



OTAC 2024 ANNUAL CONFERENCE & INNOVATION EXPO

NOVEMBER 7-10, 2024 | PASADENA

ONSITE PROGRAM

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#OTACCONF2024 | #amplifyingOTwhy



Samia Rafeedie,
OTD, OTR/L,
BCPR, CBIS,
FAOTA



Ada
Boone Hoerl,
MA, COTA/L



Heather J.
Kitching, OTD,
OTR/L, FAOTA



Sherry Hite,
MOT, OTR/L



USC Chan Division of Occupational
Science and Occupational Therapy

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OTAC ANNUAL CONFERENCE A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements for California license renewal. You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.



Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by January 31, 2025.

IMPORTANT NOTES

NAME BADGE POLICIES

- The following policies are necessary to assure equal and fair treatment for all attendees and were designed to address issues/problems/situations/abuses noted during past conferences as well as to help promote safety.
- Name badges must be worn so that your name is clearly visible at all times.
- All name badges are coded according to fees paid for days registered, and color-code by category of attendee.
 - Thu., Fri., Sat., and Sun. – days(s) registered
 - Purple – Attendee
 - Green – Exhibitor
- Admittance to any session, event, or exhibit area is not allowed without properly coded/colored name badge.
- Name badges are the sole responsibility of the attendee/exhibitor. Lost, misplaced, or forgotten badges may be replaced at a charge of \$10 at the On-Site Registration counter.
- Wearing someone else's name badge, with or without their permission, is strictly prohibited. Doing so is a serious matter and may be grounds for removal from the Conference altogether for all parties involved with no refunds.
- Room monitors, Conference committee members, and other OTAC officials or their designees are empowered to assure compliance with all above requirements.

ABOUT PDUs

2024 Certificate Policy and PDU Credits

- **Individual Session Tickets.** When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance.
- **Certificate of Completion.** When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by January 15, 2025.
- **CBOT.** Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board of Occupational Therapy (CBOT) for details.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification in Occupational Therapy (NBCOT) for details.

CONFERENCE OVERVIEW

THURSDAY, NOVEMBER 7

8:00am–6:30pm
Registration Hours

If you registered in advance, this is a convenient opportunity to pick up your registration materials for any days. You can also register on-site.

9:00am–4:00pm
Pre-Conference Institute (earn PDUs)

Separate registration fees. Some complimentary sessions for registered members.

4:00pm–5:00pm
Special Let's Connect Gatherings

6:00pm–7:30pm
Feeling Fulfilled Is A Right:
An Inspiring Movie Night

Featuring video with optimist, inspirationalist, author, and speaker Simon Sinek

Unlock the secret to a fulfilling life and career! Join us for an exclusive screening of and facilitated conversation about Simon Sinek's groundbreaking presentation on living a more fulfilled life. Sinek, the visionary behind the global movement to inspire kindness and purpose, has captivated audiences from Congress to Hollywood with his revolutionary ideas. Now it's your turn to experience his transformative message. You will hear from Sinek on how to find deep fulfillment by serving others, ways to ignite passion in yourself and those around you, and the surprising link between inspiration, kindness, and trust and saving lives in healthcare. Join us for the OTAC movie night and see if you agree with him.

Directly following the video, stay with us for a facilitated conversation about feeling fulfilled, sharing your why, and more. Our facilitator, Joshua Caiquo, OTD, OTR/L, has an MBA in healthcare management and is dedicated to mentoring African American students and creating environments conducive to academic and personal growth.

Don't miss this chance to revolutionize your outlook, inspire those around you, and live a more fulfilled life. Seats are limited – register today! Ten lucky movie-goers will leave with Simon Sinek's bestseller, "Find Your Why!"

*Transform your life. Inspire others.
Make a difference. It all starts here!*

Hosted popcorn and iced tea

FRIDAY, NOVEMBER 8

8:15am–11:30am
Concurrent Sessions (earn PDUs)

11:30am–1:00pm
CFOT Awards Luncheon
and Symposium (.5 PDUs) \$85;
\$10 Students-Only Gallery Seating (no lunch)

Featuring Heather J. Kitching, OTD, OTR/L, FAOTA

1:00pm–3:00pm
Concurrent Sessions (earn PDUs)

3:15pm–5:15pm
Awards Ceremony and
Keynote Address (.5 PDUs)

Featuring Ada Boone Hoerl, MA, COTA/L

5:15pm–7:15pm
Expo Grand Opening

7:30pm–9:00pm
Alumni and Student Receptions;
Special Let's Connect Gathering

SATURDAY, NOVEMBER 9

8:00am–11:30am
Concurrent Sessions (earn PDUs)

11:30am–2:15pm
Expo Activities including Poster
Presentations (earn PDUs)

Must purchase lunch in advance (\$20).

2:30pm–5:45pm
Concurrent Sessions (earn PDUs)

6:00pm–7:30pm
President's Mix 'N Mingle | Trivia Prizes

Join us to celebrate OT. Selfie station and trivia for prizes. No-host bar.

7:30pm–9:00pm
Alumni and Student Receptions

SUNDAY, NOVEMBER 10

7:30am–9:00am
OTAC Annual Meeting and Keynote,
with Coffee and Light Breakfast Fare (.5 PDUs)
Featuring Sherry Hite, MOT, OTR/L

9:15am–2:15pm
Concurrent Sessions (earn PDUs)

2:15pm
OT Sunday Super Learners' Prize Drawings

IMPORTANT NOTES

FRIDAY, NOVEMBER 8

The Awards Ceremony precedes the Keynote Address in the same room.

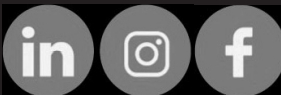
The timing for these two events is 3:15pm–5:15pm, at which time we will all proceed to the Innovative

Expo Grand Opening Reception hosted by our exhibitors. Don't miss our Keynote presenter

**Ada Boone Hoerl,
MA, COTA/L**

SUNDAY, NOVEMBER 10

The OTAC Annual Meeting and Keynote is a light breakfast meeting from 7:30am–9:15am. You must have indicated on your registration form that you planned to attend this event (Activity E). It is not assumed that you will attend.



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- Friend us on Facebook @OTACnews
- Start a conversation using #OTACconf2024
- Talk about #amplifyingOTwhy
- Show your #OTACmemberpride

CONFERENCE INFORMATION

CONFERENCE HOTEL

Hilton Pasadena

168 South Los Robles Avenue
Pasadena, CA 91101
(626) 577-1000
toll-free (800) 445-8667

**ALL CONFERENCE
ACTIVITIES ARE
AT THE HILTON**

The Hilton Pasadena is a short walk from shops and restaurants, as well as just several blocks from historic Old Pasadena and the Playhouse District. The hotel's lobby and lounge/restaurant are contemporary, modern, and welcoming. The Hilton Pasadena also offers a complimentary shuttle within a two-mile radius of the hotel.

PARKING

Note: OTAC does not validate for parking. All prices are subject to change.

Hilton Pasadena (All conference activities are at the Hilton.)

Overnight: \$21/self park; \$23/valet.

Day use: \$12/self park; \$12/valet.

Pasadena Convention Center (No conference activities here.)

Daily Parking Rate: \$15. On-site Parking: 800 spaces.

Two entrances: Marengo Avenue to the west and Euclid Avenue to the east between Green Street and Cordova Street.

Additional Parking

2,500 spaces within a one-block radius.

CONFERENCE ONLINE HANDOUTS

Presenters are encouraged to provide handouts. Those that have been provided are available to attendees through the Conference mobile app. It is recommended that you download them in advance of attending Conference in the event that the hotel wi-fi is overloaded. We also recommend you bring a pad of paper and pen to take notes. Please note that sometimes presenters provide handouts after the Conference; and that we keep the handouts online for at least one month post Conference.

CONFERENCE PHOTOGRAPHY

OTAC staff as well as the Conference photographers will photograph sessions, special activities, and general areas throughout the Conference. The images taken at Conference are used for promotional purposes. If you do not wish to be photographed, please identify yourself to the photographer.

FITNESS WAIVER

Participation in OTAC events is at your own risk. OTAC encourages you to participate at a level that is consistent with your general physical health and abilities. By attending Conference and participating in activities you do hereby release and forever discharge OTAC, its agents, volunteers, and professional team from any and all claims in connection with your attendance/participation.

- **DISCLAIMER.** OTAC, its professional team, officers, and agents claim no liability for the acts of any suppliers to this meeting, nor for the safety of any attendee while attending or in transit to or from the Conference. The total amount of any liability for traveling to and from or participating in the Conference will be limited to a refund of the registration fees paid by the attendees, as so stated in the cancellation policy. The attendee acknowledges acceptance of this provision by registering for any aspect of the Conference.

MEET OUR SUPPORTERS

EXPO HALL DAYS

Friday, November 8 – 5:15pm–7:15pm

Saturday, November 9 – 11:30am–2:15pm

EXHIBITORS

Adventist Health	National Board for Certification in Occupational Therapy (NBCOT)
Ascend Rehab Services, Inc.	Obi Robot
Aya Education	Occupational Therapy Association of California (OTAC)
Beaming Health	Pearson
California Board of Occupational Therapy (CBOT)	Point Design
California Foundation for Occupational Therapy (CFOT)	Point Quest Group
Casa Colina Hospital and Center for Healthcare	Preferred Healthcare Staffing
Centre for Neuro Skills	Psymark
Collaborative for Leadership in Ayres Sensory Integration	Samuel Merritt University
EdTheory, LLC	South Pacific Rehab Services
FeldCare Connect	Southern California University of Health Services
Generations Healthcare	Stanford Health Care
Hawaii Pacific University OTD	The Genesis Group
Interface Rehab, Inc.	The Stepping Stones Group
Kahuku Medical Center	Total Education Solutions
Kaweah Health	University of St. Augustine
Keck Graduate Institute	USC Chan Division
Los Angeles Unified School District	WPS

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Ascend Rehab Services, Inc.	Southern California University of Health Services
Bonita Kraft	Teamwork Therapies
Capital Region Educational Services District 113	University of St. Augustine
Centre for Neuro Skills	USC Chan Division
CSU, Dominguez Hills	West Coast University
Powerback Rehab	WPS
Sacramento City College OTA Program (SOTA Club)	

HONORED LECTURER | KEYNOTES

FRIDAY CFOT HONORED LECTURER – NOVEMBER 8

11:30am-1:00pm

*CFOT Awards Luncheon and Symposium –
separate fee required*

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

Heather J. Kitching, OTD, OTR/L, FAOTA

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.



Heather J. Kitching,
OTD, OTR/L, FAOTA

FRIDAY KEYNOTE – NOVEMBER 8

4:15pm-5:15pm

Directly following the Awards Ceremony

51 Purpose and the Power of WHY (.5 PDUs)

Ada Boone Hoerl, MA, COTA/L

Amidst the sameness of repetition and the constant flux of change, the expected and unexpected, we must sometimes pause and reflect on our current position. Even when we think we know our path forward, a moment of reflection can make us question how we arrived here. Given the profound experiences of recent years, this is a crucial time for us to come together with friends and colleagues, focusing inward rather than on external demands. This pause will allow us to reconnect with our passion and ownership for the profession we love, reignite our drive, and revisit, rewrite, or share our personal narratives and why. Armed with renewed clarity and intention, we can then return to our roles and routines with a brighter outlook on the journey ahead.



Ada Boone Hoerl,
MA, COTA/L

Also presenting session 68 –

Purpose and the Power of Sharing (3 PDUs), 8:15am-11:30am

SUNDAY KEYNOTE – NOVEMBER 10

7:30am-9:00am

Included with OTAC Annual Meeting

J - From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDUs)

Sherry Hite, MOT, OTR/L

This presentation will challenge the traditional narrative of doing and becoming and explore a different approach to personal development and professional success. It will deconstruct the concept of therapeutic use of self in the context of immigration, trauma, and fractured identities. Together, let's examine a journey of undoing oneself to forge new paths.



Sherry Hite,
MOT, OTR/L

INTENSIVES: 3 AND 7 HOUR SESSIONS

THURSDAY, NOVEMBER 7

9:00am-12:15pm

4 Nature-Based OT for Mental Wellness: Neurological Foundations (3 PDUs)

Lorelei Woerner Eisner, OTR/L, C-IAYT.

9:00am-4:45pm

5 Handle with Care®: Behavior Management System (7 PDUs)

Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L

12:45pm-4:00pm

12 Creating Authentic Evidence-Based Sensory Diets (3 PDUs)

Julia Wilbarger, PhD, OTR/L

12:45pm-4:00pm

13 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

*Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L;
Emily M. Petersen, OTD, OTR/L; Samia Rafeedie, OTD, OTR/L, BCPR,
CBIS, FAOTA; Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA;
Deborah B. Pitts, PhD, OTR/L, BCMH, CPRP, FAOTA*

BAG O' WELLNESS CHALLENGE

Support Our Conference Cause



There is an unsheltered crisis in California. Please help us donate 1,000 personal hygiene kits for the unsheltered to promote overall wellness, health, and self-esteem. Bring your hygiene kit items to Conference. Look for the Bag O' Wellness box in the Conference registration area. Every donation makes you eligible for a giveaway. (Be sure to collect your ticket. Bonus drawing tickets will be given with a zip lock bag filled with at least eight items.) Travel-sized items requested: shampoo and conditioner, toothbrush and toothpaste, soap, brush and comb, lotion/sunscreen, tissue, deodorant, disposable razor, mini-first aid kit, feminine hygiene products, nail clipper, lip balm, dental floss, gum/mints, anti-bacterial wipes, and large zip lock plastic bags. Kits will be organized into large zip lock bags and distributed in the Pasadena/Los Angeles area through Ascencia.

INTENSIVES: 3 AND 7 HOUR SESSIONS (CONTINUED)

FRIDAY, NOVEMBER 8

8:15am-11:30am

26 Never Ending Recoveries: Lived Experiences of Pain and Fatigue (3 PDUs)

Aaron Picus, OTD, OTR/L, BCP

27 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)

Lindy Joffe, OTD, OTR/L

28 Demystifying Fieldwork for the Practitioner (3 PDUs)

*Becky Crouch, OTD, OTR/L;
Helena Reed, OTR/L*

SATURDAY, NOVEMBER 9

8:15am-11:30am

68 Purpose and the Power of Sharing (3 PDUs)

Ada Boone Hoerl, MA, COTA/L

69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

*Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;
Jerilyn "Gigi" Smith, PhD, OTR/L, FAOTA*

2:30pm-5:45pm

90 Advancing Occupational Therapy's Role in Tiered Response to Intervention (3 PDUs)

*Allison Baker, MS, OTR/L;
Courtney Boitano, OTD, OTR/L, BCBA-D*

91 The Menu Task: A Training Workshop (3 PDUs)

Gordon Giles, PhD, OTR/L, FAOTA

SUNDAY, NOVEMBER 10

9:15am-12:30pm

106 Multidisciplinary Collaboration for Neurodiverse Clients (3 PDUs)

*Baily Zobel, OTD, OTR/L;
Rina Barak, MA, CCC-SLP;
Katy Marshack, MA, BCBA*

107 Engaging Families to Support Pediatric Feeding Interventions (3 PDUs)

*Jennifer Jones, OTD, OTR/L, BCP;
Sonia Trejo, OTD, OTR/L*

108 Serving the Unhoused Population in Skid Row (3 PDUs)

*Alejandro Campos Robledo, OTS;
Karen Tapper, OTD, OTR/L*



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CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 43rd Anniversary!

CFOT Awards Luncheon and Symposium

FRIDAY, NOVEMBER 8

11:30am-1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2024 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, November 8, 11:30am-1:00pm.

Separate ticket required.

\$85 for lunch (\$10 for gallery seating; no lunch; students only).



HONORED LECTURER – HEATHER J. KITCHING, OTD, OTR/L, FAOTA

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (1.5 PDUs)

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.



Heather J. Kitching, OTD, OTR/L, FAOTA

Heather Kitching, OTD, OTR/L, FAOTA, is program coordinator of the Master of Science in Occupational Therapy (MSOT) program at California State University Dominguez Hills (CSUDH). She holds a doctorate in occupational therapy from the University of Southern California where her doctoral capstone focused on the manualization of a collaborative project design and implementation of a postcolonial practice in occupational therapy. Kitching's clinical background is in acute care, rehabilitation, and home health; and her academic experience spans teaching courses in physical disabilities, neuroscience, and qualitative research, with fieldwork and program coordination. Her professionalism has extended from volunteer to elected positions with the Occupational Therapy Association of California (OTAC) and the American Occupational Therapy Association (AOTA). Kitching is a mentor, advocate, and leader for students, colleagues, practitioners, and those who are recipients of occupational therapy services.

SUPPORT OUR FUTURE

SUPPORT ENHANCING OCCUPATIONAL THERAPY SERVICES TO THE PUBLIC

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference & Innovation Expo, again has an online



Past CFOT Awardees

component! We welcome this opportunity to reach a wider audience. "Thank you in advance for continuing to support our mission by donating during the OTAC Conference," commented CFOT President Michele Berro, MA, OTR/L.

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.



Michele Berro, MA, OTR/L
CFOT President

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

**YOU ARE INVITED TO DONATE TO
CFOT IN SUPPORT OF OUR MISSION**

DONATE www.cfot.org

HUMANITARIAN OF THE YEAR AWARD

Rancho Works Café & Gift Shop Rancho Los Amigos National Rehabilitation Center

The Rancho Works Café is staffed by former Rancho patients who are learning transferable work skills in a supportive work environment. The Café offers a selection of breakfast and lunch items, as well as, hot and cold beverages and a variety of snacks including healthy choices. Staff can also order coffee/tea/cookie service for meetings.

The Rancho Works Gift Shop offers a wide variety of handmade items, Rancho logo items, See's Candies®, and adaptive equipment. Many of the items sold at the gift shop are created by patients referred to the Occupational Therapy Work Rehabilitation program with the goal of returning to work.

All proceeds from the Café and Gift Shop fund the Rancho Works program, which provides Rancho patients the opportunity to learn fundamental job skills in preparation for community employment.

CFOT MISSION

To advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.



Honoring Those Who Inspire Professional Excellence

COME HELP CELEBRATE OUR OTAC 2024 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, November 8, 3:15pm–4:15pm. This event is open to all Conference attendees registered for Friday.

Lifetime Achievement Award



Alison H. George,
MS, OTR/L

Award of Appreciation



Erin McIntyre,
OTD, OTR/L

Award of Excellence



Sharon A. Cermak,
EdD, OTR/L, FAOTA

Occupational Therapy Practice Award



Denise Ha,
OTR/L

Janice Matsutsuyu Outstanding Service Award



Joseph A. Juse,
OTD, OTR/L

Susan J. Harris OT Entrepreneur Award



Swati Shah,
OTR/L

Occupational Therapy Fieldwork Educator Award



Paul Penoliar, OTD,
OTR/L, C/NDT

OTAC Vision Award



OTAC Media Award



Kiley Hanish,
OTD, OTR/L

Spirit of Occupational Therapy Award



Wendy B. Stav,
PhD, OTR/L, FAOTA

RECOGNITION OF OTAC HONOREES

LIFETIME ACHIEVEMENT AWARD

2024	Allison H. George	2001	Florence Clark
2023	Gordon Muir Giles	2000	Dottie Ecker
2022	Erna Imperatore Blanche	1999	Elizabeth Yerxa
2021	Jerilyn 'Gigi' Smith	1998	Evelyn Jaffe
2020	Winifred Schultz-Krohn	1997	Sarah Kelly
2019	Anne MacRae	1996	Ada Granger
2018	Susan Harris	1995	Jan Matsutsuyu
2017	Guy L. McCormack	1994	Kilulu Von Prince
2016	Ruth Ramsey	1993	Doris Heredia
2015	Lisa Test	1992	Edwinna Marshall
2014	Ann Neville-Jan	1991	Lela Llorens
2013	Michele Berro	1990	Frances Kelly
2012	Mary Evert	1989	Eleanor L. Hillger
2011	Heidi McHugh Pendleton	1988	Dorothy Wilson
2010	Catherine Earhart	1984	Florence Cromwell
2008	Margaret Phillips	1983	Ethlyn Stinson
2007	Amy Killingsworth	1982	A. Jean Ayres
2006	Linda Florey	1981	Carlotta Welles
2005	Diane Foti	1980	Doris Cutting
2004	Susan Knox	1979	Bekke Holdeman
2003	Mary Foto	1978	Gwen Wright
2002	Ruth Zemke	1977	Jean Peck

COTA HONORARY AWARD

2022	Sharon L. Pavlovich	2004	Danielle Meglio
2017	Erika Agustin	2001	Marlene Van Vliet
2015	Ada Boone Hoerl	2000	Patricia Shiokari
2014	Cindy Garcia	1999	Barbara Forte
2011	Gloria Romero	1996	Jacalyn Mardrossian
2009	Yvonne C. Trousdale	1995	Terri Olivas-De La O
2005	Bobbi Jean Tanberg	1994	Patricia O'Hare

JANICE MATSUTSUYU OUTSTANDING SERVICE AWARD

2024	Joseph A. Juse	2006	Rondalyn Whitney
2023	Heather J. Kitching	2004	Patricia Nagaishi
2022	Alison H. George	2003	Sarah Kelly
2020	Jerilyn 'Gigi' Smith	2002	Linda Tank
2019	Sherry M. Hite	2001	Danielle Meglio
2018	Bryant Edwards	2000	Luella Grangaard;
2017	Elizabeth G. Gomes		Guy McCormack
2016	Luis Arabit	1999	Diana Su-Erickson
2014	Gayle San Marco	1998	Michele Berro
2013	Arameh Anvarizadeh	1997	Patricia Bascom
2012	Samia Rafeedie	1996	Cindy Burt
2011	Heather Kitching	1995	Barbara Gale
2010	Lora Woo	1994	Diane Crabtree
2009	Bonita A. Kraft	1993	Laura Caron-Parker
2008	Gina Ceja	1992	Janet Jabri
2007	Marlene Steele		

SUSAN J. HARRIS OT ENTREPRENEUR AWARD

2024	Swati Shah	2013	Tammy Richmond
2023	Jayson Davies	2012	Bonnie Nakasuji;
2022	Hiral Khatri		Erna Imperatore Blanche
2020	Laura Park Figueroa	2011	John Goodfellow
2018	M. Terry Bowman	2010	Mary Kay Gallagher
2016	Sonia Lopez	2009	Fredlyn S. Berger
2015	Julie Groves	2008	Tara Delaney
2014	Terri Nishimura	2007	Susan Harris

AWARD OF EXCELLENCE

2024	Sharon A. Cermack	2000	Elizabeth Cara
2023	Claudia G. Peyton	1999	Linda Fazio
2022	Deborah J. Bolding	1997	Brenda Collins
2021	Margaret 'Peg' Ann Bledsoe	1996	Linda Florey
2020	Christy Billock	1995	Susan Harris
2017	Deborah B. Pitts	1994	Ruth Zemke
2016	Heather Thomas	1993	Janet Jabri
2015	Julie Bissell	1992	Margaret A. Phillips
2014	Shawn Phipps	1991	Susan Knox
2013	Pamela Richardson	1990	Patricia Shiokari
2012	Bonnie Nakasuji	1989	Ardith Breton
2011	Erna Imperatore Blanche	1988	Susan Cleary Schwartz
2010	Michele Berro	1987	Diane Hendricks
2009	Teri Wiss	1986	Kilulu Von Prince
2008	Winifred Schultz-Krohn	1985	Mary Kasch
2007	Thelma Wellerson Hook	1984	Mary Margaret Evert
2006	Linda Tank	1983	Evelyn Jaffe
2005	Jerilyn 'Gigi' Smith	1982	Dale Houston
2004	Pamela Roberts	1981	Dorothy Wilson
2003	Heidi Pendleton	1980	Sarah Kelly
2002	Charles Strauch	1978	Mary Lou Hymen
2001	Christine Wietlisbach	1977	Julie Shaperman

OCCUPATIONAL THERAPY PRACTICE AWARD

2024	Denise Ha	2004	Laurie Nelson
2023	Zoe Mailloux	2003	Valerie Adams
2022	Julie Groves	2002	Winifred Schultz-Krohn
2021	Ana G. Verran	2001	Karin Bonfils Kleinhans
2020	Stephanie Foster	2000	Gordon Muir Giles
2018	Monica Becerril	1999	Marti Southam
2017	Kathleen J. Shanfield	1998	Elise Holloway
2016	Sandra Okada	1997	Elizabeth Snow
2015	Chantelle Rice	1996	Luella Grangaard
2014	Nicolaas van den Heever	1995	Joanna Patton
2013	Elizabeth G. Gomes	1994	Deborah Morawski
2012	Michal Atkins	1993	Georgette Dufresne
2011	Deborah B. Pitts	1992	Claudia Allen
2010	Sarah R. Bream	1991	Yuriko Lynn Yasuda
2009	Christine Wietlisbach	1990	Margaret A. Phillips
2008	Margaret 'Peg' Bledsoe	1989	Thelma Hook
2007	Lisa Deshaies	1988	Susan Knox
2006	Lynna Kaplan	1985	Linda Ogden
2005	Shawn Phipps	1984	Dorothy Ecker

OT/OTA PARTNERSHIP AWARD

2023	Ingrid Leu;	2005	Terry Olivas-De La O;
	Rodney Harris		Elvira Arzaga Rubio
2019	Dawn N. Hironaka;	2004	Laurie Nelson;
	Laura Deary		Suzanne Olah-Macek;
2012	Christine Wietlisbach;		Rebecca Gibson
	Danielle Meglio	1997	Renee Soderlund;
2007	Sharon Pavlovich;		Jacalyn Mardrossian
	Karen Pendleton		

SPECIAL AWARD

1986	Jane Marvin
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MEDIA AWARD

2024	Kiley Hanish	2020	Goodfellow
2022	Karen L. Park		Occupational Therapy
2021	Bill Wong	2017	Sarah R. Bream

RECOGNITION OF OTAC HONOREES (CONTINUED)

FIELDWORK EDUCATOR AWARD

2024	Paul Penoliar	2009	Barbara Rodrigues
2022	Harold T. Neuendorff	2008	Marilyn Masunaka-Noreiga
2021	Becky Crouch		
2020	Mariel Schmidt	2007	Lora Woo
2018	Dawn Arias	2006	Deborah Bolding
2017	Janet A. Daimaru	2005	Bonnie Nakasuji
2016	Gina Phelps	2004	Fred Snively
2015	Karen L. Park	2002	Jayne Taguchi-Meyer
2014	Diane Mayfield	2000	Kathryn Gundersen
2013	Alann Salvador	1999	Gitu Bhavnani
2012	Judi Palladino		

AWARD OF APPRECIATION

2024	Erin McIntyre	2012	Mildred "Mickey" Galef
2023	Carlin Daley Reaume,	2010	Denise M. Miller
2022	Chana K. Hiranaka	2007	John Watson
	Taisha Trotman	2006	Patti Yonochko Horsley
2021	Eileen S. Auerbach	2005	Mary Reilly
	Lynna Kaplan	2004	Gelya Frank
2020	Susan C. Robertson	2001	Psychiatric Occupational
2019	Kathryn I. Gundersen		Therapy Action
2017	Aviril Sepulveda		Coalition (POTAC)
2016	Lynette Beadles	1988	O.T. Associates-
2014	Sarah R. Bream		Susan J. Harris
2013	Lisa Hiestand		

VISION AWARD

2024	California Foundation for Occupational Therapy	2021	CSU Dominguez Hills & Santa Ana College OT/OTA Collaborative Fieldwork Program
2023	Heather Javaherian Dysinger, Assembly Member		Jennifer Brouwers
	Blanca E. Rubio		Zurit Horowitz
2021	Assembly Member Cecilia Aguiar-Curry		Hecky Hua
			Courtney Jarvis
			Faith R. Moy
			Jessica Padilla
		2017	OT Centennial Rose Parade Float Committee and Volunteers

SPIRIT OF OCCUPATIONAL THERAPY AWARD

2024	Wendy B. Stav	2019	Homeboy Industries
2023	Stephanie Moon	2017	Frank Kronenberg
2022	Maureen E. Johnson	2016	CSU Dominguez Hills - Integrating Cultures through Occupational Therapy
2020	Paul Penoliar, Elvy Fuentes, Deborah Han		

MAKE A DIFFERENCE AWARD

2005	Senator Elaine White Alquist	1998	Loretta and Frank Biehl
2000	Fred Somers, Charles Strauch, Chuck Willmarth		

LUELLA GRANGAARD POLITICAL ACTION AWARD

2023	Luis Arabit	2013	Luis Arabit
2022	Richard A. Bookwalter	2012	Guy L. McCormack
2021	Lauren Lopez	2011	Michelle Farmer
2018	Jerry Jordan	2010	Christine Wietlisbach
2015	Sabrena McCarley	2007	Matthew Arigo
2014	Kyle Yetter	2004	Luella Grangaard

OUTSTANDING STUDENT AWARD

2022	Teresa Pham	2014	Samantha Itaya
2021	Jhennylyn Rivera	2013	Dimos Tsigkakos
2020	Maria Cristina Jimenez	2012	Monique Wolkoff
2019	Colleen Nunn	2011	Eun Sik (Charlie) Yu
2018	Jessica Roestenburg	2010	Brittney Sevo Weinerth
2017	Hiral Khatri	2005	Amy Olney
2016	Noelani Brisbane	2002	Heather J. Kitching
2015	Cynthia Ting	2001	Elizabeth Chung

PRESIDENT'S AWARD

2020	Diana Su-Erickson	2007	Annette Bushong
2018	Julie Bissell	2006	Marlene Steele, Chuck Strauch
	Lisa Test		
	Capitol Advocacy	1991	Linda Lederer
2011	Amy Lamb	1990	Julie Groves
2010	Florence Clark, Judith Palladino	1989	Hazel Simin
2009	Penny Moyers Cleveland, Brian J. Stiger, Chuck Willmarth	1987	Jeanette Workman-Cosentino
2008	Annette Bushong, Charles Strauch	1986	Barbara Forte

HONORARY LIFETIME MEMBER

2016	Florence Clark, Diane Mayfield, Judith Palladino	Recognized prior to 1977
2006	Lois Barber, Evelyn Jaffe, Lela Llorens, Mary Reilly	
2004	Ruth Zemke, Elizabeth Yerxa	Carolyn Brinn, Florence Cromwell, Doris Cutting, Naomi Dommke, Elizabeth Holdeman, Ethlyn Stinson, Carlotta Welles, Harriet Zlatohlavek

2024 CONFERENCE COMMITTEE

Chairs – *Joe Juse, Winifred Schultz-Krohn*

Awards Coordinator – *Erin Schwier*

Call for Papers/Program Coordinators – *Shohei Takatani, Graham Teaford, Kathryn Wise*

Exhibits Coordinator – *Mary Kay Gallagher*

Hospitality Coordinator – *Bianca Callier*

Photographers – *Diana Su-Erickson*

Presenter Concierge – *Jackie Mardirossian*

Registration Coordinator – *Laura Deary*

Social Media Coordinator – *Karen Park*

Volunteer Coordinator – *Teresa Pham*

OTAC Professional Development & Leadership Chairs – *Sherry Hite, Danny Pavlovich*

OTAC Student Leadership Chairs – *Jessica Padilla, Rachele Murphy, Kristina Holcomb*

OTAC President – *Samia Rafeedie*

OTAC Management Team – *Karen Polastri, Shannon Rutledge, Tracy Brown, Jenni Schaupp, Tammy Hitchcock, Kayla Luna*

SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

FEELING FULFILLED IS A RIGHT: AN INSPIRING MOVIE NIGHT (.5 PDUs)

Thursday, November 7 – 6:00pm-7:30pm

Featuring video with optimist, inspirationalist, author, and speaker Simon Sinek

Unlock the secret to a fulfilling life and career! Join us for an exclusive screening of and facilitated conversation about Simon Sinek's groundbreaking presentation on living a more fulfilled life. Sinek, the visionary behind the global movement to inspire kindness and purpose, has captivated audiences from Congress to Hollywood with his revolutionary ideas. Now it's your turn to experience his transformative message. You will hear from Sinek on how to find deep fulfillment by serving others, ways to ignite passion in yourself and those around you, and the surprising link between inspiration, kindness, and trust and saving lives in healthcare. Join us for the OTAC movie night and see if you agree with him.

Directly following the video, stay with us for a facilitated conversation about feeling fulfilled, sharing your why, and more. Our facilitator, Joshua Caiquo, OTD, OTR/L, has an MBA in healthcare management and is dedicated to mentoring African American students and creating environments conducive to academic and personal growth.

Don't miss this chance to revolutionize your outlook, inspire those around you, and live a more fulfilled life. Seats are limited – register today! Ten lucky movie-goers will leave with Simon Sinek's bestseller, "Find Your Why!"

Transform your life. Inspire others. Make a difference. It all starts here!

Hosted popcorn and iced tea

INNOVATIONS EXPO ACTIVITIES

Friday, November 8 • 5:15pm–7:15pm

Saturday, November 9 • 11:30am–2:15pm

Join our Exhibitors and Sponsors at the Innovation Expo to:

- learn about **new products and services**
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception** – Friday (5:15pm–7:15pm)
- **earn PDUs** by viewing posters – Saturday
- grab a quick **lunch** (\$20 advanced purchase to be eligible for prize giveaways) – Saturday
- learn about your **professional association**

CFOT AWARDS LUNCHEON AND SYMPOSIUM (.5 PDUs)

Friday, November 8 – 11:30am-1:00pm

\$85; \$10 students-only gallery (lunch not included)

Recipients of the 2024 CFOT scholarships, research grants, and awards will be announced. Also featured is the 2024 Honored Lecturer Heather J. Kitching, OTD, OTR/L, FAOTA, presenting "Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession" (.5 PDUs)

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase tickets. Seating is limited for both categories.

AWARDS

Come help celebrate recipients of the 2024 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards, as well as the Humanitarian of the Year.

SYMPOSIUM HONORED LECTURER

Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession (.5 PDUs)

Heather J. Kitching, OTD, OTR/L, FAOTA

Providing services to those in need and doing so competently and enthusiastically challenges us to our very core. The provision of healthcare and wellness interventions can be so rewarding yet so exhausting. We can choose to take the lead in facing the multitude of challenges before all of us by focusing on ourselves and each other. Loyalty as leadership allows us to acknowledge one another honestly, to accept and forgive when necessary, and to take the necessary risks to promote change, growth, and sustainability. Let us change some pervasive dynamics around us by intentionally daring to stand by each other with transparency, courage, and compassion. Sustaining ourselves and each other will create a sustainable and vibrant future for the profession.

An additional \$85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for \$10 (lunch not included).



Heather J. Kitching, OTD, OTR/L, FAOTA



SPECIAL CONFERENCE ACTIVITIES (CONTINUED)

OTAC AWARDS CEREMONY AND KEYNOTE ADDRESS

Friday, November 8 – 3:15pm-5:15pm
OTAC Awards Ceremony. Come one, come all! You are invited to come recognize and celebrate our 2024 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Purpose and the Power of Why (.5 PDUs)

Ada Boone Hoerl, MA, COTA/L

Amidst the sameness of repetition and the constant flux of change, the expected and unexpected, we must sometimes pause and reflect on our current position. Even when we think we know our path forward, a moment of reflection can make us question how we arrived here. Given the profound experiences of recent years, this is a crucial time for us to come together with friends and colleagues, focusing inward rather than on external demands. This pause will allow us to reconnect with our passion and ownership for the profession we love, reignite our drive, and revisit, rewrite, or share our personal narratives and why. Armed with renewed clarity and intention, we can then return to our roles and routines with a brighter outlook on the journey ahead.

INNOVATION EXPO

Friday, November 8 – 5:15pm-7:15pm

Grand Opening | Bingo and Trivia for Prizes

Join us for Friday's lively grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and OTAC trivia for prizes. Many exhibitors also offer giveaways.

Saturday, November 9 – 11:30am-2:15pm

Poster Presentations | Bingo and Trivia for Prizes | Grab and Go Lunch

Saturday offers a convenient lunch option – advance purchase only. If you purchase lunch in advance you are eligible for prize drawings. View poster presentations! (eligible for 2 PDUs).

LEADERSHIP INSTITUTE. MENTEES & MENTORS: TAKE THE JOURNEY TOGETHER! (3 PDUs)

Saturday, November 9 – 8:15am-5:45pm | Session F | 2 Parts

Join the second OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. The LI orientation and first module include a networking mixer/icebreaker. To attend this session, mentors and mentees must have completed the application process. Capacity is limited to 10 mentee/mentor teams.

ALUMNI AND STUDENT RECEPTIONS

Friday, November 8 – 7:30pm-9:00pm;

Saturday, November 9 – 7:30pm-9:00pm

Celebrate the end of each day by networking with your school alumni, fellow students, and faculty. Always a Conference highlight.

WIN A \$25 GIFT CARD! ADVANCE PURCHASE A SATURDAY EXPO LUNCH TO BE ELIGIBLE TO WIN A \$25 GIFT CARD.

SPECIAL LET'S CONNECT GATHERINGS

Thursday, November 7 | 4:00pm-5:00pm

A – New Member Connection

Register for session 15 and you can sign up to connect with other new members and OTAC leaders. Light refreshments.

B – OT Entrepreneur/Private Practice Connection

If you are in or exploring the wonders of private practice, register for any session on Thursday and you can sign-up to connect with other OT private practitioners and entrepreneurs. Light refreshments.

C – Academic Connection

Register for session 16 and you can sign up to connect with other academics. Light refreshments.

Saturday, November 9 | 7:30pm-8:30pm

I – OTA Connection

Calling OTAs! If you have been participating in our OTAC OTA member virtual meetings or are curious about what we've been up to, sign up to join us!

POSTER PRESENTATIONS (earn up to 2 PDUs)

Saturday, November 9 – 11:30am-12:30pm and 1:00pm-2:00pm

See page 19 for a list of posters.

PRESIDENT'S MIX 'N MINGLE

Saturday, November 9 – 6:00pm-7:00pm

OTAC president, Samia Rafeedie, invites Conference attendees to come relax, network, and unwind (no host bar). Shoot a lifetime of memories with your besties at the photo booth. Play trivia for a chance at prizes. Join the **conversation** activity. Mix, mingle, and connect.

OTAC ANNUAL MEETING | KEYNOTE ADDRESS | COFFEE AND LIGHT BREAKFAST FARE (.5 PDUs)

Sunday, November 10 – 7:30am-9:00am

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. If you wish to attend this attend, you **MUST** indicate on your registration form. **Help conserve resources – only mark the event if you plan to attend.**

SUNDAY KEYNOTE ADDRESS

From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead (.5 PDUs)

Sherry Hite, MOT, OTR/L

This presentation will challenge the traditional narrative of doing and becoming and explore a different approach to personal development and professional success. It will deconstruct the concept of therapeutic use of self in the context of immigration, trauma, and fractured identities. Together, let's examine a journey of undoing oneself to forge new paths.

OT SUNDAY SUPER LEARNERS' PRIZE DRAWINGS

Sunday, November 10 – 2:00pm

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 2:00pm. Check the board at the registration table between 2:00pm-2:30pm. Must be present to win.

SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Annual Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. **Students receive a discount on Conference registration fees.**

ACTIVITIES OF INTEREST

THURSDAY, NOVEMBER 7

- Attend any session at publicized rate
- Movie Night (Free for all Conference attendees)
- Let's Connect Gatherings

FRIDAY, NOVEMBER 8

- CFOT Awards Luncheon and Symposium—\$85, or \$10 student-only gallery seating/no lunch
Honored Lecture: Loyalty in the Face of Adversity: Sustaining Ourselves, Each Other, and the Profession
- Student Track (Sessions)
20, 21, 22, 25, 30, 32, 35, 40, 41, 43, 47, 49, 50
- OTAC Awards Ceremony
- Keynote Address: Purpose and the Power of Why
- Expo Grand Opening—meet recruiting exhibitors and network with practitioners, play Bingo for cash and prizes
- Alumni/Student Receptions; Let's Connect Gathering

SATURDAY, NOVEMBER 9

- Student Track (Sessions)
60, 61, 63, 68, 70, 73, 74, 78, 82, 89, 91, 92, 93, 99
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$20 and be eligible for a drawing
- President's Mix 'N Mingle | Photo Booth | Trivia and Prizes
- Alumni/Student Receptions

SUNDAY, NOVEMBER 10

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare—*included in Sunday registration fee.*
Keynote: From Undoing to Becoming: Immigration, Identity, and Finding the Courage to Lead
- OT Sunday Super Learners' Prize Drawing – Drawing at 2:00pm. Must be present to pick up prize (2:15pm–2:45pm).



SPECIAL OTAC STUDENT REGISTRATION DISCOUNT

STUDENTS MAY PAY THE PRACTITIONER RATES TO ATTEND ANY SESSION.

STUDENTS RECEIVED THE EARLY BIRD DISCOUNT RATE UNTIL THE CLOSE OF ADVANCE REGISTRATION, OCTOBER 31.

STUDENTS MAY ATTEND ANY SESSION ON SUNDAY AT THE STUDENT RATE



STUDENT TRACK

SUPPORTING OUR FUTURE LEADERS

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference & Innovation Expo affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a student discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.

CONFERENCE AT-A-GLANCE

THURSDAY, NOVEMBER 7

Registration Hours - 8:00am-6:30pm

9:00am	1 Ready to Start Your Own Business? (1.5 PDUs) SANTA BARBARA	2 Implementing the OT/PT Guidelines into School-Based Practice (1.5 PDUs) CALIFORNIA		3 Client-Centered Care and Upper Extremity Trauma (1.5 PDUs) MONTEREY	4 Nature-Based OT for Mental Wellness: Neurological Foundations (3 PDUs) SAN GABRIEL	5 Handle with Care®: Behavior Management System (7 PDUs) Ends at 4:45pm PACIFIC A/B
10:45am	6 Sparkling Change at Work: Strategies for Everyday Practitioners (1.5 PDUs) CALIFORNIA	7 Autistic Burnout in Adulthood: Occupational Impact and Recovery (1.5 PDUs) SANTA BARBARA		8 Hand Tendon Repair Management: From Simple to Complex (1.5 PDUs) MONTEREY		
12:15pm						
12:45pm	10 Pediatric Private Practice Insurance Challenges (1.5 PDUs) MONTEREY	11 Managing Elopement by Individuals with Autism (1.5 PDUs) SANTA BARBARA		12 Creating Authentic Evidence-Based Sensory Diets (3 PDUs) CALIFORNIA	13 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs) SAN GABRIEL	
2:15pm						
2:30pm	14 Navigating Professional Burnout as an OT (1.5 PDUs) MONTEREY	15 OTAC 101: How to Become a Confident OTAC Ambassador (1.5 PDUs) SANTA BARBARA	16 Let's Get Together: Fostering Interdisciplinary Collaboration in Students (1.5 PDUs) SAN MARINO			
4:00pm	A - New Member Connection (4:00pm-5:00pm) – SAN MARINO					
	B - OT Entrepreneur/Private Practice Connection (4:00pm-5:00pm) – CALIFORNIA					
	C - Academic Connection (4:00pm-5:00pm) – MONTEREY					
6:00pm	D - Feeling Fulfilled Is A Right: An Inspiring Movie Night (.5 PDUs) (6:00pm-7:30pm) – SAN GABRIEL					

*All Thursday sessions open to students

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(888) 686-3225 | EMAIL SHANNON@OTACONLINE.ORG

CONFERENCE AT-A-GLANCE

FRIDAY, NOVEMBER 8

7:15am	Registration Hours - 7:15pm-5:00pm								
8:15am	20 STUDENTS ONLY Sexuality and Sex as an Occupation (no PDUs) SAN GABRIEL	21 Interviewing and Rate Negotiations for the New Graduate (1.5 PDUs) ST PASADENA	22 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs) ST MONTEREY	23 The Power of Touch Through Infant Massage (1.5 PDUs) PACIFIC C	24 OT's Role in the Phenomenon of Death (1.5 PDUs) SANTA ROSA	25 Home Evaluation in Community Mental Health (1.5 PDUs) ST PACIFIC A/B	26 Never Ending Recoveries: Lived Experiences of Pain and Fatigue (3 PDUs) SAN MARINO	27 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs) SAN DIEGO	28 Demystifying Fieldwork for the Practitioner (3 PDUs) SANTA BARBARA
9:45am									
10:00am	30 STUDENTS ONLY Unleashing Creativity in OT Treatment (no PDUs) SAN GABRIEL	31 A Person-Centered Approach to the Admissions Experience (1.5 PDUs) SANTA ROSA	32 California Board of Occupational Therapy Annual Update (1.5 PDUs) ST MONTEREY	33 After the NICU: Using Pictures to Share Mothers' Experiences, Perspectives, and Needs (1.5 PDUs) PACIFIC A/B	34 Bridging the Gap to Home Care for ALS (1.5 PDUs) PACIFIC C	35 Empowering Survivors of Intimate Partner Violence (1.5 PDUs) ST PASADENA			
11:30am	CFOT Awards Luncheon and Symposium (.5 PDUs) - Separate Ticket Required - \$85 (Students - \$85 or \$10 no lunch/gallery seating) - CALIFORNIA								
1:00pm	40 Let's Talk About Sex: Enhancing Cancer Survivorship Care (1 PDU) ST MONTEREY	41 STUDENTS ONLY The OTD Capstone Journey: A Panel Discussion (no PDUs) SAN GABRIEL	42 Bringing Trauma-Informed Care to the Adult Rehab Setting (2 PDUs) SAN MARINO	43 Successfully Funding Your Research and Program Development Interests (2 PDUs) ST SANTA ROSA	44 Disrupting the School-to-Prison Pipeline: OT's Role (2 PDUs) SANTA BARBARA	45 The Role of Interception in Pediatric Feeding Disorders (2 PDUs) SAN DIEGO	46 Smartphone Lifestyle: Incorporating Continuous Glucose Monitoring in OT (2 PDUs) PACIFIC C	47 Occupying Hands and Minds: Experiential Art for PTSD (2 PDUs) ST PASADENA	48 OTAC and AOTA Leadership Panel: Sharing Our WHY! (1.5 PDUs) PACIFIC A/B
2:00pm	49 The OT Lens: Leaders in Breast Cancer Rehab (1 PDU) ST MONTEREY	50 STUDENTS ONLY Exploring Nontraditional Pathways in Occupational Therapy (no PDUs) SAN GABRIEL							
3:00pm	All proceed to the Awards Ceremony and Keynote Address								
3:15pm	51 - OTAC Awards Ceremony and Keynote Address (.5 PDUs) - CALIFORNIA								
5:15pm	E - Innovation Expo Grand Opening Bingo and Trivia Prizes - INTERNATIONAL BALLROOM								
7:30pm	Alumni and Student Receptions - USC: SAN GABRIEL; SAMUEL MERRITT: PASADENA								

ST = practitioner sessions open to students

CONFERENCE AT-A-GLANCE

SATURDAY, NOVEMBER 9

SATURDAY, NOVEMBER 9													
7:15am	Registration Hours - 7:15am-6:00pm												
8:15am	60 STUDENTS ONLY NBCOT® National Certification Exam (no PDUs) CALIFORNIA	61 Evidence in Action: Implementing EBP into Occupational Therapy (1 PDU) ST SAN MARINO	62 Dismantling the Menopause Taboo: Occupational Therapy Treatment Approach (1 PDU) PASADENA	63 Trauma-Informed Care in Occupational Therapy (1 PDU) ST SAN GABRIEL	64 The Double-Scoop: A Pediatric Mental Health Approach Supporting Parents with Dev. Disabilities Connect with Their Young Children (1 PDU) SANTA ROSA	65 Embedding Multidisciplinary Groups into an Autism Classroom (1 PDU) SAN DIEGO	66 Equity in OT: Empowering Marginalized Student Success (1 PDU) PACIFIC A/B	67 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs) SANTA BARBARA	68 Purpose and the Power of Sharing (3 PDUs) ST MONTEREY	69 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs) PACIFIC C			
9:15am													
9:30am	70 STUDENTS ONLY Introduction to Neuro-rehabilitation Techniques for the OT Practitioner (no PDUs) CALIFORNIA	71 Maternal Transitions, Mental Health, and Sensory Processing (1 PDU) SAN GABRIEL	72 Exploring Connection, Closeness, and Curiosity with DIR Floortime® (1 PDU) SAN DIEGO	73 When Backward Design Meets Games in OT Education (1 PDU) ST SAN MARINO	74 Stress Is Everywhere All at Once, Handle It! (2 PDUs) ST PASADENA	75 OT Services to Address Age-Related Vision Changes (2 PDUs) SANTA ROSA	76 Building Your OT Business: From Practitioner to OTpreneur (2 PDUs) PACIFIC A/B	77 Spinal Injury Games: Facilitating Wellness Through Participation (1.5 PDUs) SANTA BARBARA	8:15am-11:30am F – Part 1 (Networking and Celebration) (no PDUs) Leadership Institute: Mentees & Mentors: Take the Journey Together For 1st and 2nd year cohorts DEL MAR				
10:00am													
10:30am													
10:45am	78 STUDENTS ONLY Surviving Level II Fieldwork: (no PDUs) CALIFORNIA	79 OT, AI, and Pediatrics (1 PDU) SAN GABRIEL	80 Implementing Garden-Based Intervention Within Early Head Start (1 PDU) SAN MARINO	81 The Impact of Racism on Students' Educational Experiences (1 PDU) SAN DIEGO									
11:30am	G- Innovation Expo Poster Presentations Bingo and Trivia Prizes Grab and Go Lunch – \$20 (must advance purchase) – INTERNATIONAL BALLROOM												
2:30pm	82 Ethical Application of “Choosing Wisely” to OT Practice (1.5 PDUs) ST SAN GABRIEL	83 Enhancing Outcomes: Coaching in Occupational Therapy (1.5 PDUs) MONTEREY	84 How Neuro-degenerative Diseases Affect Circadian Rhythms (1.5 PDUs) PASADENA	85 Not Your Average OTP: Addressing Menstruation in Pediatrics (1.5 PDUs) SANTA BARBARA	86 Embedding AI into School-Based OT (1.5 PDUs) SAN DIEGO	87 Creating a Structured Mentorship Program (1.5 PDUs) PACIFIC C	88 Discharge Dilemma: TBI, Unhoused, and Acute Rehabilitation (1.5 PDU) PACIFIC A/B	89 STUDENTS ONLY NBCOT Exam Knowledge Quest (no PDUs) CALIFORNIA	90 Advancing Occupational Therapy's Role in Tiered Response to Intervention (3 PDUs) SAN MARINO	91 The Menu Task: A Training Workshop (3 PDUs) SANTA ROSA			
4:00pm													
4:15pm	92 Unlocking Potential in Non-Traditional Settings for the OTA (1.5 PDUs) ST SAN DIEGO	93 Positive Psychology and Mindfulness: Clinical Applications and Beyond (1.5 PDUs) ST SAN GABRIEL	94 OT Home Assessment Incorporating Task and Environmental Lighting (1.5 PDUs) MONTEREY	95 We All Grow: The Transition from Adolescence to Adulthood (1.5 PDUs) PACIFIC C	96 Got Routines, OTs? Effective Coaching for Early Intervention Success (1.5 PDUs) PASADENA	97 Empowering Fieldwork Educators: Strategies for Student Success (1.5 PDUs) PACIFIC A/B	98 Assistive Technology for Eating: Assessment, Funding, and Implementation (1.5 PDUs) SANTA BARBARA	99 STUDENTS ONLY Promoting Student Well-Being (no PDUs) CALIFORNIA	2:30pm-5:45pm F – Part 2 (Orientation and 1st Module) (3 PDUs) Leadership Institute, cont. For 2nd year cohort DEL MAR				
4:45pm													
5:00pm													
5:45pm													
6:00pm	H - President's Mix 'N Mingle Photo Booth Trivia and Prizes – REGISTRATION AREA												
7:30pm	Alumni and Student Receptions – CSUDH: PACIFIC A/B; SJSU: MONTEREY; STANBRIDGE: PASADENA												
	I - OTA Connection – SAN MARINO												

ST = practitioner sessions open to students

CONFERENCE AT-A-GLANCE

SUNDAY, NOVEMBER 10

7:15am	Registration Hours - 7:15am-2:45pm								
7:30am	J - OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare (.5 PDUs) – INTERNATIONAL BALLROOM								
9:15am	100 Facilitating Occupational Participation Using Technology for Neuro-rehabilitation (1 PDU) SAN GABRIEL	101 Virtual Vigor: Empowering Engagement Through Active Learning (1 PDU) MONTEREY	102 Empowering Acute Care OTs: Advanced Orthosis Fabrication Mentorship (1 PDU) SAN DIEGO	103 Animal-Assisted Occupational Therapy Recommended Standards and Professional Responsibilities (1 PDU) PACIFIC C	104 Sensory Processing Disorder or Sensory Processing Sensitivity? (1 PDU) PASADENA	105 Understanding the Client's Sensory Needs in Mental Health (1 PDU) CALIFORNIA	106 Multi-disciplinary Collaboration for Neurodiverse Clients (3 PDUs) SANTA BARBARA	107 Engaging Families to Support Pediatric Feeding Interventions (3 PDUs) PACIFIC A/B	108 Serving the Unhoused Population in Skid Row (3 PDUs) SAN MARINO
10:15am									
10:30am	109 Wired for Connection: Supporting Sexual Health in Neurological Recovery (2 PDUs) PACIFIC C	110 Protecting OT's Future: Reducing the Risk of Fieldwork Educator Burnout (2 PDUs) MONTEREY	111 Navigating Life Care Planning: Empowering OT Practice in Complex Health Landscapes (2 PDUs) PASADENA	112 A Holistic Approach to Aquatic Therapy: An Adaptive Wellness Swim Program (2 PDUs) SAN DIEGO	113 Partnering with Parents: Collaborative Coaching in Early Intervention (2 PDUs) CALIFORNIA	114 Risky Business: Standardized Patients in Mental Health OT Education (2 PDUs) SAN GABRIEL			
12:30pm									
12:45pm	115 Navigating Uncomfortable Conversations: Building Therapeutic Rapport in Occupational Therapy Practice (1.5 PDUs) CALIFORNIA	116 Coaching OT Students: From Stress to Success (1.5 PDUs) MONTEREY	117 What Does Social Prescribing Have To Do With Occupational Therapy? (1.5 PDUs) PACIFIC C	118 Designing and Implementing an Acute Care Psychosocial Mentorship Program (1.5 PDUs) PACIFIC A/B	119 Embedding Early STEAM Learning in OT Practice (1.5 PDUs) SANTA BARBARA	120 Data Driven Decision Making: Informing Strengths and Intervention in Pediatric Populations (1.5 PDUs) SAN DIEGO	121 Lunch Bunch: Sensory-Based Feeding Group in Early Intervention (1.5 PDUs) SAN GABRIEL	122 EmpowerHer: A Guidebook for OTs in Women's Shelters (1.5 PDUs) SAN MARINO	123 Psychedelic-Assisted Therapy: Expanding Horizons for Occupational Therapy (1.5 PDUs) PASADENA
2:15pm	OT Sunday Super Learners' Prize Drawings Winners Posted at Registration Counter at 2:00pm								
2:45pm	Registration Closes - Safe Travels All!								

*All Sunday sessions open to students

POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, Nov. 9, 2024** in the Expo Hall – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDUs for each poster with a maximum of 2 PDUs allowed for the two-hour session.

GROUP A

11:30am–12:30pm – Expo Hall

- A Closer Look: Understanding Endometriosis and Pelvic Health Through the Lens of Occupational Therapy
- Addressing Transportation Barriers for Adaptive Recreation Programs
- Blast Into Reading with Pediatric Astronaut Training Program
- Caregivers of Stroke Survivors: Feelings About Discharge Home
- Enhancing CreATivity in Art Occupations for Disabled Adults
- Executive Functions and Sensory Processing: Shaping Occupational Participation
- Exploring Parental Perceptions of Screen Time
- Fostering Civility in Fieldwork Education
- Impact of OT at University-Affiliated Community-Based Fieldwork Sites
- Motivational Interview with Veterans in Post-Secondary Education
- Occupational Therapy and Limited English Proficiency: A Scoping Review
- Occupational Therapy Nutritional Programming for Adults with Disabilities
- Political Astuteness Levels in Occupational Therapy Students
- QOL Correlators of Filipino-American Caregivers of Geriatrics
- Relationship of Yoga to POTS Symptoms
- Social Robotics for Caregivers of People with Dementia
- The Relationship Between Sensory Processing and Executive Function
- Un-barre-d: Decreasing Biopsychosocial Barriers to Participation for Individuals with Parkinson's Using Ballet
- Understanding the Experiences of OT Business Owners
- Virtual Reality (VR) Therapy in Anxiety and Depression Among Adults in Inpatient Settings: A Systematic Review

GROUP B

1:00pm–2:00pm – Expo Hall

- 3D Printed Adaptive Equipment in Occupational Therapy
- A Trauma-Informed, Occupation-Based Program for Formerly Unhoused Women
- Context of the Latino Health Experience
- Cultural Expression and Its Implications for Occupational Therapy
- Effectiveness of Sequential-Oral-Sensory (SOS) Approach
- Gender and Ethnicity on Stress and Coping in Universities
- Improving Students' Clinical Reasoning Through Experiential Learning
- Increasing Awareness of OT at Dominican University
- Life After Pediatric Hemorrhagic Stroke: Family and Survivor Perspectives
- Mentorship Treasure Chest (MTC): A Toolbox for Successful Mentoring
- OT Support for Deaf/Hard of Hearing Students
- Pet Care and Older Adults with Chronic Pain
- Predictability Value of GRE in an OT Program
- RTL and Teacher Collaborations' Impact on Kindergartners' Sensory Processing
- Simulation-Based Education for Interprofessional Collaboration
- Social Connectedness Impacting Prevalence of Chronic Conditions
- Supporting the Mental Health of Asian American Caregivers
- Understanding Dementia and the Use of Sensory Strategies

HILTON PASADENA | FLOOR PLAN & AREA MAP



MEDIA LOUNGE



CRAFT KITCHEN/BAR



PATIO

