

LIVE WELL. LIVE FULL. LOVE LIFE.

Working Well through Occupational Therapy Practitioners

Fact Sheet for Consumers

Do you experience any of these health conditions?

- Work-related injuries including lower back problems or repetitive stress injuries
- Broken bones or other injuries from falls, accidents or sports injuries
- Limitations following surgery, stroke, or a heart attack
- Problems with mental health issues, substance abuse, or eating disorders
- Vision or cognitive problems that threaten your ability to drive

If so, an occupational therapy practitioner can help you work and live more fully.

Work Well.

Live Full.

Love Life.

See an OT.



Working with an Occupational Therapy Practitioner

- Occupational Therapists (OT) and Occupational Therapy Assistants (OTA) are licensed through the California Board of Occupational Therapy
- Check your OT's or OTA's license status at www.bot.ca.gov, click on Verify License
- OTs and OTAs should make every effort to advocate for needed services
- OTs and OTAs should adhere to the California OT Practice Act
- OTs and OTAs should maintain appropriate therapeutic relationships
- OTs and OTAs who are members of their professional association adhere to a Code of Ethics



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