolluela, OTS; Roberto Silva, OTS; Shaunna Kotka, OTS

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Saturday, November 9
11:30am-2:15pm

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Centre for Neuro Skills	Psymark
Collaborative for Leadership in Ayres Sensory Integration	Samuel Merritt University
FeldCare Connect	South Pacific Rehabilitation Services
Generations Healthcare	Southern California University of Health Services
Hawaii Pacific University OTD	Stanford Health Care
Kahuku Medical Center	The Genesis Group
Kaweah Health	Total Education Solutions
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Becky Crouch, OTD, OTR/L.....	8, 20, 24	Katrina Long, OTR/L.....	24	Penny Stack, OTD, OTR/L.....	20
Melissa Cruz, OTR/L.....	27	Melissa Luong, OTD, OTR/L.....	23	Marlene Steele, MHA/Ed, COTA/L.....	24
Shari Curtis, MHS, OTR/L.....	24	Anna Lynch, OTD, OTR/L.....	27	Lawrence Stevenson, OTD, OTR/L.....	19
Mary David, PsyD.....	18, 22, 23	Wendy Manna, COTA/L, MHA/Ed.....	24	Kelcey Storkersen, OTD, OTR/L.....	20, 22
Jayson Davies, MA, OTR/L.....	23, 24	Deanna Mannarelli, OTD, OTR/L.....	24	Shohei Takatani, MS, OTR/L.....	26
Jessica De Brun, OTD, OTR/L.....	7, 18, 27, 27	Marissa Marchioni, OTD, OTR/L, CEAS.....	27	Karen Tapper, OTD, OTR/L.....	8, 27
Divya Desai, OTD, TR/L, LSVT-Big®.....	23	Katy Marshack, MA, BCBA.....	8, 26	Graham Teaford, OTD, OTR/L, SCLV.....	23, 24, 24
Rose Dominguez, OTR/L, CBIS.....	19	Christina Marushok, OTS.....	20	Lisa Test, OTD, OTR/L, FAOTA.....	19
Amber Duran, OTS.....	20	Heather Martin, CBOT Executive Officer.....	20	Hayley Tharp, MS, OTR/L, CBIS.....	27
Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA.....	7, 18, 19, 21	Cecilia S. Martinez, OTD, OTR/L, BCP.....	18	Tracy Travis, OTD, OTR/L, CLCP.....	27
Domenique Embrey, OTD, OTR/L.....	18	Renee Martinez, OTR/L.....	24	Sonia Trejo, OTD, OTR/L.....	8, 26
Melanie Evangelista, OTR/L, BCG.....	19	Erin McIntyre, OTD, OTR/L.....	7, 18, 27	Pamela Tschumi, OTR/L.....	19
Shanpin Fanchiang, PhD, OTR/L.....	21	Jenna Mele, OTD, OTR/L, PAC-C.....	20	Lacey Tygenhof, OTR/L.....	17
Alexandra Feldman, OTD, OTR/L.....	17	Yvette Mere-Cook, EdD, OTR/L.....	27	Samantha Valasek, OTD, OTR/L, CTTS, ADHD- RSP.....	17, 27
Stephanie Foster, PhD, OTR/L, RYT500.....	21	Josie Mora, Peer Mentor.....	20	Joan Vartanian, OTR/L.....	27
Angela Frame, OTD, OTR/L.....	21	Annie Baltazar Mori, OTD, OTR/L.....	27	Irene Vithyavuthi, MS, OTR/L.....	26
Jenna Freeman, OTD, OTR/L.....	21	Rachelle Murphy, DHSC, OTR/L, DipACLM.....	23, 27	Shelley Wear, OTD, OTR/L, NTMTC.....	19
Elvy Fuentes, MS, OTR/L.....	23	Ashea Neil, OTR/L, CLCP.....	27	Julia Wilbarger, PhD, OTR/L.....	7, 18
Joahnes Gatdula, OTD, OTR/L, ITOT, CNS.....	26	Uyen Nguyen, OTD, OTR/L.....	24	Leah Willover, MA, OTR/L.....	21
Sahar Ghahramani, MSOT.....	22	Amanda Noble, MS, OTR/L.....	22	Rhonda Windham, OTD, OTR/L.....	26
Gordon Giles, PhD, OTR/L, FAOTA.....	8, 24	Kaelyn O'Bryan, OTS.....	22	Lorelei Woerner Eisner, OTR/L, C-IAYT.....	7, 17
Jasmin Gonzalez, MA, OTR/L.....	23	Jacqueline Orendain-Garcia, OTS.....	20	Lisa Worsham, MS, OTR/L.....	27
Don Gordon, PhD, OTR/L.....	23, 24	Donna Ozawa, MFA, ECHM, MAOT, OTRL, CAPS.....	20	Sierra Wysock, OTS.....	32
Marianne Hanover, PhD, PT, DPT.....	18	Jessica Padilla, BS, COTA/L.....	23, 24	Phoebe Yam, OTD, OTR/L, C-HAIS, CPDT-KA.....	23, 26
Rodney Harris, COTA/L.....	7, 17	Natalie Palencia, OTS.....	21	Tiffany Yonemoto, MBA-HCM, CTRS, CBIS.....	23
Christal Haynes, OTD, OTR/L.....	18	Paul L. Penoliar, OTD, OTR/L, C/NDT.....	22	Amy Zhao, OTD, OTR/L.....	21
Michael Heaton, OTR/L.....	19	Natalie Perkins, PP-OTD, OTR/L.....	21, 22	Baily Zubel, OTD, OTR/L.....	8, 18, 23, 26
Erica Herrera, OTD, OTR/L, CHT.....	17	Emily M. Petersen, OTD, OTR/L.....	7, 18		
Sherry Hite, MOT, OTR/L.....	7, 12, 20, 21, 26, 26				

CONFERENCE REGISTRATION FORM INSTRUCTIONS

SEE PAGE 3
FOR DEADLINES
TO REMEMBER

(form on page 36)

1. **Registrant:** Please print or type all data.
(Online registration is available on the OTAC website at www.otaconline.org through October 31, 2024 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. *Registration forms will NOT be accepted if you select overlapping sessions.*
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
 - You must check all boxes that apply or your registration is not complete.
 - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
 - Special Meal Needs: You must pre-register by October 18, 2024 or we may not be able to accommodate you.
 - Special Needs: You must pre-register by October 18, 2024.
 - Special Activities (SA): These events must be prepaid. There most likely will be no 'at-the-door' availability. Seating is limited.
 - Refund Policy: A refund, less \$75 administrative fee (\$45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 18, 2024. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 3 for Deadlines to Remember.

ATTENTION

CONFERENCE ATTENDEE AGREEMENTS/ DISCLAIMERS

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2024 Annual Conference & Expo, I agree to the following:

Professional Development/Information Disclaimer

OTAC's 2024 Annual Conference & Innovation Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals in arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

Waiver of Liability Agreement

By registering for any component of this conference, I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2024 Annual Conference & Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

WORKPLACE COLLEAGUE 10% DISCOUNT

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together, you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 18, 2024.

Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 18, 2024.
- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

CONFERENCE REGISTRATION FORM

See page 2 for deadlines and increases to Early Bird Registration Rates!



1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____
 Last Name _____ Credentials _____
 Home Address _____
 Home City/State/Zip _____
 Phone Home (____) _____ Work (____) _____ Cell (____) _____
 Email _____
 Who to contact in case of an emergency: (Name and cell phone) _____

2. PROGRAM SELECTION: (Circle) the sessions/activities you will attend. Sessions/activities are included in registration for the corresponding day. **You may not register for overlapping sessions.**

	THURSDAY					FRIDAY					SATURDAY					SUNDAY																		
AM Additional fees required for Thursday	1	2	3	4	5	20	21	22	23	24	25	26	27	28	60	61	62	63	64	65	66	67	68	69	100	101	102	103	104	105	106	107	108	
	6	7	8			30	31	32	33	34	35				70	71	72	73	74	75	76	77			109	110	111	112	113	114				
PM Additional fees required for Thursday	10	11	12	13		40	41	42	43	44	45	46	47	48	82	83	84	85	86	87	88	89	90	91		115	116	117	118	119	120	121	122	123
	14	15	16			49	50								92	93	94	95	96	97	98	99												
ACTIVITIES	A B C D					51					E					G H I					J													

3. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE SEPTEMBER 11, 2024	FRI./SAT./SUN.	FRI. ONLY	FRI./SAT.	FRI./SUN.	SAT. ONLY	SAT./SUN.	SUN. ONLY
OT/OTA	\$329	\$159	\$279	\$279	\$159	\$279	\$159
OTS (Student-MOT or OTA)	\$179	\$109	\$149	\$149	\$109	\$149	\$109
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add \$140 to the fees above • OTA: Add \$110 to the fees above • Students (MOT/OTA) add \$50 to the fees above. This add-on fee qualifies you for a 1-year membership if you have not been a member since 7/2022.						

4. SUMMARY SECTION: Fill in and check all boxes that apply or your registration form is not complete and may be subject to additional fees.

- Registration Fee (from Section 3 above) \$ _____
- Workplace Colleague Special Discount (Subtract 10%) \$(____)
- Non-OTAC Member Fee (OT) \$140 – (may include membership) \$ _____
- Non-OTAC Member Fee (OTA) \$110 – (may include membership) \$ _____
- Non-OTAC Student Member Fee \$50 – (may include membership) \$ _____
- Session 1 (Members \$19 | Nonmembers \$29) \$ _____
- Session 2 (Members \$19 | Nonmembers \$29) \$ _____
- Session 3 (Members \$19 | Nonmembers \$29) \$ _____
- Session 4 (Members \$39 | Nonmembers \$59) \$ _____
- Session 5 (Members \$119 | Nonmembers \$139) \$ _____
- Session 6 (Members \$19 | Nonmembers \$29) \$ _____
- Session 7 (Members \$19 | Nonmembers \$29) \$ _____
- Session 8 (Members \$19 | Nonmembers \$29) \$ _____
- Session 10 (Members \$19 | Nonmembers \$29) \$ _____
- Session 11 (Members \$19 | Nonmembers \$29) \$ _____
- Session 12 (Members \$39 | Nonmembers \$59) \$ _____
- Session 13 (Members \$39 | Nonmembers \$59) \$ _____
- Session 14 (Members \$19 | Nonmembers \$29) \$ _____
- Session 15 (Members Only \$0) \$ _____
- Session 16 (Members \$0 | Nonmembers \$19) \$ _____
- Session F [Click here to pay/apply](#)
- SA: Guest Registration (see page 5) _____ @ \$90ea. \$ _____
- SA: Friday CFOT Symposium/Lunch _____ @ \$85ea. \$ _____
- SA: Friday CFOT Symposium/No Lunch _____ @ \$10ea. (students only) \$ _____
- SA: Saturday Expo Lunch _____ @ \$20ea. \$ _____
- SA: Sunday Keynote: Extra Ticket _____ @ \$35ea. \$ _____
- Saturday Expo Hall Only: Member \$0/Nonmember \$25 (OT/OTA/OTS Only) \$ _____
- Registration received between 9/17/24-10/31/24 – \$60 (Add) \$ _____
- Registration received after 10/31/24 onsite – \$90 (Add) \$ _____
- TOTAL (Send check or use credit card) \$ _____

5. PAYMENT INFORMATION

Do not email your registration from with credit card information. Emails are not secure, please fax to the secure number listed below.

AMEX MasterCard Visa Discover
 Check # _____ (Payable to OTAC)
 Card Number _____ VCode* _____
 Name of Cardholder _____ Exp. Date _____
 Card Billing Address _____
 City _____ State _____ Zip _____
 Signature _____
*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).
 WORKPLACE COLLEAGUE DISCOUNT (Must register by October 16):
See page 35 for details
 Employer _____
 Employer Address _____
 MEDICALLY NECESSARY DIETARY RESTRICTIONS OR SPECIAL NEEDS:
 (Must notify us by October 18) Attach description of requests.

6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax
 Mail OTAC, 3620 American River Drive, Suite 230, 95684
 Online www.otaonline.org

7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 693-7079 | By Email: staff@otaonline.org

*Beginning November 1, 2024, registration will only be accepted “on-site” at the Hilton Pasadena and the fee increases \$90.

*Cancellation Fee: \$75/Practitioners; \$45 Students. Must cancel in writing by October 18, 2024.

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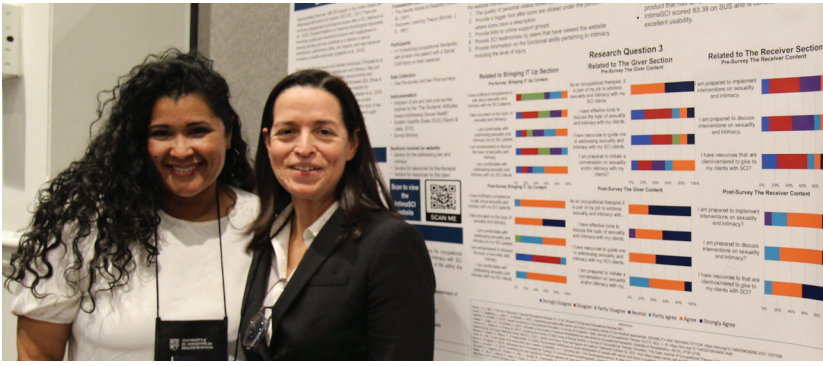
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Jessica De Brun, OTD, OTR/L

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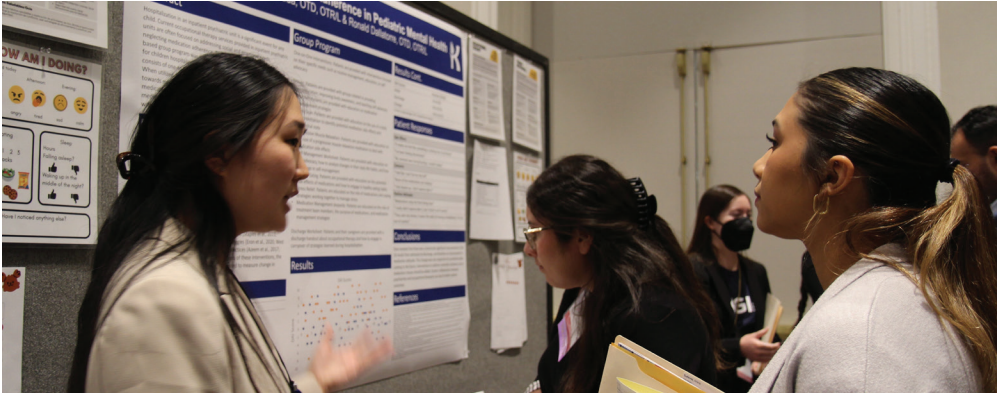
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