



WESTERN REGIONAL
2019 OT SPRING SYMPOSIUM

PROGRAM

CONTINUING EDUCATION

March 16 & 17, 2019

Crowne Plaza San Diego
 Mission Valley
 2270 Hotel Circle North
 San Diego, CA 92108

Welcome!

We are pleased to welcome you to OTAC's 2019 Western Regional OT Spring Symposium. This Symposium offers a rich choice of sessions, networking opportunities, and updates on legislative and regulatory issues.

We applaud you for taking the time from your busy schedules to join us in growing professionally and personally. Thank you as well for recognizing the value of OTAC's professional development programs. We believe this is great content at a great value. OTAC works for you!

This year's Symposium again includes our Saturday Town Hall Lunch, which will feature an update on our strategic plan process. The regional Legislative Reception returns as does our PAC Pub Trivia Night for some added fun and networking. The Sunday Networking Lunch offers informal networking opportunities around topic discussion tables.

Please help us in thanking our Symposium presenters, sponsors, and advertisers. Without their support and generosity, we would not be able to bring you this professional development event. Look for individuals wearing sponsor or presenter ribbons on their badges, and please take a moment to offer your appreciation for their support. Thank you also to our volunteers and staff for their hard work on this Symposium.

Again, welcome to OTAC's premier spring professional development Symposium. We are glad that you have joined us.

*Judy Hopkins, OTD, OT/L, CLE
 Chair, OTAC Professional Development and Leadership
 Committee*



interface rehab, inc.
*Comprehensive Rehab & Consultation Services
 Serving California Since 1995*

Now Hiring

**BE A PART OF A TEAM
 THAT INVESTS
 IN YOUR SUCCESS**

- * Unlimited "Hands-on" Continuing Education
- * Progressive Healthcare Benefits
- * Progressive PTO – up to 30 days
- * Reasonable Productivity
- * Student Loans Paid (*conditions apply*)

To learn more and to view a complete listing of our job opportunities and Platinum Benefits, go to:

www.interfacerehab.com

TAKE THE NEXT STEP | CONTACT US
Orange County, Nevada and Surrounding Areas –
Ed at Ed@interfacerehab.com/(714) 646-8918

Los Angeles and Surrounding Areas –
Stan at Stan@interfacerehab.com/(714) 646-8303

Central/Northern CA and Surrounding Areas –
Louisa at Louisa@interfacerehab.com/(714) 646-8301



PROGRAM SCHEDULE

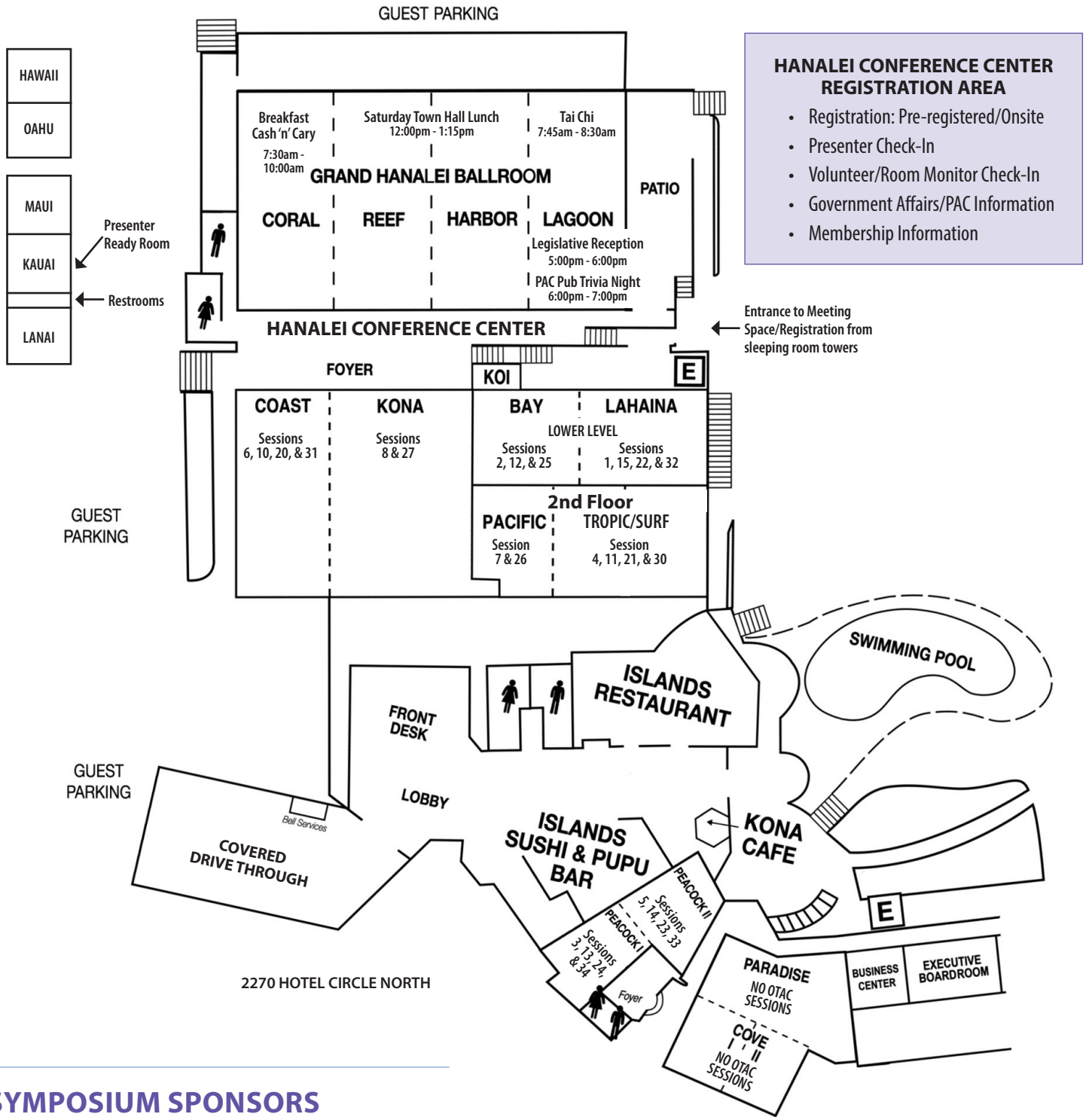
SATURDAY, MARCH 16, 2019

	Coast	Kona	Bay	Lahaina	Pacific	Tropic/Surf	Peacock I	Peacock II
7:30am	Breakfast Cash n' Carry – Coral Room (ends at 10:30am) Registration Desk Opens – Hanalei Conference Center Foyer							
7:45am	Tai Chi – Lagoon							
8:45am – 10:15am	6 Toilet Readiness 101: All You Ever Wanted to Know but Were Afraid to Ask (1.5 PDUs)	8 STUDENT TRACK (NO PDUs)	2 Using Motivational Interviewing to Support Student Professionalism on Fieldwork (1.5 PDUs)	1 State Legislative and Regulatory Updates (1.5 PDUs)	7 Multidisciplinary Team Approach and Therapeutic Intervention of Infants and Toddlers with Obstetrical Brachial Plexus Palsy (OBPPP) (1.5 PDUs)	4 Thinking and Acting "Outside the Box" (1.5 PDUs)	3 Get Your Groove Back: Occupational Engagement for Practitioners (1.5 PDUs)	5 Addressing Falls in an Acute Inpatient Oncology Hospital (1.5 PDUs)
10:30am – 12:00pm	10 Protect Your License (1.5 PDUs)		12 Celebrating Wellness in A Group Setting with OT and Expressive Arts (1.5 PDUs)	15 Expanding Roles for OT in School-based Practice by Understanding the Legislative Process (1.5 PDUs)	11 Learning the 3D Printer for Occupational Therapy Education (1.5 PDUs)	13 Occupational Therapy's Role in LA's Skid Row "Housing for Health" (1.5 PDUs)	14 Understanding and Treating Common Hand Injuries (1.5 PDUs)	
12:00pm – 1:15pm	OTAC Town Hall Lunch – Grand Hanalei Ballroom Join us for lunch and to be professionally motivated about the latest OTAC activities from President Heather J. Kitching, OTD, OTR/L. Lunch is included in Saturday registration, except for students							
1:30pm – 2:30pm	20 Be Prepared: Creating Personal Emergency Action Plans with Your Clients (1 PDU)	27 STUDENT TRACK (NO PDUs)	25 Guidelines for Supervision, Documentation, and Ethical Practice (3 PDUs)	22 Impact of Cognition on Discharge Disposition from Hospital (1 PDU)	26 How to Pioneer Occupational Therapy in College Campuses (3 PDUs)	21 Incorporating Assistive Technology to Enhance Sequencing and Occupational Performance (1 PDU)	24 The Intersection of Pediatric Cancer, Medical Trauma, and Feeding Challenges: A Case Study (1 PDU)	23 Is Sensory Integration an Effective Treatment for Autism? (1 PDU)
2:45pm – 4:45pm	31 East Meets West: Alternative/ Complimentary Treatments and Exercises (2 PDUs)		32 Occupational and Lifestyle Interventions to Address Chronic Conditions (2 PDUs)	30 Hoarding and Harm Reduction: A Trauma-informed Approach (2 PDUs)	34 Promoting Balance: Technology and Teenagers (2 PDUs)	33 Occupational Therapy Pilot Collaboration within Parent-Child Interaction Therapy (2 PDUs)		
4:45pm	Saturday Program Concludes							
5:00pm	Legislative Reception – Lagoon; Registration Desk Closes							
6:00pm	PAC Pub Trivia Night – Lagoon							

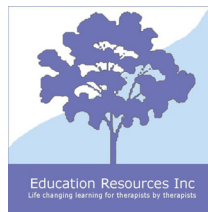
SUNDAY, MARCH 17, 2019

	Coast	Kona	Bay	Lahaina	Pacific	Tropic/Surf	Peacock I	Peacock II
7:30am	Breakfast Cash n' Carry – Coral Room (ends at 10:30am) Registration Desk Opens – Hanalei Conference Center Foyer							
7:45am	Tai Chi – Lagoon							
8:45am – 9:45am	46 Sensory Processing Treatment of Birth Difficulties and Developmental Delays (3 PDUs)	42 Occupational Therapy Approaches in Early Addiction Recovery (1 PDU)	41 Facilitating Professional Outreach Through Undergraduate Education (1 PDU)	45 Voices of Urban Youth: Current and Future Occupations (1 PDU)	40 Elevating Your Professional Growth Through Volunteerism (1 PDU)	47 Beyond Motivational Interviewing: Working with Occupational Disengagement in Psychosis (3 PDUs)	43 A Step Ahead: Occupational Therapy's Role in Pre-Rehabilitative Services (1 PDU)	44 Snapshot Survey of Mindfulness Techniques for Chronic Pain (1 PDU)
10:00am – 12:00pm		54 Addressing Functional Cognition in Stroke Rehabilitation: Assessments and Interventions (2 PDUs)	51 Being an Academic Fieldwork Coordinator: Roles and Responsibilities (2 PDUs)	53 Identifying Depression and Activities to Support Recovery (2 PDUs)	50 Preparing for a Short-term Volunteer Experience (2 PDUs)		55 Educational Occupational Therapy Manual: A Districtwide Resource (2 PDUs)	52 Occupational Therapy's Role with Survivors of Human Trafficking (2 PDUs)
12:00pm – 1:15pm	OTAC Networking Lunch – Grand Hanalei Ballroom Enjoy this opportunity to network with friends and colleagues during this informal lunch. You will also hear from and interact with your local OTAC Regional Director. Picnic lunch is included in Sunday registration fee, except for students.							
1:30pm – 2:30pm	63 A Holistic Framework to Address Healthcare Burnout (3 PDUs)	61 Help Your Sensitive and Sensory Kids Thrive (1 PDU)	64 Navigating Fieldwork: A Road Map for Fieldwork Educators (3 PDUs)	62 Sanism and Mad Pride: Critical Perspectives on Mental Health (1 PDU)	65 Reinvigorating Rehab with the OT Whole Person Perspective (3 PDUs)	66 A Journey Implementing Cardiac OT in Acute Care (3 PDUs)	67 Understanding Patient-driven Payment Model (3 PDUs)	60 The Two Percent: Advocating for OT's Role in Mental Health Practice (1 PDU)
2:45pm – 4:45pm		68 Addressing Anxiety Disorders with Lifestyle Management Approaches (2 PDUs)		70 Critical Perspectives on Psychiatric Locked Units (2 PDUs)				69 Implications of Excessive Use of Digital Media in Children (2 PDUs)
4:45pm	Conference Concludes. Be sure to turn in your Certificate of Completion at the Registration Desk. Safe Travels.							

SATURDAY, MARCH 16, 2019



SYMPOSIUM SPONSORS



SUNDAY, MARCH 17, 2019

Special Interest Meetings

OTAC Advocacy and Government Affairs Committee
 Sat., March 16, 7:30am to 8:30am – Room: Lahaina

OTAC New OT/OTA Practitioner Discussion Group
 Sun., March 17, 12:00pm to 1:15pm – Room: Grand Hanalei Ballroom (This is part of the Sunday Networking Group. Must be registered.)



SAVE THE DATE

October 5-6, 2019

Western University of Health Sciences' College of Optometry
 Pomona, California

ENVISION
CONFERENCE

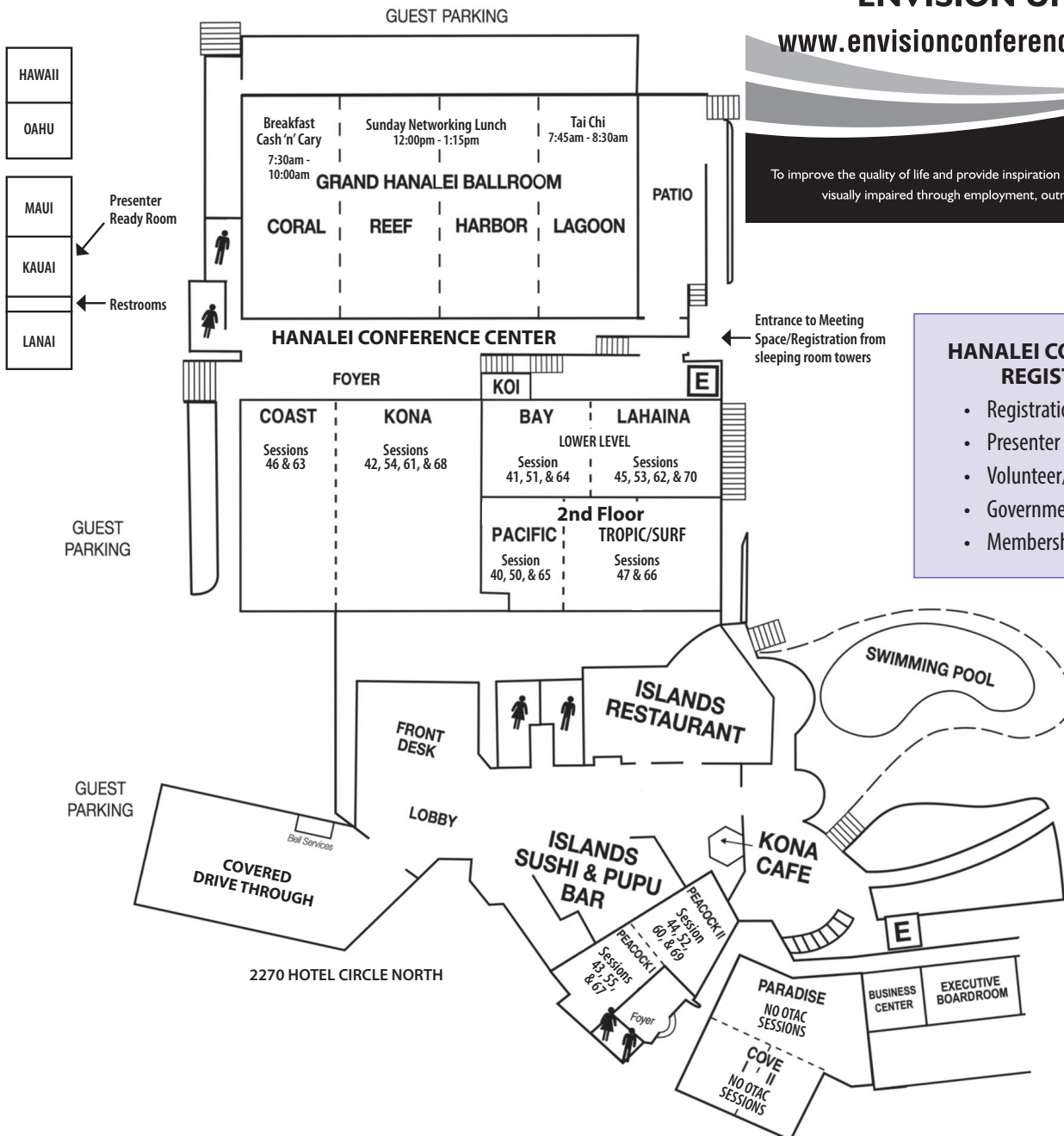
A multidisciplinary low vision rehabilitation & research conference by
ENVISION UNIVERSITY

www.envisionconference.org



ENVISION

To improve the quality of life and provide inspiration and opportunity for people who are blind or visually impaired through employment, outreach, rehabilitation, education and research.



HANALEI CONFERENCE CENTER REGISTRATION AREA

- Registration: Pre-registered/Onsite
- Presenter Check-In
- Volunteer/Room Monitor Check-In
- Government Affairs/PAC Information
- Membership Information