

OT in Mental Health Symposium (up to 8 PDUs)

LOCATION

SANTA CRUZ, CA

Dominican Hospital
(Friday and Saturday activities)

Chaminade Resort & Spa
(Post-event social, Saturday,
4:45pm; not included in
registration)

WHERE TO STAY

See hotel recommendations

TO REGISTER

Online Registration
[www.otaonline.org / OT in
Mental Health](http://www.otaonline.org/OT_in_Mental_Health)

Register by Mail
Send registration form to:
OTAC, P.O. Box 276567,
Sacramento, CA 95827.

Register by Fax
916/567-7001

QUESTIONS?

Email OTAC staff at
staff@otaonline.org or call
(888) 686-3225

*OTHER COLLABORATING GROUPS

Greater Los Angeles Mental
Health Network
and
San Diego Area Mental
Health Community of
Practice

*Members of the
collaborating groups receive
the MEMBER discounted
registration rate

Symposium Schedule

Friday, April 26, 2019 – 6:00pm to 8:00pm

Movie Night with Wine and Cheese Social (included in registration)

Movie: CrazyWise

Saturday, April 27, 2019 – 8:00am to 4:30pm

OT in Mental Health Symposium

Included in registration – light continental and lunch

Keynote/General Session:

OT's Distinct Value in Trauma Informed Care

From the earliest days of the profession, efforts to decrease the impact of trauma and increase health, well-being, and resiliency through occupation have been paramount. Recent advances in research and neuroscience have contributed to the understanding of the pervasive effects of trauma and spearheaded the international movement of trauma informed care. Join us as we take a macro-view of recent national advances in trauma informed care and trauma focused treatment, relevant policy developments, the evolving role of OT practitioners, and the distinct value of the profession.



Keynote
Tina Champagne,
OTD, OTR/L (MA),
FAOTA

REGISTRATION FORM *One form per person. Please type or print clearly. Light breakfast/lunch included.*

EARLY BIRD \$169 OTAC/POTAC MEMBERS* \$189 NONMEMBERS
 \$89 STUDENTS

EARLY BIRD CLOSING MONDAY, MARCH 31, 2019

ADVANCE \$189 OTAC/POTAC MEMBERS* \$209 NONMEMBERS
 \$109 STUDENTS

ADVANCE REGISTRATION CLOSING FRIDAY, APRIL 19, 2019

ONSITE \$209 OTAC/POTAC MEMBERS* \$229 NONMEMBERS
 \$129 STUDENTS

Please review the cancellation/refund policy on page 4.

Name _____

Home Address _____

City _____ State _____ Zip _____

Email _____

Telephone _____

PAYMENT OPTIONS: CHECK ONE

Check (make payable to OTAC) MasterCard Visa AMEX

Credit Card Number _____

Exp Date _____ VCode _____

Cardholder Name _____

Cardholder Signature _____ Date _____

SUBMIT PAYMENT:

Fax to 916/567-7001, or

Mail to: OTAC, PO Box 276567, Sacramento, CA 95827, or

REGISTER ONLINE - www.otaonline.org

OT in Mental Health Symposium (up to 8 PDUs) Symposium Schedule and Section Descriptions

Friday, April 26, 2019 – 1.5 PDUs

6:00pm – 8:00pm

Movie Night and Discussion with Wine and Cheese Social
(included in registration)

Movie: CrazyWise

Crazy ... or wise? The traditional wisdom of indigenous cultures often contradicts modern views about a mental health crisis. Is it a 'calling' to grow or just a 'broken brain'? The documentary CRAZYWISE explores what can be learned from people around the world who have turned their psychological crisis into a positive transformative experience. *Discussion moderators:* Susan MacDermott, OTD, OTR/L, and Karen McCarthy, OTD, OTR/L

Saturday, April 27, 2019 – 6.5 PDUs

8:00am – 8:45am

Registration/Networking

Coffee and light continental included

8:45am – 9:00am

Welcome/Introduction: Expanding the Role of OT in Mental Health

Karen McCarthy, OTD, OTR/L

9:00am – 11:50am

Section 1.1: General Session Keynote – OT's Distinct Value in Trauma Informed Care

Tina Champagne, OTD, OTR/L, FAOTA

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Noon – 1:00pm

Networking Lunch by Falafel of Santa Cruz (included in registration)

Small group table discussions on various topics of interest to occupational therapy in the mental health arena.

1:00pm – 2:00pm

Section 2.1 or Section 2.2 (these are concurrent; attend one)

Section 2.1 – Living with Madness: Empowerment, Connection, and Reintegration

Will Hall

Section 2.2 – A Mystical Journey Revealed

Adrian Bernard, Second Story

2:00pm – 3:00pm

Section 3.1 - Evidence and Insights in Sensory Processing in Mental Health

Tina Champagne, OTD, OTR/L, FAOTA

Explore the growing body of research in sensory integration and processing as it applies to mental health and consider implications for occupational therapy practice.

3:00pm – 3:15pm - **Break**

3:15pm – 4:30pm

Section 4.1 - OT and Mental Health: Identifying Practice Challenges / Paving the Road to Our Future

Moderator: Rebecca Elder, MSW, OTR/L

Panelists: Tina Champagne, OTD, OTR/L, FAOTA;

Anne MacRae, PhD, OTR/L, BCMH, FAOTA;

Erin Carder-McCoy, OTR/L;

Susan MacDermott, OTD, OTR/L

Attendees will have the opportunity to share their experiences in the mental health practice area: what is working well and what isn't, breakthroughs they have experienced, recommendations for improvements and/or changes in this practice area.

4:30pm – 4:45pm

Wrap-up and Evaluations

Susan MacDermott, OTD, OTR/L

4:45pm

Post-event Social (not included in registration)

Join the presenters/moderators at Linwood's at the Chaminade Resort & Spa

About Our Presenters



Tina Champagne, OTD, OTR/L (MA), FAOTA, is the CEO of Cutchins Programs for Children and Families, Inc., owner of Champagne Conferences & Consultation, and a professor for American International College's Post Professional

Occupational Therapy Doctorate Program. She has specific expertise in trauma, attachment, sensory integration, a variety of therapeutic modalities, administration, and fostering organizational change. Champagne has numerous publications, including two books, numerous book chapters, continuing education and research articles, and is a reviewer for occupational therapy and nursing journals. She has received numerous awards for her work, the most recent being the FAOTA from the American Occupational Therapy Association.



Will Hall, survivor of a schizophrenia diagnosis, now works as a therapist, trainer, and is a PhD Candidate at Maastricht University in the Netherlands. He is host of Madness Radio and

author of the Harm Reduction Guide to Coming off Psychiatric Drugs.



Adrian Bernard was labeled a 'chronic schizophrenic' and spent 20 years living on a disability check. Today he is manager at the Second Story hospital alternative in Santa Cruz, CA, where listening, community, art, and music help people like him make their way back from madness.

Bernard has experienced the full gambit of the mental health system. From difficulty adapting during his formative years to self-destruction ideologies, until finally he was able to rise unto his own feet. Through visions, voices, and madness, creativity emerged. Music, various arts, and writing opened him to the people, places, and things that everyone most needs to be able to open. He would not have made it without the help and support of providers, family, and friends. A deep listener for a lifetime, Bernard has been touched by every spiritual tradition to find transformation. His work as manager of Second Story returns meaning to his life. He is able to support others on their journey through varying states of madness, including his own. A peer respite house is built upon personal experiences in the hopes to find mutual understanding about how and why we are in the world, while building the strength to climb out of perceptual self-destruction. Bernard was one of the founders of Santa Cruz's respite house over eight years ago. His work is not so much a career as it is the deepest of his callings to find healing. Bernard most always finds it odd to write in the third person.

About his session -- A Mystical Journey Revealed. How can a new understanding of psychotic and manic experiences help people find connection and empowerment in the community, and move away from reliance on hospitals, disability payments, and treatments?



Cancellation/Refund Policy

\$50 retained to cover processing costs. Written notice must be received in OTAC office by **April 19, 2019** to be eligible for refunds. No refunds after this date. *Disclaimer: OTAC reserves the right to make changes to the program. No refunds will be made based on these changes.*

Hotel Recommendations

These hotels are offering a special rate for **OT in Mental Health Symposium** attendees.

Chaminade Resort & Spa

One Chaminade Lane
Santa Cruz, CA 95065
.1 mile from Dominican Hospital

Rates: Standard Room \$189/night; Junior Suite \$229/night; Executive Suite \$289/night. Applicable to all rooms: (+taxes, standard fees, and \$37 night resort fee). Rates good for April 26 and 27.

Reservations: 1-800-283-6569; request 'Dominican POTA Occupational Therapist Room Block'

<https://www.chaminade.com/>

Best Western Seacliff Inn

7500 Old Dominion Court
Aptos, CA 95003
4.8 miles from Dominican Hospital

Rates: \$170.99 (+taxes, standard fees) (nonpool view); \$188.99 (+taxes, standard fees) (pool and courtyard view). Rates good for April 26 and 27.

Reservations: Book online,

https://www.bestwestern.com/en_US/book/hotel-rooms.05432.html?groupid=6VOMN1X1.

Or call 1-800-367-2003, request POTAC group or Group #6729

Book before March 27, 2019.